

# Ultimate Tritype Comparison Guide Compiled From Info Across the Internet

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[Posted with permission by Katherine Fauvre. Content includes The 27 Tritypes® Revealed and other posts by Katherine Chernick Fauvre]

## Dominant Type In Each Center of Intelligence Checklist Test

*You can find your tritype by using this checklist comparison cheat sheet. Get out a piece of paper and a pencil and jot a tally mark for every bullet point in each enneagram list that resonates with you. Then, for each enneagram's corresponding list, divide the number of tally marks with the total amount of bullet points on the list. Your tritype will be the highest quotient out of the gut center, heart center, and head center—with the order of said tritype being the order of the highest quotient result to the lowest. (For example, if you get 0.45 for enneagram 1, 0.32 for enneagram 8, and 0.67 for enneagram 9, then your gut type is 9. Then, repeat that for the heart and head center types, and then find out which center result is the highest, lowest, and in-between. So if you got 0.67 for 9 as your highest gut type, 0.82 for 3 as your highest heart type, and 0.22 for 6 as your highest head type, then your tritype result is **396**)*

### **Gut type comparison**

- **E1**
  - I avoid mistakes or doing things wrong so as not to be personally blamed or criticized for it.
  - I point out to others the “right way” that something should be done in order to help or correct them.
  - I know what's appropriate or correct behavior and act accordingly, others should as well.
  - I try to avoid negative consequences by not making mistakes.
  - I can be critical of others when they behave unacceptably.
  - People need to do what is right.
  - I behave in a way that everyone should.
  - I monitor myself to make sure I do what I need to do and behave as I should.
  - People can mistake my advice as being judgmental even when I am just trying to be helpful.
  - I am right.
  - I like to work to improve things.
  - I correct others.
  - It can be difficult for me NOT to notice when something has been done wrong or when people behave inappropriately, especially when people know better or should know better. I monitor myself to correct or improve what I do or how I behave so that I do what I should and what is right. This may carry over to criticizing, judging, or correcting others as well.
  - I like to do things properly.
  - I always follow the rules.

- I feel like I need to earn relaxation time.
- Although I am highly critical, hearing criticism from others is extremely hard.
- I am a self-disciplined person.
- I feel a strong sense of responsibility.
- I am one of the first in the office and the last to leave at night.
- I often talk about how things should be.
- I am often anxious because of my constant need to measure up.
- I want to avoid fault and blame.
- I judge myself and others by what they do, not what they say.
- I am into self-improvement.
- I obsess about what could have been if everyone was doing their job.
- I dwell on mistakes.
- I feel like I have to compensate for the irresponsibility and sloppiness of my family members and colleagues.
- I am rarely satisfied with my results. I always feel that I need a little more time to work on things to make them perfect.
- I like to organize everything.
- I work to bring stability to my life.
- I worry a lot about my future.
- I try to be extra nice to those I am dissatisfied with.
- I don't want to waste my time.
- I want to control everything in my environment.
- I mostly wear classic clothing.
- I always complete my projects on time. In my mind, there is no other way!
- As a teen, I acted older than my age.
- I worry and fuss even when things go well.
- I always park my car right between the lines because that's the way I want everyone to behave.
- I feel so bad when I fail to achieve my ideal vision.
- I always show up on time and expect others to do the same.
- I set high standards for myself and others.
- I want to change other people, to make them more perfect.
- I often feel a sense of guilt about not being good enough.
- I tend to micromanage.
- I focus on what is not working rather than what is.
- I always think out things carefully before acting.
- I judge things against my inner ideal, which automatically makes me notice all imperfections and errors.
- I constantly evaluate everything — people, situations, my own performance — to see how it compares to what it should be.
- I try to have a correct posture at all times.
- I control my impulses, emotions and needs to avoid doing something inappropriate and embarrassing myself.
- I rarely praise others or give compliments.
- I make sure to eat a balanced diet or strictly follow a specific diet that I believe to be healthy.

- I want to be a good example for others.
- I suppress my negative or inappropriate emotions and express their exact opposite.
- I follow the rules because you can't be blamed when you do everything right, even when things don't work out.
- I try my best to keep my strong emotions under control.
- I wish others appreciated my efforts.
- I always make sure that everything is done right and finished.
- I obsess about what should be done and how it should be done.
- My work environment is always clean and organized.
- I always got straight A's as a child.
- I always feel like there is room for improvement.
- I make lists to plan everything and use them later to check off tasks when they are done.
- I am quite critical.
- Following rules and routine gives me a sense of security.
- I take time to research and think about everything carefully before deciding.
- I aspire to be a respectable and reputable member of society.
- I tend to be more on a serious side.
- If somebody is wrong about something, I will point it out to them.
- I practice a lot.
- There is always this conversation in my mind about what needs to be done next.
- Sometimes I procrastinate a task because I can't execute it flawlessly.
- I never had motivation issues.
- I need to always be on high alert to ensure that things happen the way I planned or prevent disasters.
- I worry that other people judge me.
- I tend to get envious/jealous.
- I constantly monitor my own actions and behavior.
- I am not particularly flexible or adaptable.
- I just want to make things right.
- Sometimes I judge other people to make myself feel better about my own mistakes.
- I change my clothes frequently to make sure they always look fresh and clean.
- Decision-making makes me quite anxious because I am afraid to make mistakes and choose a less-than-perfect option.
- I work hard.
- I often resent others because they aren't helping or doing their job.
- Generally, I think in black-and-white terms. I like things to be clearly defined.
- I do things well, or I don't do them at all.
- I am focused on the future.
- I am very self-aware; it's important to me to dress and behave appropriately.
- I am a very reliable person.
- Perhaps I work too much.
- To be honest, I am not the most generous person.
- At home, I clean, wash, straighten and check things all the time.

- I am my own worst critic.
- I am never completely relaxed.
- I love to teach.
- I make an effort to look extra clean and tidy.
- I hardly ever do anything spontaneously.
- I often refuse to participate in activities because I cannot perform to a high enough standard.
- I follow an exercise program, and I am very serious about it.
- I shower more than once daily.
- I find it very difficult to delegate tasks. If I want the job to be done correctly, I have to do it myself.
- I feel overburdened by all the things I have to do.
- I want to plan everything out.
- I have to provide a sense of stability to my family.
- I worry about getting in trouble or something going wrong.
- Sometimes I feel the need to prove that I am right and others are wrong to have some power over them.
- I worry about having to support others.
- I become super polite when angry.
- I take pleasure in a job well done.
- If I make a mistake, I return to the beginning and start over.
- I would rather take time to study the manual than embarrass myself by asking an obvious question.
- People have told me I can be overly critical and judgmental.
- I beat myself up when I make mistakes.
- I don't feel comfortable when I try to relax. There is too much to be done.
- I don't like it when people ignore or break the rules, like when the person in the fast lane at the grocery store has more items than allowed.
- Details are important to me.
- I often find that I'm comparing myself to others.
- If I say I'll do it, I'll do it.
- It is hard for me to let go of resentment.
- I think it is my responsibility to leave the world better than I found it.
- I have lots of self-discipline.
- I try to be careful and thoughtful about how I spend money.
- It seems to me that things are either right or wrong.
- I spend a lot of time thinking about how I could be a better person.
- Forgiveness is hard for me.
- I notice immediately when things are wrong or out of place.
- I worry a lot.
- I am really disappointed when other people don't do their part.
- I like routine and don't readily embrace change.
- I do my best when working on a project, and I wish others would do the same, so I wouldn't have to redo their work.
- I often feel like I try harder than others to do things correctly.

- Most people see me as a serious, no-nonsense person—and when all is said and done, I suppose I am.
- I have always tried to be honest and objective about myself—and I'm determined to follow my conscience no matter what the cost.
- While there is some part of me that can be wild, generally speaking that just hasn't been my style.
- It seems that I am living with a judge inside my head: sometimes the judge is wise and discerning, but often it is simply stern and harsh.
- I feel that I have paid a great price for trying to be perfect.
- I like to laugh as much as anyone—I should do it more often!
- My principles and ideals inspire me toward greater achievement and make my life feel meaningful and worthwhile.
- I do not understand why so many people have such lax standards.
- So much depends on me getting things done that I have to be more organized and methodical than others.
- I have a personal sense of mission, maybe even a calling to something higher, and I believe that there is something extraordinary that I may accomplish during my life.
- I hate mistakes, and so I tend to be extremely thorough to make sure that things are being done properly.
- Much of my life I have believed that right is right and wrong is wrong—and that's all there is to it.
- I have a hard time leaving well enough alone.
- Many responsibilities have fallen on my shoulders: if I hadn't risen to the occasion, God only knows what would have happened.
- I am deeply moved by human nobility and grace under pressure.

## ● E8

- I take a direct approach in getting what I want and get frustrated and intolerant of obstacles that get in the way.
- I find myself assuming control in situations where there's a power vacuum or incompetent leadership.
- I avoid showing any vulnerabilities that people can take advantage of by standing strong against the world.
- I tend to go for what I want in a strong and direct way.
- I can be intolerant of and push through obstacles in my way.
- People need to stand up for themselves.
- I often find myself in leadership roles.
- I avoid showing any vulnerability that can be taken advantage of.
- People can be overwhelmed by my energy so I sometimes have to tamp it down.
- I am strong.
- I like to get things moving.
- I empower others.
- It can be difficult for me to give control over to others unless I know they are competent and fair. My tendency is to step in and take charge of a situation myself

and push to get what I want instead of trusting others to do that for me. I find people can sometimes feel overwhelmed by my energy and I may have to tamp it down if I want them to feel more comfortable around me.

- I am full of energy.
- I overcome obstacles.
- For the most part, I am not particularly concerned with people's reactions to me.
- Becoming and staying self-sufficient are some of my top priorities.
- I tend to overeat.
- I am able to stand up for what I need and want.
- I like to challenge myself.
- I take risks.
- I must admit I tend to order others around.
- I stay alert because I feel like there are a lot of people who are out to get me.
- I have strong opinions, and I express them openly.
- If I am not happy at work, I just quit.
- I often test limits and consequences.
- I can be very intense.
- I am a doer.
- I enjoy the outdoors.
- Sometimes I overpromise to get others on board with my goals.
- I am a provider.
- I don't ask for help because I don't want to feel indebted.
- I judge others in black-and-white terms.
- With me, what you see is what you get; I have no secrets.
- I hide my weaknesses because someone might take advantage of them.
- I take charge before somebody else does.
- I am pretty possessive about what I own.
- I am quite loud.
- I trust my abilities.
- I am not a very good team player.
- Many a time, I don't think much before doing something.
- I am a big-picture thinker.
- I express my anger openly.
- I don't do long-range planning. I can't focus on things that are too far in the future.
- I am a generous person.
- Usually, I don't ask for permission before doing something.
- I have no problem with saying "No".
- I need a lot of stimulation. I constantly look for interesting things to do, new people to meet, challenges to overcome, etc.
- I make decisions very fast.
- I don't try to please others. If they don't like me, it's OK.
- I do brag sometimes. I exaggerate my accomplishments or boast about my big plans.
- I often make decisions that involve other people in my life without consulting them.

- I observe others and pay attention to those with more power and control.
- I am independent.
- If I don't like something in a store, hotel, or restaurant, I demand to see the manager.
- I want others to follow my rules.
- I am very ready to show aggression.
- I like a can-do attitude and encourage it in others.
- I don't allow myself to become too sensitive.
- I protect the weak and vulnerable.
- I work hard and play hard.
- I can't stand it when people don't tell me everything openly. I will bug them until they speak straight.
- I get what I want.
- I drive too fast, overeat, party too much, or otherwise have issues with boundaries.
- I am not good at compromising.
- I am impatient.
- I don't understand those who whine about their problems but don't do anything about it.
- I want to do things my way.
- I see most people as my opponents.
- Anger feels like an energy surge.
- I am not nearly as bold as I appear to be.
- As a child, I couldn't wait to grow up and be on my own.
- I trust my intuition.
- I am a loyal person.
- I am focused on the here and now.
- I often decide for others.
- I ignore physical pain.
- I am pretty assertive.
- I often say things I regret.
- I don't hesitate to get physical if I think it can help.
- I am not afraid of confrontation.
- Well, I probably am a little bit of a bully.
- I prefer to attack first myself instead of waiting for someone to attack me.
- I am not afraid of hard work.
- Despite my confident exterior, I feel insecure and vulnerable inside.
- I am impulsive.
- I don't beat around the bush; I say what I want to say.
- I am very result-oriented.
- I always need to have something to do to bleed off some extra energy.
- I am good at sports.
- I trust my own decisions.
- I often overdo things, such as staying out late, overeating, physical experiences, etc.
- I often enjoy fighting and arguing.

- I hide the feeling of insecurity, doubt, powerlessness from others and sometimes even from myself.
- I don't complain; I fix my problems instead.
- I can be reckless at times.
- When I want something, I just do it and deal with the consequences later.
- I find it difficult to apologize.
- Sometimes I fight about things that aren't even important to me.
- I am a realist.
- Other people seem so stubborn when they don't want to do things my way.
- I don't allow myself to become lazy.
- I am a natural leader.
- Once a confrontation begins, I never back down.
- I take revenge.
- My anger rises quickly and suddenly but disappears fast once I express it.
- I am stronger than most people I know.
- I am responsible with money.
- I am rebellious.
- I want to dominate and control others.
- I wake up angry.
- I enjoy building.
- I don't trust easily. Generally, my trust has to be earned.
- I have been told that I'm too blunt and aggressive.
- Doing things halfway is not my spiritual gift.
- I enjoy a good verbal skirmish, just to see what others are made of.
- In relationships that matter to me I insist on being honest about conflicts and staying in the fight till things are worked out.
- It's hard for me to trust people.
- Justice is worth fighting for.
- I can sniff out other people's weakness the first time I meet them.
- Saying no isn't a problem for me.
- I welcome opposition. Bring it.
- I make decisions fast and from the gut.
- I don't like it when people beat around the bush.
- I'm wary of people who are super nice.
- When I walk into a room I immediately know who has the most power.
- I don't have much respect for people who don't stand up for themselves.
- One of my mottos is "A good offense is better than a good defense."
- Don't mess with the people I love.
- I know I'm respected. But sometimes I want to be loved.
- I have no problem confronting a bully.
- If God wanted people to wear their hearts on their sleeve, he would have put it there.
- Under my tough exterior is a tender, loving heart.
- I am extremely independent and don't like having to rely on others for what I really need.
- I feel that "you have to break some eggs to make an omelet."



- When I care about people, I often begin to think of them as “my people” and feel like I need to watch out for their interests.
- I know how to get results: I know how to reward people and how to put pressure on them to get things done.
- I do not have much sympathy for those that are weak and vacillating—weakness just invites trouble.
- I am strong-willed and do not give up or back down easily.
- I am never prouder than when I see someone I’ve taken under my wing make it on their own.
- I have a tender, even somewhat sentimental side that I show to very few people.
- People who know me appreciate the fact that I talk straight to them and tell them exactly what’s on my mind.
- I’ve had to work hard for everything I have—I think struggle is good because it toughens you up and makes you clear about what you want.
- I see myself as a challenger, as someone who pushes people beyond their comfort zone to achieve their best.
- My sense of humor is earthy, sometimes even crude, although I think most people are too prissy and thin-skinned.
- I can get into a towering rage, but it blows over.
- I feel most alive when I do what others think is impossible: I like to go to the edge and see if I can beat the odds.
- Somebody usually has to come up on the short end of the stick, and I don’t want it to be me.

● **E9**

- I often forget my own agenda when I’m with others because I tend to get carried along with what they’re doing.
- I can have trouble deciding what I want and people can confuse my going along as agreement when I just haven’t made up my mind yet.
- I try to find common ground between people in order to smooth things over and have everyone get along.
- I can get irritable and stubborn when others upset my peace.
- I can get pulled along by the desires and agenda of others.
- People need to get along with each other.
- I like keeping people in my life happy.
- I am good at considering multiple points of view and finding common ground.
- People may think I agree because I go along when I just have not made up my mind yet.
- I am easygoing.
- I like to smooth things over.
- I accommodate others.
- It can be difficult for me to set priorities and an agenda for myself especially when I am around other people. I tend to get pulled along with what others are doing. Going along does not necessarily mean I agree. It may just mean I have not

made up my mind yet. If I am pushed to do something I do not want to then I may stubbornly dig in my heels or become passive aggressive.

- I am not weak or scared but prefer keeping things peaceful.
- I want to come across as likable.
- Sometimes I just can't make a decision.
- I get energized by other people's enthusiasm for work.
- I am very much into natural healing.
- I am satisfied with what I have.
- I never self-promote.
- I prefer comfortable clothing; fashion isn't very important to me.
- I can communicate with very different people.
- There are very few conflicts in my life.
- I fear losing a sense of inner balance.
- I look for win-win options.
- Typically, I hide my negative feelings.
- I want to maintain my comfort. Period.
- I don't want to make waves.
- I am very cautious about taking risks.
- I postpone expressing my opinion until I get things figured out.
- I enjoy simple pleasures in life.
- Sometimes I get in autopilot mode and accomplish an enormous amount of work.
- I love my routine and find it very comforting and relaxing.
- I would rather go with what has worked in the past.
- I often don't know what I want, but I usually know what I don't want.
- I don't do office politics and intrigues.
- My wishes are often put aside to accommodate others' wishes.
- I am very flexible and adaptable and can work different types of jobs.
- I must admit, I avoid dealing with my problems.
- I am definitely one of the least controlling people you will ever meet.
- The idea that somebody has to lose for me to win makes me uncomfortable.
- I am good at art or crafts.
- I don't talk much about myself.
- Sometimes I don't assert myself for the sake of keeping the peace.
- I resist when others try to disturb my peace.
- I am able to forget old disagreements and move on with my relationships.
- I can be very inattentive at times.
- I am attracted to assertive and energetic people.
- I prefer to work in an environment with well-defined tasks and procedures.
- I am a nature lover.
- At work, I appreciate structure and clearly defined tasks, but at the same time, I don't want to be told what to do.
- At work or at home, I just want to keep things as they are.
- Being trusting is my default mode of operation.
- I am not a very demanding person.
- If the conversation becomes unpleasant, I simply try to change the subject.
- I don't usually enjoy the company of people who are too intense or aggressive.

- I often choose to compromise.
- I learned to be satisfied with what I have.
- I am a natural team player.
- When stressed, I tend to put my energy into unimportant tasks instead of dealing with the real problem.
- Usually, I can see different sides of an issue, and they all seem important.
- I am very laid-back in general.
- I tend to get stuck in inertia.
- I am good at sports or anything physical.
- I live in the here-and-now.
- I get angry only occasionally or never.
- When there is too much pressure and stress, I might freeze and stay idle instead of doing something.
- I mediate conflicts.
- I get along with most people.
- I am not concerned about status or prestige.
- I don't want to draw too much attention to myself.
- I want to be myself; I don't like pretentious people.
- I want to be respectable.
- I want to be humble and appreciate humbleness in others.
- I have a very stable mood, without ups and downs.
- Other people take credit for my work, and I don't do anything about it.
- Maybe it's true that I am in denial regarding some disturbing aspects of my life, but I keep focusing on the positive.
- Generally, I feel at ease.
- Most of the time, I avoid conflict and go along with what others want as much as I can.
- I rarely express my opinions.
- I am not into goal setting. I just go with the flow.
- When my problems become too much, I tend to withdraw into my alternative world, watching movies, playing games, or reading.
- Often I go along with other people's wishes and then realize that's not what I want to do, but I didn't know that initially.
- I don't experience very intense emotions, positive or negative.
- I don't like being around negative people.
- I experienced one or a few outbursts of anger and aggression in my life, and the experience was so frightening that I felt the need to shut down my anger even more firmly.
- My identity can change depending on what is required of me.
- When I don't want to do something, I just kind of delay and "forget" to do it, but I don't say "no" right from the start.
- I don't want to examine my feelings out of fear of what I might find.
- I am often not taken seriously, and in all honesty, it's hard on me.
- Overall, I am a positive person.
- I indeed get lazy and lethargic at times.
- I can be too trusting sometimes.

- I distract myself from negative emotions by keeping myself busy with small unessential tasks.
- I rarely confront someone who made a mistake; I just let it pass.
- I have an agreeable character.
- I am often confused.
- My relationships typically last for a very long time.
- I don't worry too much.
- Generally, I avoid anything that disturbs my peace.
- I just want a peaceful home.
- I don't necessarily express everything I feel and want some things to remain unsaid.
- I am never selfish, and I don't like selfishness in others.
- I don't dwell on the negative and forgive quickly.
- I am not competitive at all. In general, I feel like I have nothing to prove to anybody.
- I love peace and pick my fights.
- Honestly, I don't expect too much from life.
- Sometimes I feel that no matter how much I try, my efforts aren't valued, so I stop trying.
- I live a couch potato lifestyle.
- I want my co-workers to get along.
- I almost never overreact.
- Despite our differences, I prefer to cooperate with others.
- I think that most problems aren't worth worrying about.
- I'll do almost anything to avoid conflict.
- I'm not a self-starter.
- Sometimes I get lost doing trivial tasks, while things that really need to get done get put off.
- I'm happy to go along with what others want to do.
- I tend to procrastinate.
- People seem to want me to be more decisive.
- When I get distracted and go off task I give my attention to whatever is happening right in front of me.
- I often choose the path of least resistance.
- I find routines at work and home comforting, and I feel unsettled when something throws them off.
- Others see me as more peaceful than I really am.
- I have a hard time getting started, but once I do I really get things done.
- I'm a "what you see is what you get" person.
- I don't think of myself as being very important.
- People think I'm a good listener even though I find it hard to pay attention in a long conversation.
- I don't like to take work home with me.
- Sometimes I tune out and think about the past.
- I don't enjoy big social gatherings as much as a quiet evening at home with the ones I love.

- Being outdoors is very soothing to me.
- I am often quietly stubborn when people put demands on me.
- It would feel selfish to spend a whole day doing whatever I want to do.
- What people seem to like about me is that they feel safe around me.
- I don't mind being around people, and I don't mind being alone—either way is fine, as long as I'm at peace with myself.
- I've found a certain balance to my life, and I see no reason to mess with it.
- Being “comfortable” in every sense of the word appeals to me a lot.
- I would rather give someone else their way than create a scene.
- I don't know exactly how I do it, but I don't let things get to me.
- I'm pretty easy to please and usually feel that what I have is good enough for me.
- I've been told that I seem distracted and absentminded—the fact is I understand things, but I just don't want to react to them.
- I don't think I'm particularly stubborn, but people say that I can be hard-headed once I make up my mind.
- Most people get themselves worked up too easily: I'm much more even-keeled.
- You've got to take what life brings, since there's not much you can do about it anyway!
- I can easily see different points of view, and I tend to agree with people more than I disagree with them.
- I believe in emphasizing the positive rather than dwelling on the negative.
- I have what might be called a philosophy of life that guides me and gives me a great deal of comfort in difficult times.
- During the day, I do everything that needs to be done, but when the day is over, I really know how to relax and take it easy.

## Heart type comparison

### ● E2

- I am supportive and nurturing of others but can feel obligated when others are the same for me.
- I am good at seducing or pulling others closer to me through an emotional connection or relationship.
- I can read the needs and wants of those around me to gain influence and importance in their lives.
- I read the desires and needs of others so I can be of support.
- I forget my own needs because my attention is on the needs of others.
- People should show their appreciation for one another more.
- I feel pressure to unselfishly give of myself in service to others.
- I am attentive to the emotions of others.
- My identity forms around what people need from me.
- I like to be desired and needed.
- I avoid being needy.
- I feel valued when people appreciate the things I do for them.
- It can be difficult for me to know what I need or want because my attention goes out towards what other people need and want. Sometimes I seem to know more

about what others need or want than they do. I often respond to what others need or want by doing things for them, supporting them emotionally, or presenting myself in a way that draws them closer to me.

- Pleasing others is one of my top priorities and an important source of enjoyment in life.
- I readily give compliments.
- I am deeply invested in other people.
- The more people are indebted to me, the safer I feel.
- Frankly speaking, I feel disappointed when others reject my assistance. It makes me feel unwanted.
- I avoid conflicts.
- I like to “fix” things for others.
- I can strike up a conversation with almost anyone.
- I am a touchy-feely type.
- I think I can read people’s emotions.
- Deep inside, I suspect that people love me for what I do for them and not for who I am.
- I work overtime to please my boss and/or colleagues.
- I don’t know how to reject other people’s requests. It’s easier to give them what they want than disappoint someone.
- I notice little positive things about people that others usually miss.
- I make sure that people feel welcome in my home.
- I am not particularly assertive.
- I encourage others to share their feelings.
- I really don’t know how to give negative feedback.
- I work to build a beautiful environment that impresses my guests.
- I avoid expressing any strong feelings and opinions to avoid polarizing someone.
- I think I might have codependent tendencies.
- I worry about hurting someone’s feelings unintentionally.
- I appreciate the fact that people choose me to share their secrets with.
- To preserve peace, I apologize and blame myself a lot.
- I take care of others, hoping that they take care of me.
- I need to be in a relationship. I am terrified of being single.
- My well-being, perhaps even survival, depends on my likeability.
- I hide the parts of myself that I think are unlovable.
- To make a decision, I consider different options and how they affect the people in my life.
- I ruminate about other people holding a grudge against me.
- To tell the truth, I sometimes exaggerate my problems and health concerns to get a little more attention.
- I am an empath, no doubt about it.
- I am extremely sensitive to criticism.
- I always sugarcoat things out of fear of hurting others.
- I was taken advantage of, emotionally, financially, or professionally.
- I rescue animals.

- To be honest, my self-esteem is defined by other people's appreciation, love, and attention.
- I want to appear upbeat and cheery.
- I guess I am not very good at setting boundaries.
- I have difficulty articulating my needs and I hope that others will figure them out without me having to explain anything.
- I have an extensive social network.
- I neglected myself while trying to make others happy and comfortable, and my health shows it.
- I am a very trusting person, perhaps even more trusting than I should be.
- I connect with everyone, from the janitor to the boss.
- I sacrifice my time and energy to help others, sometimes spreading myself too thin.
- I am a nurturer, and I assume this role automatically, without thinking.
- I often find something good to say about some of the most difficult people.
- I always smile at others.
- Honestly, I am terrified of being abandoned.
- My personal relationship has to be very romantic.
- I am a good listener.
- I need to be with people.
- I want to win as many friends as possible.
- I always do my best to sound positive.
- What I really want is that someone takes care of me.
- I feel responsible for other people's happiness.
- I dwell on my perceived shortcomings.
- Other people's opinions about me are definitely important to me.
- I must admit I tend to go overboard with gifts.
- I love being in the know.
- I feel drained from overdoing things for others, but I continue doing it regardless.
- People rely on me, and I am proud of it.
- Maybe I am a little possessive.
- I am looking for love by giving love.
- I am one of the most supportive people you'll ever meet.
- I sometimes feel jealous of my friends' other friendships.
- I want other people to need me.
- I criticize myself for not being good enough or patient enough.
- I consider others' preferences when choosing what to wear.
- Sometimes I feel that people around me are so ungrateful!
- It's very difficult for me to let go when a relationship doesn't work out.
- I am a very people-oriented person.
- I don't want to depend on others, but I want them to depend on me.
- I am often concerned about being misunderstood.
- I like to hear that I am indispensable.
- I have a tendency to advise others because I believe it can help.
- I secretly like it when others are dependent on me.
- I am a generous person.

- I enjoy making others feel good.
- I would rather be in a subordinate position than a leader.
- I adapt to the other person's needs.
- I probably am very emotional.
- I hint at what I need, but others often don't pick up the hints despite me doing everything for them, which makes me sad.
- I love to give, but it's important to me that others reciprocate too.
- I definitely get frustrated with others at times, but I hide my frustration behind a smile.
- Being alone feels very uncomfortable.
- I wish people appreciated everything I do for them.
- I feel upset if I can't win others over.
- I often say "yes" when I want to say "no".
- I suppress my real feelings to avoid disapproval from others.
- I want to appear kind and considerate.
- I am not even sure what my needs are.
- I cancel my plans if a friend wants to vent to me.
- I try to become what each person wants to see; it's like I have many different personalities at the same time.
- My friends are all very different.
- I feel used.
- I think I can feel other people's feelings as if they were my own.
- I am preoccupied with other people's needs.
- To be honest, I sometimes try to guilt-trip people into doing what I want.
- I don't stay alone long enough to understand myself.
- When it comes to taking care of others, I don't know how or when to say no.
- I am a great listener, and I remember the stories that make up people's lives.
- I am anxious to overcome misunderstandings in a relationship.
- I feel drawn to influential or powerful people.
- People think I'm psychic because I usually know what other people need or want.
- Even people I don't know well share deep stuff about their lives with me.
- It seems like people who love me should already know what I need.
- I need to be acknowledged and appreciated for my contributions.
- I'm more comfortable giving than receiving.
- I like my home to feel like a safe and welcoming place for family and others.
- I care a great deal about what people think of me.
- I want other people to think I love everyone, even though I don't.
- I like it when the people who love me do something unexpected for me.
- Lots of people ask me for help, and it makes me feel valuable.
- When people ask me what I need, I have no idea how to answer.
- When I'm tired I often feel like people take me for granted.
- People say my emotions feel over-the-top.
- I feel angry and conflicted when my needs conflict with others'.
- Sometimes it's hard for me to watch movies because I find it almost unbearable to see people suffer.
- I worry a lot about being forgiven when I make mistakes.



- My genuine concern for others makes me become deeply involved with them—with their hopes, dreams, and needs.
- It feels natural to be friendly: I strike up conversations easily and am on a first-name basis with everyone.
- I have found that people respond warmly to me when I give them some attention and encouragement.
- I cannot see a stray dog in the street without wanting to bring it home.
- I feel good about the fact that I am a thoughtful, generous person.
- It's hard for me to take credit for the many things I've done for people, but it bothers me a lot when they don't seem to notice or care.
- It is true that I often do more for others than I should—I give away too much and do not think of myself enough.
- I often find myself trying to win people over—especially if they initially seem indifferent to me.
- I take special joy in entertaining and hosting my friends and “extended family.”
- I can be warm and supportive, but there is more steel in me than others might think.
- I am able to express my feelings for people more openly than most.
- I make special efforts to know what's going on with the people I care about.
- I see myself as something of a “healer of broken hearts.”
- My health and finances have frequently suffered because I put other people's needs and interests before my own.
- I love to knock myself out to make people feel welcomed and appreciated.

### ● E3

- I seek out challenges that prove my value and lead to recognition from others.
- I try to redirect energy away from emotions toward the achievement of goals instead.
- I tend to take on the persona and image that gains acceptance and helps me achieve my goals.
- I pursue goals and tasks that offer a sense of accomplishment.
- I look to others to give me feedback on how well I am doing.
- People should focus on their goals and how to attain them.
- I feel pressure to perform well and succeed, to be accomplished.
- Emotions get in the way of productivity.
- My identity forms around what brings success.
- I like to be successful and admired.
- I avoid failure.
- I feel valued when people recognize my accomplishments and achievements.
- It can be difficult for me to allow myself to sit with and feel my emotions.  
Emotions can get in the way of achieving results so I try to redirect that energy toward the accomplishment of goals instead. I tend to present myself so that I will be accepted and recognized by the culture in which I am trying to succeed. I also try to maintain a positive can-do attitude.
- I am a very action-oriented person.

- I am a self-starter; lack of motivation was never a problem.
- Other people find me inspiring.
- I pack my vacations with activity.
- It's very difficult for me to feel negative feelings and not act.
- I approach my romantic relationship as an active project.
- I want to feel in control.
- I am a hard worker.
- I have high self-esteem.
- I dress for success.
- Overall, I am a positive person.
- Yes, I want high standing in my social circle.
- I am a natural problem-solver.
- I have a practical approach to life.
- The way I feel about myself depends on what other people think of me.
- I want to be admired.
- I am a careerist.
- Accumulating status symbols has always been important to me.
- I enjoy being at the center of things.
- It's extremely important to me that I am credited for my work.
- I am very concerned about how I come across.
- I gave up what I truly enjoy doing because it isn't prestigious, doesn't bring good money, etc.
- Even if I am not yet successful, I want to at least look the part.
- I always think about the future.
- I don't like it when meetings drag on too long.
- Frankly speaking, my mood depends on how much I earn.
- I need to know that I can handle challenges.
- I only wear premium or luxury clothing.
- Sometimes I pretend to be busier than I actually am. I am doing this to make others think of me as someone important and valuable.
- I want to make sure that others know how many awards, degrees, certificates, etc., I have.
- I don't allow friends to vent to me.
- Even though I want others to know how successful I am, I avoid talking about my achievements out of fear of coming across as vain, OR I constantly talk about my accomplishments and credentials because I want others to know that I am successful.
- Taking time off work feels uncomfortable.
- I work even on vacation.
- I feel stressed and pressured, but I keep going anyway.
- My appearance is very important to me.
- I avoid being idle because it makes all my uncomfortable feelings emerge.
- The best way to get love and approval is to perform — to look good, be productive, have things to offer, and do all the right things to appeal to others.
- I have to-do lists for my vacations as well; they include places I want to visit and things I want to do. There is a schedule for every day.

- Competing is my second nature.
- I am a fast learner.
- I don't think much about the past.
- I guess I am materialistic, at least somewhat.
- I compare myself to others, especially those who have more than me or are doing better than me.
- I am into self-improvement.
- It's important to me that my family members look presentable.
- I network to increase my chances of success.
- I am efficient.
- I accumulate assets and possessions.
- I identify with my job.
- I would describe myself as ambitious.
- I need to be self-reliant.
- I am not into talking about feelings because it doesn't feel productive.
- I don't waste time overthinking things; I begin to work right away.
- I've always been fascinated by status and prestige.
- I can't just relax, sit, and talk because I think about all the tasks I have to do.
- If I don't think I can win, I don't get involved.
- I hide my weaknesses.
- I am concerned about the possibility of losing my lifestyle, and that makes me want to work even more.
- I read the needs of other people and adjust accordingly.
- I am an expert at multitasking.
- I have it all together.
- I know how to talk to different types of people.
- Getting things done has a beneficial impact on my well-being.
- I don't usually talk about it, but in many cases, I feel superior to others.
- I want to be associated with other successful people.
- I need to feel productive.
- I suppress emotions, such as anger, anxiety, doubt, and sometimes even love, because they impair my ability to function properly.
- I sometimes get this uncomfortable feeling that there is not enough time to do everything I want to do.
- I can adjust my behavior to what different people may want to see. In that sense, I am chameleon-like.
- I set goals for everything.
- I must admit I name-drop whenever I have a chance.
- I always focus on getting to the point. I wish others did the same.
- I always feel the need to impress others.
- I often choose quantity over quality.
- I am energetic.
- I don't focus on perfection, but the job needs to be done.
- I want to be wealthy.
- I have to be first.
- I am a leader.

- I am a very result-oriented person.
- I make sure to project high status.
- I develop many skills to ensure job security.
- I have a certain routine to help me do my chores in the shortest amount of time possible.
- I measure my success by tangible achievements.
- I get angry when someone or something interrupts me when working.
- I keep my eyes on the prize.
- I must admit I have problems with workaholism.
- Maybe I am a little narcissistic.
- Knowing that someone has a negative impression of me makes me feel very uneasy.
- I can be very persistent when I want something.
- I want to feel valuable.
- I constantly promote myself.
- I am terrified of the idea of being unable to work to support myself.
- I become anxious when I stop working.
- I eat quickly to avoid wasting time.
- I provide for my family.
- Once I complete a project, I look for another one.
- I just assume I have what it takes to complete my tasks.
- When I want to do something, I just jump right in and figure out the details as I go.
- It's important for me to come across as a winner.
- I love walking in a room and knowing I'm making a great first impression on the crowd.
- I could persuade Bill Gates to buy a Mac.
- The keys to my happiness are efficiency, productivity and being acknowledged as the best.
- I don't like it when people slow me down.
- I know how to airbrush failure so it looks like success.
- I'd rather lead than follow any day.
- I am competitive to a fault.
- I can find a way to win over and connect with just about anyone.
- I'm a world-champion multitasker.
- I keep a close watch on how people are responding to me in the moment.
- It's hard for me to not take work along on vacation.
- It's hard for me to name or access my feelings.
- I'm not one to talk much about my personal life.
- Sometimes I feel like a phony.
- I love setting and accomplishing measurable goals.
- I like other people to know about my accomplishments.
- I like to be seen in the company of successful people.
- I don't mind cutting corners if it gets the job done more efficiently.
- People say I don't know how or when to stop working.

- I see myself as a highly competent person: it really bothers me when I am anything less than effective and efficient.
- When things are going well for me, I virtually “glow” with a kind of inner joy in being who I am and having the life that I have.
- I try to present myself to others in the best possible light—but doesn’t everyone?
- My feelings have tended to be foreign to me—I feel things strongly for a little while, and then just get on with things.
- It’s important to me to feel successful, even if I’m not yet the success I want to be.
- For better or for worse, I am good at covering up my insecurities—people would never guess what I’m really feeling!
- I want to make a good impression on people, so I’m usually polite, well-mannered, and friendly.
- I am aware of how well my friends and colleagues are doing, and I tend to compare myself to them.
- I often strive to be the best at what I’m doing—if I can’t be outstanding at something, I generally don’t bother with it.
- Sometimes I’ve had to cut corners a little to achieve my goals.
- When I am insecure, I can be rather aloof and cool with people.
- It really bothers me when others don’t acknowledge the excellence of what I’ve done.
- I’m more adaptable than most: if things aren’t working well, I know how to change my behavior to obtain the results I want.
- I always have a goal in focus and know how to motivate myself to achieve it.
- I have a workaholic streak—I feel adrift if I’m not accomplishing things.

#### ● E4

- I tend to be dissatisfied with what's common or ordinary and long for what once was or could have been.
- I'm sensitive to my own internal emotional reality and look for ways to express and share that.
- I often feel other people are more capable or fulfilled than I am and have something I don't.
- I look for ways to express what is emotionally meaningful to me.
- I notice what others have or are that I do not have or am not.
- People should cultivate what makes them unique individuals.
- I feel pressure to be like everyone else even though I am not.
- I get absorbed in my own emotions.
- My identity forms around an authentic sense of who I am.
- I like to be authentic and significant.
- I avoid the ordinary.
- I feel valued when people find significant what makes me unique and special.
- It can be difficult for me to find a sense of fulfillment or completeness in my life. When I look at other people I notice how they have something I do not or are something I am not. It feels like I am lacking something in comparison. Because I

cannot be like them I cultivate what is unique and authentic about me and try to find my own significance through that.

- I am a very emotional person.
- I want to connect with others on a deeper level.
- I have good taste.
- I can be vulnerable and strong at the same time.
- I want to live out the most romantic fantasies.
- I can be pretty moody.
- I want to be an important person in my field.
- Sometimes I take care of others' pain so that I don't have to deal with my own.
- Aesthetics are extremely important to me.
- I am sensitive to other people's feelings and needs.
- When dealing with personal problems, I am almost unable to focus on work.
- I spend a lot.
- My friends, family, and colleagues all seem to enjoy life because they have something I don't have.
- Others can be open with me.
- After acquiring what I wanted, I often feel that I made a mistake and that happiness lies elsewhere.
- I get irritated easily.
- Because I understand emotions so well, I can support others when they are going through a difficult time.
- Sometimes I can't make up my mind regarding whether I want to fit in or be different.
- I tend to be on the serious side.
- My work has to be special or unique in some way.
- I feel abandoned.
- I actually enjoy sad movies.
- I don't feel complete.
- I am an empath.
- I don't hesitate to express my real feelings.
- The glass is half-empty.
- I like to help others, and I do so very generously.
- The atmosphere is so important to me; I pay attention to lighting, color scheme, and other details to make my environment perfect.
- I often notice subtle details that others miss.
- I tend to idealize my long-distance relationship but become very disappointed when we are together.
- I must admit I am overly dramatic at times.
- I transform my experiences into something beautiful — a piece of art, a poem, a film, or a book.
- When I am with others, I focus on how I am different from them.
- I am extremely sensitive to criticism.
- I am looking for love.
- I secretly worry that I am easily replaceable.
- I often feel misunderstood.

- I want to be discovered for my unique qualities.
- I want to be true to my feelings.
- Usually, I wait until somebody approaches me rather than approaching people myself.
- I am very interested in other people's feelings.
- I might leave a relationship because I am not loved the way I want to be loved or because I don't get as much attention as I would like.
- I am not your girl/boy next door.
- I am very artistic.
- Sometimes I think that I ask for more than I can get as a way to protect myself from disappointment. If I can't get it, it can't disappoint me.
- I am not interested in controlling other people.
- Frankly speaking, I often compare myself to others and feel deficient as a result.
- I think about the past very often.
- I want to discover my authentic self.
- I focus on what would make the situation better but is missing.
- I need to feel inspired to work.
- I feel like I am not getting enough care, attention, recognition, support, etc.
- I collect special moments.
- Mundane tasks, such as going to work, doing chores, using public transport, and grocery shopping, seem so difficult and out of character.
- I wonder how other people can feel so content.
- I have irrational feelings that I don't understand myself.
- I throw pity parties quite often.
- I don't shy away from painful emotions and allow myself to feel them deeply.
- I play hard to get.
- To be completely honest, I often indulge in unfavorable comparisons. For example, I often judge people for their "bad" taste or criticize them for their career choices or partner choices. I would think, "I could never wear something like that," or "I could never be with a person like that".
- I make things beautiful.
- I want to be loved for who I am.
- I don't hide my weaknesses.
- I feel personally attacked when someone questions my ideas.
- I express myself through art.
- I enjoy long conversations with those who understand me.
- I wish my family had acknowledged my talents when I was still a child.
- I dream a lot. In my fantasy world, I have all the physical attributes I admire in others, have all the materialistic things I ever wanted, and have my perfect relationship where I am loved and cherished the way I always wanted.
- I am particularly worried about being rejected.
- I often feel that things come easily to other people but not me.
- Sometimes, I get very jealous.
- I make sure that my speech and manner are refined.
- I fear that I won't be pursued if I am not special enough.
- I tend to dwell on the negative.

- I am a very introspective person. I want to understand what exactly I feel.
- I want to come across as unique.
- I want to be my true self.
- Sometimes I reject people so that they can't reject me.
- I have a unique clothing style that makes me stand out.
- I tend to tell a lot of personal stories.
- Frankly speaking, I secretly enjoy a little bit of inner drama.
- I am often surprised by positive feedback because it is not something I normally expect.
- I want more intensity; otherwise, I feel so incredibly bored.
- I feel irritated when people suggest I lighten up or watch a funny movie.
- I have a history of on-again, off-again relationships.
- I experience a lot of inner turmoil.
- I want special attention.
- I am often told that I overreact.
- There are so many crises in my life.
- I am not a shallow type.
- I can be a little bit of a snob sometimes.
- Honestly, I do blame others for holding me back.
- I want to be appreciated for my good looks.
- I am haunted by a sense of longing.
- Sometimes I dream that one day, somebody will come and rescue me from my problems.
- I tend to take things personally.
- I decorate my home with unique or unusual objects.
- I have special needs that most other people don't have.
- My emotional suffering sets me apart from my friends, colleagues, and family.
- I guess I am high maintenance.
- I like things that are unconventional, dramatic and refined. I'm definitely not a fan of the ordinary.
- I never really felt like I belonged.
- I have so many feelings in a day it's hard to know which ones to pay attention to first.
- Some people think I'm aloof, but I'm really just unique.
- In social situations I tend to hang back and wait for others to approach me.
- Melancholy is comfortable for me, so it's annoying when people try to cheer me up.
- I'm not everyone else...phew.
- I'm very sensitive to criticism, and it takes me a while to get over it.
- I spend a lot of time trying to explain myself.
- When people tell me what to do I'm often tempted to do the opposite.
- Sometimes I just disappear and go radio silent for a few days.
- I'm okay with sad songs, sad stories and sad movies. Overly happy people give me a headache.
- I feel there is something essential lacking in me.



- It's really hard for me to settle into a relationship because I'm always looking for my ideal soul mate.
- I'm self-conscious. It's hard for me to find my place in a room full of people.
- People say I'm too intense and my feelings overwhelm them.
- I'm either an artist or highly creative. I come up with one amazing, creative idea after another. It's executing them that's hard.
- Lots of people misunderstand me, and it makes me feel frustrated.
- I pull people in, but then I get nervous and push them away.
- I worry a lot about abandonment.
- Many people see me as enigmatic, difficult, and contradictory—and I like that about myself!
- I tend to brood over my negative feelings for a long time before getting free of them.
- I often feel alone and lonely, even when I'm around people I'm close to.
- If I'm criticized or misunderstood, I tend to withdraw and sulk.
- I find it difficult to get involved with projects if I don't have creative control.
- I tend not to follow rules or to go along with expectations because I want to put my own special touch on whatever I do.
- By most standards, I'm fairly dramatic and temperamental.
- I tend to spend quite a bit of time imagining scenes and conversations that haven't necessarily happened.
- I long for someone to rescue me and sweep me away from all this dreary mess.
- When things get tough, I tend to crumble and give up—perhaps I give up too easily.
- I can forgive almost anything except bad taste.
- Generally, I don't enjoy working too closely with others.
- Finding myself and being true to my emotional needs have been extremely important motivations for me.
- I don't like either to take the lead or to be a follower.
- I am acutely aware of my intuitions, whether or not I have the courage to act on them.

## Head type comparison

### ● E5

- I protect myself against intrusion and hoard resources or minimize needs to avoid dependency on others.
- I often find myself observing and analyzing the world around me instead of actively participating in it.
- I may not be able to fully process all that's going in the moment and need time to reflect in order to complete that processing.
- I often observe and analyze the world around me instead of actively participating in it.
- I tend to hoard resources so as not to become dependent on others.
- I am observant.
- People should be objective and logical.

- I prepare for the future by becoming as knowledgeable as I can.
- I like having time to think by myself.
- People sometimes see me as aloof.
- Others can be intrusive.
- I dislike intrusions upon my thinking.
- It can be difficult to fully participate in what is going on around me because there is a part of me that pulls back to objectively observe and try to comprehend things. I can sometimes feel a bit overwhelmed when expected to come up with an immediate response before I have had a chance to process things. I often need some time and space to think things through first.
- I don't want people to expect much from me.
- I love my independence.
- I am not too worried about how I come across.
- I am not very generous.
- I have very few or no friends.
- If I am forced to accept someone's help, I immediately buy thank-you gifts to stop feeling indebted.
- If my feelings get hurt, I just try to think about something else until it doesn't hurt anymore.
- I have fewer possessions than other people, and it's enough for me.
- Keeping things private is one of my top priorities.
- I just feel less prepared for life than other people.
- When working with others, I want everything to be precise and defined, e.g., goals, responsibilities, time.
- I don't do small talk.
- Breaking up doesn't seem to be particularly difficult.
- To make a decision, I carefully consider and analyze all options.
- I need to keep my brain busy.
- I get particularly excited about special information that isn't available to everyone.
- I am more motivated by the desire for security, privacy, and knowledge than for image, prestige, and social needs.
- I don't need approval from others, but it's nice to feel that my accomplishments are appreciated.
- I can watch emotional scenes without getting affected.
- I don't offer too much personal information and only answer questions instead.
- I avoid drama as much as I can.
- I use my resources economically.
- I need to spend plenty of time alone to recharge.
- Even though I like to be alone, I sometimes get secretly lonely. I wish I could meet someone interesting.
- I want to become an expert in several fields.
- I seldom feel lonely.
- I dress for comfort rather than fashion.
- When I feel emotions, I try not to display them as much as possible.
- I don't want to get too attached to others.

- If I judge others, it's usually because I think they are not smart enough or didn't do their research.
- I just love researching and processing information.
- I want to look competent.
- I limit contact with the outside world because my time, energy, and emotions are limited.
- I don't talk a lot unless it's one of the topics I am interested in.
- I withdraw from others because I need time and space to think.
- I don't expect anyone to take care of me.
- Sometimes I ask questions just to keep the other person talking so that I don't have to share my personal information.
- I avoid asking for help as much as possible.
- I observe the world, notice patterns and try to predict likely outcomes based on what I see.
- I keep my neighbors at arm's length.
- I often can't guess people's emotions, preferences, or hidden meanings correctly.
- I spend a lot of time alone.
- Sometimes I am so busy with my thoughts that I become absent-minded. I misplace my keys, forget appointments, neglect my appearance, and stop interacting with my family.
- I am just not interested in average social gatherings with their small talk and trivial conversations.
- I need to understand, analyze and categorize things before getting involved, but by the time I do that, there is usually no desire to get involved anymore.
- I avoid revealing my needs.
- One of my greatest fears regarding relationships is that someone will demand that I give up on my projects or that I will be somehow drawn off course.
- I want to be able to disappear for a while without having to explain anything to anyone.
- I prefer to keep different areas of my life separate. For example, I do not introduce my friends from one area of interest to my other friends from another area of interest.
- I am not into physical activity and exercise.
- Usually, I work out everything in my mind before acting.
- I protect my time and space.
- I avoid people who try to dominate me.
- I live inside my head.
- I am actually very attracted to people. Yet, I can't help but keep my guard up.
- People accuse me of being unfeeling, and it bothers me a lot.
- I avoid getting into relationships with people who have too many needs.
- It's like I observe life from a distance.
- I can stay calm in a crisis situation.
- Having my personal space feels almost as vital as oxygen.
- I can get by on very limited supplies.
- Sometimes I have a lot to say, but I don't bother because I don't expect them to understand.

- I can't handle too much personal sharing and avoid people who share excessively.
- I try to look at things objectively.
- I retreat into my mind and isolate myself as a way to protect myself because the outside world can seem too demanding and draining.
- I use both tried-and-true methods and novel approaches.
- I don't want to become too emotional.
- I don't want to waste my time and energy on other people's agendas.
- I am somewhat socially awkward.
- I really value boundaries.
- I am a minimalist.
- I am a very self-sufficient person.
- Generally, I live an isolated life.
- I am not interested in leadership, but I would gladly build strategies, analyze and research while someone else leads.
- I am wary of others' feedback because it might be distorted by their personal perceptions and agendas.
- I focus on knowledge.
- Generally, I feed my mind more than my body. In fact, sometimes I forget to eat.
- I want to understand how things work.
- I try my best not to depend on anyone.
- I have little tolerance for overly emotional people.
- I often freeze when something unexpected happens.
- I enjoy being regarded as the one who "knows stuff".
- I don't always know what's appropriate socially.
- Experiencing strong emotions feels like I am losing control.
- I would rather work alone.
- After-work dinners and socializing with colleagues don't seem attractive at all.
- Accumulating knowledge helps me survive.
- I keep other people's secrets.
- Even as a child, I preferred my own company.
- I often avoid giving direct answers when asked about myself.
- Very often, I would rather observe than participate.
- I am a little bit of a hoarder.
- Many people want from me more than I am willing to give.
- Most of the time, spontaneity feels uncomfortable.
- I often withhold information unless I am asked direct and specific questions.
- I take pleasure in doing with less. To me, it's another level of freedom.
- I avoid conflict as well as most other emotional situations.
- I avoid making emotional decisions.
- I often feel like I didn't study enough, didn't read enough, or didn't practice enough to make the first step toward something.
- I want to figure out others. I want to know what makes people tick.
- I can take care of myself, and I think others could do the same.
- I don't always say things out loud, but in my head I am pretty sarcastic and cynical.
- I often feel awkward around other people.

- I'm okay if people ask me a few specific questions about myself, but I don't like it when people want too much information.
- I need alone time.
- If I want people to know how I feel I will tell them. I generally wish they wouldn't ask.
- I think thoughts are more reliable than feelings.
- I need a couple of days to process an experience or know how I feel about something.
- People are wasteful. I hold on to what I have.
- Often I find that I would rather observe than participate.
- I trust myself. That means I think about things for a while and then I make my own decisions.
- I can't understand why people get together to just "hang out."
- I'm a listener.
- I have to be very careful with my time and energy.
- I get tired when I have to be with people for too long.
- I often felt invisible as a child. Sometimes as an adult I choose to be invisible.
- Sometimes I think I should be more generous. It's hard for me.
- In groups, being uninformed makes me very uncomfortable.
- I don't like big social gatherings. I'd rather be with a few people.
- Material possessions don't make me happy.
- I like to get into things in depth and pore over details until I've figured something out as completely as possible.
- I am an extremely private person who doesn't let many people into my world.
- I do not feel very big or powerful—more small and invisible: I'd make a good spy!
- Other people would think I'm crazy if they knew what I was thinking most of the time.
- Only by getting accurate information can you make a rational decision—but then, most people aren't really rational.
- My family thinks that I am somewhat strange or eccentric—they've certainly told me that I need to get out more.
- I can talk a blue streak when I want to; most of the time, though, I prefer to just watch all the craziness around me.
- If you need a problem solved, let me work on it by myself, and I'll come up with the answer.
- When you really think about it, you can't get much stranger than so-called normal behavior.
- I tend to take a long time fine-tuning projects I'm working on.
- Most people are so incredibly ignorant, it's amazing that anything works at all!
- I know a lot about a lot of things, and in a few areas, I consider myself an expert.
- I am extremely curious and enjoy investigating why things are the way they are—even obvious things are not really so obvious when you really look at them.
- My mind is so intense and active that I often feel like it's on fire.
- Often I lose track of time because I'm concentrating so completely on what I'm doing.

● E6

- I can be warm and friendly as a way to show I'm not a threat and to cultivate protective and trusting alliances with others.
- I can have difficulty knowing what or who I can trust which can generate skepticism, doubt, and questioning.
- I can vacillate in taking action until I find reassurance that it's the right course of action.
- I often have doubts and questions and look to others to find answers or resolution.
- I am sometimes friendly to others to show that I am not a threat to them.
- I am cautious.
- People should be vigilant and safe.
- I prepare for the future by anticipating what could go wrong.
- I like having time to ask questions.
- People sometimes see me as contrary.
- Others can be untrustworthy.
- I dislike inconsistency in others.
- It can be difficult for me to find certainty in moving forward by just relying on myself or trusting others blindly. I have a tendency to doubt myself and question others. I seek assurance by asking the opinions of others yet may also question or take a contrary point of view to what they tell me in an attempt to uncover flaws or hidden motives in what they are saying.
- I scan my environment for danger.
- Uncertainty makes me very uncomfortable.
- I hate to admit it, but I need constant reassurance in my personal relationships.
- I am definitely a very responsible person.
- Making changes in my life feels difficult and uncomfortable.
- I am watchful and suspicious by nature.
- I wish there were someone I could lean on.
- Sometimes I feel like a coward and a hero at the same time.
- I am a little anxious even when everything is fine.
- I am quite concerned about money matters because money helps me feel secure.
- Others can definitely rely on me.
- Even some of the closest people in my life might one day turn against me.
- At times, I get stuck overanalyzing things.
- I always remember that people can be two-faced.
- I keep my promises.
- I need a stable and secure job; being an entrepreneur isn't my cup of tea.
- I use my good looks to affect others; being able to do that helps me feel less anxious.
- I probably missed many opportunities in life just because I wasn't sure how things could work out.
- I always think of worst-case scenarios.
- I "feel the fear and do it anyway".
- I am quite friendly.
- I am very protective.

- I tend to choose the same things over and over again because I know they worked well for me in the past.
- I don't want to get into trouble with authority.
- When planning a trip, I consider different scenarios, including what to do if our money gets stolen, if we lose our documents, miss the airplane, etc.
- I am a future-oriented type.
- Being friendly is my way to disarm potential enemies.
- You will be very safe with me.
- I often wonder whether something was said just to be polite.
- I don't trust easily.
- I must admit I have passive-aggressive tendencies.
- I am very helpful.
- I make up problems in my mind and then solve them before they even become a reality.
- I am either extremely confident or extremely insecure.
- I always stay alert because the world is a dangerous place.
- I force myself to face the things I fear.
- I always make sure that the bills are paid.
- My way of dealing with danger is to understand the threat and its possible impact on my life, then to prepare for it as much as possible.
- Sometimes I act boldly or even aggressively just to show everyone that I am not afraid and can't be pushed around while the reality is different.
- I am a people-pleaser.
- I often have mixed feelings and contradictory inclinations. For example, I can be very calm and obedient for a while, and then I would decide to be more aggressive and rebellious. I switch back and forth between these states.
- Gathering information helps me keep myself safe.
- I own safety gear, just in case.
- I feel inferior to others.
- I look at the negative possibilities before allowing myself to consider the positive ones.
- I can't rest until all my tasks are accomplished.
- My constant "what ifs" are quite tiring.
- I build alliances.
- I take safety standards very seriously.
- I am not one of those people who don't care what others think of them.
- I try to guess or predict other people's feelings and thoughts about me.
- I like stability.
- I always worry about my car getting stolen.
- Despite my obsession with security, I could put myself in a dangerous situation for the sake of saving someone (a person or an animal).
- I make sarcastic comments.
- Following rules gives me a sense of clarity, stability, and safety.
- As a child, I was taught that it was not OK to show my fear, so I learned to hide it and challenge it by putting myself in uncomfortable situations.

- As a child, I was taught that I shouldn't be too strong and independent, so I learned to rely primarily on others, seek their support and advice, and avoid anything dangerous.
- I love to plan everything in detail.
- I actively work on forming friendships and strengthening them.
- I want my partner to make me feel secure and protected.
- I am somewhat indecisive.
- I like things to be clear and precise.
- Imagining the worst helps me prepare for it and potentially ward it off in advance.
- Sometimes I force myself to make fast decisions only to stop ruminating about my options and possible outcomes.
- I often second-guess my decisions.
- I am a fantastic researcher.
- Sometimes I feel embarrassed by too much attention.
- I get quite anxious at times.
- I question the real motives behind other people's actions.
- I have a good sense of humor.
- To do my job properly, I need clear guidelines.
- I am a loyal person.
- When trying to support a friend in distress, I look for practical ways to solve their problem rather than just listening to them venting for hours.
- I have an organized mind.
- I need to know where I stand.
- I tend to overcompensate for my "flaws" by putting a lot of effort into everything I do for others.
- I am a hard worker.
- I am prepared for all kinds of disasters.
- I look for potential problems before it's too late.
- I prepare for the future.
- I am an ambivert.
- Sometimes I fear getting too attached to someone or something because it would make me very vulnerable.
- I tend to overcommit myself.
- I am probably more of a pessimist than an optimist.
- I am very sensitive to criticism.
- I often feel strong emotions, but I do my best to hide them.
- I am never completely at ease.
- I am a good strategist.
- Focusing on worst-case scenarios prevents me from taking action.
- I tend to overprepare for everything.
- I rely on myself because I can't rely on other people in my life.
- I often feel that other people judge me, which makes me feel uncomfortable.
- I am a realist.
- To keep enemies away, I want to appear strong, perhaps even a little intimidating.
- I often blame others for making me feel bad.
- I ask the hard questions.



- I listen to what people say and try to understand what they REALLY mean.
- I support others and hope that one day they will support me.
- Sometimes I am relieved to hear bad news because I can deal with some problems better than with uncertainty.
- I'm always imagining and planning for the worst.
- I often don't trust people who are in authority.
- People say I am loyal, understanding, funny and compassionate.
- Most of my friends don't have as much anxiety as I do.
- I act quickly in a crisis, but when things settle down I fall apart.
- When my partner and I are doing well in our relationship I find myself wondering what will happen to spoil it.
- Being sure I've made the right decision is almost impossible.
- I'm aware that fear has dictated many of my choices in life.
- I don't like to find myself in unpredictable situations.
- I find it hard to stop thinking about the things I'm worried about.
- I'm generally not comfortable with extremes.
- I usually have so much to do it's hard for me to finish tasks.
- I'm most comfortable when I'm around people who are pretty much like me.
- People tell me I can be overly pessimistic.
- I am slow to start, and once I do get started I find myself continuing to think about what could go wrong.
- I don't trust people who give me too many compliments.
- It helps me to have things in some kind of order.
- I like to be told I am good at my job, but I get nervous when my boss wants to add to my responsibilities.
- I have to know people for a long time before I can really trust them.
- I am skeptical of things that are new and unknown.
- I am attracted to authority but distrustful of it at the same time.
- I am very emotional, although I don't often show what I feel—except to those I'm close with—and even then, not always.
- If I make a mistake, I fear that everyone is going to jump down my throat.
- I feel more secure doing what's expected of me than striking out on my own.
- I may not always agree with the rules—and I don't always follow them—but I want to know what they are!
- I tend to have strong first impressions about people that are difficult to change.
- There are a few people I really look up to—they are sort of my heroes.
- I don't like making big decisions, but I certainly don't want anyone else to make them for me!
- Some people see me as jittery and nervous—but they don't know the half of it!
- I know how much I mess up, so being suspicious of what others are up to just makes sense to me.
- I want to trust people, but often find myself questioning their motives.
- I am a real hard worker: I keep plodding along until the job gets done.
- I sound out the opinions of people I trust before I have to make a big decision.
- It's really weird: I can be skeptical, even cynical, about all kinds of things, and then turn around and fall for something hook, line, and sinker.

- *Anxiety* seems to be my middle name.

- **E7**

- I am often able to find the positive potential in situations and people and I can become overly focused on that.
- I feel pulled toward interesting and enjoyable possibilities and push away from what may be painful or limiting.
- I tend to move on to what's next or more appealing when things get uncomfortable or difficult.
- I am often pulled by things that excite me and want the freedom to pursue them when they appear.
- I am on the lookout for opportunities that satisfy my interests and needs.
- I am enthusiastic.
- People should lighten up and be happy.
- I prepare for the future by planning for pleasant outcomes.
- I like having time to imagine possibilities.
- People sometimes see me as scattered.
- Others can be confining.
- I dislike limitations on my adventures.
- It can be difficult to commit to doing only one thing. Commitment feels constraining and limiting. I get pulled by things that interest or excite me and want the freedom to pursue them when they appear. I also may avoid uncomfortable or painful emotions by moving on to something else more pleasant or redirecting conversations going down that path to something lighter and more enjoyable.
- I want to keep the energy high.
- Sometimes I cancel plans with friends last minute because something more fun comes along.
- I often use words such as “amazing”, “astonishing”, “stunning”, “incredible”, etc.
- I am always on the go.
- I keep up with the latest trends.
- Being out there makes me feel alive.
- I am interested in collecting experiences.
- I just don't want to feel limited.
- I really enjoy food. Sometimes I feel like I want to eat everything.
- I simply choose to feel good.
- Even when I am busy with something fun and exciting, my mind drifts off toward other things I could plan for the future.
- I am a very social and extroverted person.
- I never feel satisfied.
- I tend to focus on my own plans and preferences first.
- I avoid needy people.
- My self-control is weak.
- I always focus on the bright side.
- I don't tend to examine my own thoughts and feelings too much.

- I seek peak experiences.
- I enjoy trying new and original ways of doing things.
- Even though I am interested in many subjects, I don't take the time to study any of them in-depth.
- Sometimes I imagine positive and stimulating experiences to make myself feel better.
- I am naturally optimistic.
- I like to imagine an exciting future; it allows me to escape the not-so-pleasant here and now.
- I was a class clown as a child.
- Even a trip to a grocery store becomes an adventure when you are with me.
- I avoid asking for favors because I don't want to feel indebted. It restricts my freedom.
- I want my life partner to be my playmate.
- I diffuse conflicts through diplomacy and humor.
- I am great at brainstorming but not so good at taking care of the details.
- I want to focus on what I want instead of complaining.
- I forgive easily.
- I don't think much about the past.
- I simply discount criticisms.
- I build relationships just in case I need a specific kind of help one day.
- I resist being controlled by others.
- I can be very spontaneous.
- I work to support my lifestyle (i.e., travel, entertainment, experiences, etc.)
- Generally, I am very interested in other people, but I don't feel the need to connect to them on a deeper level.
- Sometimes when conflicts arise, I might just leave without facing and resolving the problems.
- I admit that I tend to deny real problems.
- I don't feel embarrassed if I can't do something well.
- I prefer ideas and theory to implementation.
- I try to make others happy by keeping things fun and light even when I don't feel happy myself.
- A smile is my default facial expression.
- Frankly speaking, I don't spend much time thinking about how other people feel. I am mainly focused on myself.
- I am very adventurous.
- I secretly fear that if I stop acting happy and start being myself, others might not want me around.
- I am an expert multitasker.
- I want to feel free.
- Generally, I allow others to solve their own problems. I feel like most people should be able to do it.
- I adapt to new circumstances very quickly.
- Even when I am part of a team, I find ways to maintain my personal freedom to do what I want and when I want.

- Because I tend to focus on the fun and positive side of things, I might not be too compassionate at times.
- Planning experiences is almost as much fun as living them.
- I don't tolerate boredom very well.
- Sometimes I get lost in my plans and fantasies.
- I am not afraid to try something new.
- I feel anxious when there isn't anything to distract myself with. I feel that I need to keep going and going to protect myself from this anxiety.
- I start many projects but do not complete most of them.
- I enjoy entertaining others.
- I learn very quickly.
- I always have an alternative plan just in case things become too boring or don't work out as I hoped.
- Sometimes I worry that I will not be able to sustain my excitement.
- Sometimes it's hard to make decisions because by saying "yes" to something, you automatically say "no" to something else. I am concerned about missing out on other options.
- To be completely honest, I sometimes exaggerate to make things sound more fun.
- It's like I look at the world through a filter. As much as I can, I filter out the bad stuff.
- I want to be the center of attention.
- I have a rich fantasy life.
- I can do many different things well.
- When something bad happens to me, I tell myself it could be worse. It is my way to feel better.
- I have a quick mind.
- When I feel anxious, I don't try to understand its causes but try to distract myself instead.
- I reframe my setbacks as learning experiences.
- I have a lot of acquaintances, but I prefer to keep the connection light.
- I always look for ways to relieve negative feelings, such as boredom, discomfort, pain, etc.
- I feel irritated by people who are too slow.
- I love to tell stories.
- I have so many ideas!
- I don't commit easily because I need to feel that I have options to choose from (relationships, education, jobs, places to live, etc.)
- I think a lot of people make themselves more miserable through their bad attitudes.
- If someone speaks too much about their problems, complains a lot, or is just being negative, I usually change the subject because it's too much for me.
- I am one of those people who can talk a lot about their plans without actually doing anything.
- I am always up for something new.
- I love to entertain guests.
- I don't dwell on my negative emotions; I move on rather quickly.

- Positive thinking really works for me.
- My interests are very diverse.
- I get bored with routine. Every once in a while, I do something different, even if it's simply taking another road home.
- I am always planning my next trip.
- I share my thoughts and feelings freely, even if others may disagree.
- Most of the time, I intentionally ignore difficult and painful things.
- I am a very solution-oriented type. Instead of dwelling on problems, I immediately begin looking for solutions.
- I am excited about my future.
- When something negative happens, I always tell myself it's just temporary.
- I love sharing my experiences with others.
- I always look for good opportunities.
- I am an escapist — playing too many games, watching too many movies, reading too much fiction, etc., to avoid dealing with reality.
- I am drawn to experimentation.
- Sometimes I just can't say no to myself.
- I'm always the first person up for a last-minute adventure.
- I am an optimist to a fault.
- I don't like making hard and fast commitments to things.
- I suffer from FOMO—fear of missing out.
- Anticipation is the best part of life.
- People close to me say I can be argumentative and act superior.
- Variety and spontaneity are the spice of life.
- Sometimes I get so eager for the future I can hardly wait for it to get here.
- It's hard for me to finish things. When I get close to the end of a project I start thinking about the next thing, and then I get so excited I sometimes just move on.
- I usually avoid heavy conversations and confrontations.
- When people I care about are having a hard time, I help them look at the bright side of a situation.
- Other people think I am sure of myself, but I have lots of doubts.
- I'm popular and have lots of friends.
- When things get too serious for too long I usually find a way to get people to lighten up, often by telling jokes and funny stories.
- I don't like endings, so I usually wait for people to break up with me.
- I quickly get bored with the same routine and like to try new things.
- Almost everything can be more fun and entertaining with a little effort.
- I think people worry more than they should.
- Life is better than people imagine. It's all about how you explain things to yourself.
- I don't like it when people have expectations of me.
- I love traveling and discovering different kinds of foods, people, and experiences—the whole fabulous whirlwind of life!
- My calendar is usually full, and I like to keep it that way: no grass is going to grow under my feet!

- What's important to me is excitement and variety rather than comfort and playing it safe—although I'll take my comforts wherever I can find them.
- My mind is always chattering—sometimes it seems like I'm thinking about ten things at once!
- One thing I absolutely cannot stand is being bored—and I make sure that I am never boring myself.
- I'm pretty committed when I'm in a relationship, but when it's over, I move on.
- I am curious and adventurous and am usually the first one of my friends to try whatever is new and interesting.
- When I no longer enjoy doing something, I stop doing it.
- I'm not just a "fun person"—there is a serious, even dark side to me, although I do not like to go there very much.
- I'm good at the big picture, not so much the little details: it's more enjoyable for me to brainstorm a lot of new ideas than to get involved with implementing them.
- When I really want something, I usually find a way to get it.
- Things get me down once in a while, but I quickly pop back up again.
- One of my main problems is that I am easily distracted and can get too scattered.
- I tend to spend more money than I probably should.
- Other people are great to have along—as long as they want to go where I'm going.

## Finding Your Trifixes

Determining your full Trifix can often take years of study and introspection. However, once you do, the richness of information is revelatory. Enneagrammer coach, Emeka Okorafor, put together a cheat sheet as a starting point to considering what your trifix might be.

*Note: These are basic summaries of each fix as they stand alone. However, they are always in a synergy with their stems and the full triumvirate of fixes and wings. These descriptions will also rule your personality under the general overlay of the culture you live in. For example, "individuation" at the 4 point is something that is valued in North American culture in general. Furthermore, the cores of each center (3, 6, and 9) tend to be neutral anchoring points where the wings can highly flavor the essence of that fix. For example, the difference in self-image between a 3w2 and 3w4 fix can range from pleasing/attractive to artistic/dark.*

There are several ways to look at one's tritype; The first method is by looking at each center of intelligence separately and look at how you deal with each core problematic (anger and autonomy for the gut center, shame and image with the heart center, and fear and security for the head center). The easiest one should be your dominant center.

## **Heart**

**2 fix** generally presents themselves as nicer, friendlier, lighter, & softer compared to others of the same core - may be touchy-feely, 'greet you with a hug' type of ppl. This is the rejection fix, which means an assumption that they have to actively make you like them/create a positive impression. Also tends to stress the part of their identity that comes from relationships, roles or connections. E.g. these people who list "wife & mother" on their social media profiles are likely 2 fixers. May not go out of their way to do it if it's the last fix, but would feel like they "should" be a source of help or be liked.

**4 fix** is the frustration fix, which means an "if it fits, it fits, & if it doesn't, it doesn't" attitude - more focussed on appearing a specific way than being liked. Negativity, flaws, complaints etc. don't get held back as much & the person may come off as more reserved or guarded (or as having less fake pleasantness, depending on your own POV). Indirect expression of feelings as metaphor, or through aesthetic lifestyle choices, like having your clothes or music reflect your mood. A common sign is feeling a bit embarrassed at agreeing with the majority, or feeling like you shouldn't agree too easily or completely. Would stress parts of one's identity that come from concepts and preferences & are unrelated to others, like interests or music taste.

**3 fix** is generally the least conspicuous. In the 2nd spot you might see some positivity, ambition, extra task-oriented focus or self-promotion, but in the 3rd, it's often just appropriately blending in rather than being in-your-face nice or negative. One telltale trait is feeling tempted to repeat what gets praised or to take on labels others affix to you (not automatically doing it, but feeling like you maybe should), or expressing your feelings by referencing common recognizable cultural symbols, like movies. Generally has a view of the self as less fixed, more changeable, & stress the part of their identity that comes from tangible achievements and other's reactions, like their job.

**In the Heart/Image center, your fixation is your preferred way of maintaining a self-image. One might feel “I should” show:**

2 -- sweetness and care, positive emotions, heartfelt love and affection, goodness and serving

3 -- excellence, accomplishments, repressing emotion, value, and success fitting a recognizable mold

4 -- withdrawn individuation, negative self-image, chronic disappointment, self-distinct taste in aesthetics

**How do you deal with how others see you and how it affects you personally?**

TWOs ignore their needs as to avoid feelings of worthlessness and rejection and keep themselves feeling connected and important to others.

THREEs identify with an idealized image of themselves and try to exemplify its qualities as much as possible in order to be praised and keep themselves busy with achievements.

FOURs hyper-focus on their identity as a way to further understand who they are and purposefully intensify emotions as proof of being a unique and exceptional individual.

**Information a person consciously or unconsciously presents about him/herself:**

-2 fixers present themselves as more unimportant, humble, a 'servant'...

-3 fixers present themselves as more of a consistent winner, sometimes regal....

-4 fixers present themselves as more intense, self-referential, deep, and sometimes erratic.

## **Head**

**In the Head/Thinking center, your fixation is how you're compensating for not knowing and trying to navigate and understand what's real. Each head fix is overdoing a different style of insight:**

5 -- dissecting/uncovering the unknown, conceptualizing, granular over-focus

6 -- hypervigilance, guidance outside oneself, orienting to a system or structure

7 -- possibilities, animated enthusiasm, multi-faceted options for experience

**How do you cope in an ever-changing world full of chaos in which few variables can be systematically predicted?**

FIVE withdraws into their mind as a way to avoid being overwhelmed by their environment and devote their time to learning in order to be prepared for external demands.



SIX attempt to look for guidance since they feel that they cannot trust themselves nor others. Because of that, they are hyperaware of micro changes in their environment.

SEVEN ignores their fear because of the pain they bring up and turn themselves to enjoyment and positive feelings. They seek variety and excitement.

### **Orientation towards thinking and ideas:**

-5 fixers think more for the delight of 'big ideas' about human behavior and creating new concepts to keep reality aligned with their 'cerebral landscape'...

-6 fixers think more for the responsibility of assessing and defending current beliefs/people to figure out what/who is reliable and what they can be certain about...

-7 fixers think more for the delight of staying on the move (mentally or physically) in search of new ideas to stimulate their minds with.

### **It may also be helpful to consider what you typically do if you don't know something.**

**Ppl with a 6 fix** would tend to consult others, & they want not only to know what's up, but who thinks what. They often warn you of frequent bad takes and speculate about others' motives. Information is taken in context - moral, social, relational, political... these people are generally more likely to ask for help.

**7 fix** is distinguished by a lower need to reach a conclusion, being more open-ended & associative & an ability to look at multiple perspectives—to go through multiple possibilities, contexts, explanations, etc. The 7's interest in information is tied to its use - is it entertaining, uplifting, useful to get what you want, etc.

**5 fix** finally would tend to look at things apart from context, & to first try to find the solution yourself. As a way of thinking, it'd be focussed on finding contrasts, distinctions, or underlying principles. This often results in more tolerance for/interest in more neutral or darker points of view, even in positive cores – 9+5 combos are into some dark shit a lot of the time.

Whereas in the other triads I'd say, "When I doubt, it means I'm an attachment fix", 6 is more noticeable even in last place because of mistrust or reactivity.

It's 7 as last fix that sometimes makes ppl who just don't think/worry about intellectual stuff very much at all, because of the open-endedness (though open-ended thinking can also be a creativity boosting feature)

## **Gut**

**In the body center, your fixation is how you're maintaining ego boundaries. It's how you're creating psychological boundaries and distance internally and externally:**

8 -- forcefulness and impact, pushing and expanding out, amping up at the expense of softer and smaller inner parts

9 -- fuzzy and unclear, inner confusion from dispersed and cluttered wants and needs, diffuse absorbing of outside influences

1 -- rigidity and self-control, high standards of purity maintained by self-restriction, moralistic criticism and judgment

**How do you deal with your personal space, and how do you react when someone is trying to coerce you into going their way?**

EIGHTs asserts themselves in order to maintain personal power in fear of being seen as weak;

NINEs withdraw themselves and more or less agree in order to maintain peace and connection to their environment;

ONEs comply to their inner critic as to better align the situation with what they deem as morally correct and appropriate.

**As for your relationship with anger, is it something you tend to direct externally (8), suppress (9), or direct more towards yourself (1)?**

1 fix → meticulous and deliberate about actions, repeatedly brings up complaints, may be picky, does more work than is demanded, stiffer movements & posture, focus on existing correctly

9 fix → more able to be convinced & willing to listen, softer, dreamier, calm fluid movements, careful reluctant existence - if you can't decide at the end it's probably this one

8 fix → more unapologetic, less inhibited, will sometimes just do stuff & see what happens, speaks louder if angered, sudden, wave-like movements, asserts existence

**Physical presence in the way that a person takes up space:**

-8 fixers take up space unapologetically and just seem solid...8's are expressive about their anger and very vocal about their needs.

-9 fixers take up space apologetically and seem unsubstantial physically in the unhealthier levels, while more in flow in the healthier levels. 9's repress their anger and tend to be very passive, often has problems with telling what they need compared to 1 and 8

-1 fixers take up space somewhere in between—rigid, tense, clenched. 1's express their anger by correcting others, they often fear about not being good people.

**Impulse Center**

Think of this as literally your filter on your impulses to act, your quality of action. This can also be quite visible in conflict behavior.

**1 fix** is deliberate & meticulous - the other two are "sloppier". Wants things to be done right. Just as likely to show as pickiness & deliberateness, not necessarily moralism, though with a superego core, that would be strengthened. A common sign is bringing up complaints repeatedly, as well as a certain "linearity" - you point yourself in a direction & just keep going.

**9 fix** shows as a greater ability to listen & be convinced (the other two may seem "stubborn"), more careful tentativeness, but also feeling more at ease to "just be", without the urgent fire under your butt to earn or assert your existence. Makes any given core type less aggro (by the standards of that type)

**8 fix** brings an unapologetic, disinhibited quality - you just go & do stuff, basically. This can show as impatience with stagnating situations (you care more that it gets done than if it's done perfectly right or without ruffling feathers) or speaking louder when agitated. "I'm here, deal with it. My house, my rules."

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### **General directions:**

Basically, holistic descriptions are few, sparse, and imprecise. It's better to try & nail each center individually by reading the descriptions of each corresponding enneagram type and seeing which one you relate to most.

Also, it's best to think of trifix as indicating where you fall in the "range" of your core, in terms of what shared traits would be reinforced.

If you notice oscillation or great inner conflict, it's likely to be part of your core type somehow. E.g. if you sometimes feel vulnerable and sometimes tough, consider 6, which does both.

**As for the order**, the 2nd fix is like a steady undercurrent, whereas the third shows more situationally or by synergy.

Head last is often carefree & chill, but also not very verbal/a big conversationalist;

Heart last doesn't worry too much about image or aesthetic.

Gut last may mean you're not very action oriented & dither a bunch, and are more likely to react or talk about the thing than do something.

Another method is to look at each tritype's gift and blind spot that they bring to the table. The three enneatypes forming each tritype blend into each other like mixing colors, creating a unique dynamic for each 27 archetypes. For example, the gift of the 259 (or 295, 529, 592, 952, 925) or Problem Solver is that they are the gentle and quiet helper that like to be of assistance in a humble and specialized way. Their blind spot is that they can be so hidden in their way of helping and asserting themselves that they are easily overlooked and therefore cannot voice their opinions because of this, in addition to being extremely passive. Compare this to the 458 (or 485, 548, 584, 854, 845) or Scholar; their gift is their ability to devise complex mental maps of what they've learned and understand things at a very high degree of complexity, thanks to their

unprecedented intuition. Their blind spot, however, is that they can be overly fixated on their opinions and rebuke external argument if they deem it lacking in depth. They are argumentative and opinionated to a fault.

Finally, remember that it takes time to understand which tritype is truly dominant for you. Keep observing yourself and which event is triggering something to you, and you'll eventually nail it.

## **Enneagram Triad Videos:**

### **Compliant Triad (1, 2, and 6)**

<https://youtube.com/shorts/SlgNmomwygs?feature=share>

<https://youtu.be/Y4Fvdz325uU>

<https://youtu.be/65XCNWTWBS0> (Timestamp: 7:19-8:31)

<https://youtu.be/OxbZ3nsbnzU> (Timestamp: 2:05-2:16 & 3:20-4:12)

<https://youtu.be/9ElhQOjMIkU> (Timestamp: 1:32-2:50)

<https://youtu.be/e3OTeh8t89s> (Timestamp: 1:38-2:40)

<https://youtu.be/sahuXTYBbQY> (Timestamp: 0:00-4:05)

[https://youtu.be/tVVC5\\_OEtU](https://youtu.be/tVVC5_OEtU) (Timestamp: 5:13-8:36)

### **Competency Triad (1, 3, and 5)**

<https://youtu.be/IdJOaupb13Y>

<https://youtu.be/qDFbHbiTDAg>

<https://youtu.be/65XCNWTWBS0> (Timestamp: 2:18-3:47)

<https://youtu.be/12ZpsuFPCH0> (Timestamp: 4:06-6:10)

<https://youtu.be/Jpg7GSnwSAs>

<https://youtube.com/shorts/chkNFpBh-kw?feature=share>

<https://youtu.be/SyyXiR-jzi0>

### **Frustration Object Relation (1, 4, and 7)**

<https://youtu.be/65XCNWTWBS0> (Timestamp: 12:29)

<https://youtu.be/QG0D2z6OgVY> (Timestamp: 5:34-6:13)

<https://youtu.be/oby9IR2vguI> (Timestamp: 10:00-12:20 & 12:48-13:32 & 35:45-47:35)

### **Rejection Object Relation (2, 5, and 8)**

<https://youtu.be/65XCNWTWBS0> (Timestamp: 10:53-11:45)

<https://youtu.be/QG0D2z6OgVY> (Timestamp: 4:18-5:00)

<https://youtu.be/oby9IR2vguI> (Timestamp: 3:33-7:58 & 13:59-14:23 & 17:47-30:33)

<https://youtu.be/odCPtUvBDn0>

<https://youtu.be/986NNtIRU5Q>

<https://youtu.be/PNyfomvIV7Y>

<https://youtu.be/tpt2KMzM8X8>

<https://youtu.be/tYUePMGTTAU>

<https://youtu.be/Y24pA5vj5ig> (Timestamp: 43:30)

### **Positive Outlook Triad (2, 7, and 9)**

<https://youtu.be/65XCNWTWBS0> (Timestamp: 0:53-2:17)

<https://youtu.be/12ZpsuFPCH0> (Timestamp: 0:00-4:06)

<https://youtu.be/Ne11NH1BI7k>

<https://youtube.com/shorts/4uqTxm5LnOY?feature=share>

[https://youtu.be/gSUNNFa7\\_GM](https://youtu.be/gSUNNFa7_GM)

<https://youtu.be/pvRHelfqADI>

### **Attachment Object Relation (3, 6, and 9)**

<https://youtu.be/65XCNWTWBS0> (Timestamp: 11:45-12:29)

<https://youtu.be/QG0D2z6OgVY> (Timestamp: 5:00-5:34)

<https://youtu.be/oby9IR2vguI> (Timestamp: 7:58-10:00 & 13:32-13:59 & 30:32-35:45)

[https://youtu.be/LYW\\_ZxR2hSs](https://youtu.be/LYW_ZxR2hSs)

<https://youtu.be/tN25-rMWxTQ>

<https://youtu.be/lZWMwI38tlo>

<https://youtu.be/Xjx50ekR8iQ>

[https://youtu.be/efE\\_kme-2II](https://youtu.be/efE_kme-2II)

<https://youtu.be/xnGPA261mNA>

<https://youtu.be/etAzZntsQ80>

### **Assertive Triad (3, 7, and 8)**

<https://youtu.be/65XCNWTWBS0> (Timestamp: 5:49-7:19)

<https://youtu.be/OxbZ3nsbnzU> (Timestamp: 1:51-2:05 & 4:12-5:04)

<https://youtu.be/9ElhQOjMIkU> (Timestamp: 0:00-1:32)

<https://youtu.be/e3OTeh8t89s> (Timestamp: 0:00-1:38)

<https://youtube.com/shorts/d3M99WlvrbU?feature=share>

<https://youtu.be/sahuXTYBbQY> (Timestamp: 5:57)

<https://youtu.be/XLXCKC7b0L8> (Timestamp: 11:27-15:31)

[https://youtu.be/tVVC5\\_OEtfU](https://youtu.be/tVVC5_OEtfU) (Timestamp: 0:00-5:13)

<https://youtu.be/bujwMlxPKsg>

### **Withdrawn Triad (4, 5, and 9)**

<https://www.iheart.com/podcast/269-enneathing-goes-59426625/episode/hornevian-triad-withdrawn-enneagram-types-459-91079000/>

<https://youtu.be/65XCNWTWBS0> (Timestamp: 8:31-10:11)

<https://youtube.com/shorts/s8ZnWUS2HgE?feature=share>

<https://youtu.be/OxbZ3nsbnzU> (Timestamp: 0:00-1:51 & 5:03-5:50)

<https://youtu.be/9ElhQOjMIkU> (Timestamp: 2:50)

<https://youtu.be/e3OTeh8t89s> (Timestamp: 2:40)

<https://youtu.be/sahuXTYBbQY> (Timestamp: 4:05-5:57)

[https://youtu.be/tVVC5\\_OEtfU](https://youtu.be/tVVC5_OEtfU) (Timestamp: 8:36)

### **Reactive Triad (4, 6, and 8)**

<https://youtu.be/65XCNWTWBS0> (Timestamp: 3:45-5:36)

<https://youtu.be/12ZpsuFPCH0> (Timestamp: 6:10)

<https://youtu.be/BjHcAJlQJvs>

<https://youtu.be/XLXCKC7b0L8> (Timestamp: 4:27-8:05)

<https://youtube.com/shorts/Doru6RV1AtQ?feature=share>

<https://youtu.be/tRXcDRmekIQ>

<https://youtu.be/oguxDfRY8GU>



## **Comparing 1 + 2 Archetypes (125, 126, and 127)**

The 3 tritypes concerned with having ONE and TWO fixes (125, 126, and 127) display these behavioral and psychological patterns:

- Enhances the natural wings of ONE and TWO.
- Pairing whose wants are most focused on teaching and guiding people.
- Naturally like to inform and dispense information.
- May secretly cultivate a superiority complex.
- Easily frustrated with laziness and/or inattentive behavior.
- May need to show the example and be a role-model at all times. Extremely sensitive to ungratefulness.
- May push people too much to better themselves.
- Want to bring structure and be appreciated for it.
- Often want to be an agent of change, especially if social subtype.
- Often feel morally obligated to help people and will choose to ignore their own needs in favor of helping people.
- They are very hard on themselves and want to be perceived as good people.
- Want to be seen as humble yet crave compliments.
- Their lower side is that they might think of themselves as incorruptible and that they cannot be flawed whatsoever.
- May be robotic and forceful in the way they help, since it's expected of them.
- Often hide their aggressive and resentful nature through selective criticism.
- When unhealthy, can be abusive and arrogant and think they have the right to be that way since people are ungrateful and don't notice how hard they try to be selfless.
- Their anger can erupt in rather brusque and spectacular accusations and name-calling.
- On very low levels of health, may think of themselves as a martyr and/or as a victim.
- The 2 fix helps the core 1 be more aware of interpersonal needs and how their worldview affects people.

- The 1 fix helps the core 2 distance themselves from their emotional needs and focus on the ethical quality in each situation.
- Being good, moral, kind, helpful, proper, right, judgmental, superego, maternal, critical, and what's right for all
- Anger and Pride combine into a very conscience-driven, educational character. People with this combination want to make a difference in the lives of others in ways that will ensure close relational links and show to people an altruistic side of their personality at all times;
- Double Compliant stance; the need to adhere to external and internalized rules, social conducts, and do what's expected of them is amplified;
- Patronizing, hesitant, and pleasing energy;
- Half masculine (ONE) and feminine (TWO) energy;
- The rule-abiding, righteous, and critical ONE is in conflict with the relationship-oriented and intimacy-seeking TWO;
- There's a dichotomy between the ONE tendency to be self-critical and to be hard on themselves and the TWO need to be liked and the tendency to shape-shift in order to meet other's needs;
- Most likely combination to be considered educational, who wants to help others in a predetermined structure;

### **Differences Between Archetypes:**

#### **Anxiety Management**

- 125s are more removed from their environment than the other two ONE + TWO combinations. They manage their anxiety stemming from not being competent enough by retreating into their private world and establishing barriers;
- 126s are very devoted to their tasks and put their anxiety at ease by getting their goals met and by finding sure-fire ways to maintain harmony and structure in their environment. This tritype shows its anxiety the most out of the three ONE + TWO combinations;
- 127s deny their anxiety by focusing on the positive and anticipating fun and new ways to maintain and enhance group harmony with good foundations;

#### **Primary Strengths**

- 125s are good at identifying details and showing people how to apply them into a coherent structure. They have very good observational skills and like to advise people on how to pay attention to little things in order to make satisfactory work;

- 126s are great at putting aside their needs in order to shift their concern into their duty. They are also very good at supporting people they see as important to them. They want to keep things balanced and running smoothly at all times;
- 127s are excellent teachers, as their name would suggest. They love to share information and present it in an interesting and exciting way, so much so that they rarely get boring;

### **Introversion vs Extraversion**

- 125s are typically introverts, regardless of which enneatype is in the lead. They prefer to wait and observe their environment before leaping into action and provide useful information;
- 126s are mostly extroverted in the sense that they prefer to be around people and support them whenever they look like they could use some assistance. Their help makes them feel useful and important;
- 127s are definitively the most extroverted out of the three archetypes. They generally don't shy away from the limelight and love to interact with and let their audience speak their mind;

### **Potential Problems**

- 125s can be so attached to its own procedures and standards that they can come across as stubborn, demanding, and intolerant. They can also become frustrated when helping people who have less stellar standards than theirs. Also, people can complain about the archetype's know-it-all and haughty tendencies, even if it's unintentional. Finally, they tend to over give their time and effort, then feel overwhelmed by all your commitments. They need to feel confident about the information they provide and control the way and amount of time you give to others in order to feel at ease with people;
- 126s forget their own needs and overfocus on other's. They can appear nosy, controlling, and nagging because of their overwhelming presence they can give to people when trying to help and educate others. They can also feel self-righteous and militant about their values and causes, which can irk some people. This archetype can also become too anxious and self-conscious about its own impact on their environment, constantly adjusting itself in order to meet internal and external standards, which can become exhausting for them;
- 127s can oscillate too frequently between the need to keep things positive and fun and a more rigid and controlling attitude. This dichotomy can be hard to balance and may account for considerable internal tension that needs to be addressed. Additionally, they can make light of a situation when it could have been better taking it more seriously and vice versa. This very positive tritype may hide its pain and negativity in order to avoid rejection and disconnect from their environment;

## **Patterns & Structure**

- 125s are triple details and advising. This means that this archetype has all the three enneatypes in each center of intelligence that want to help people pay attention to finer details in a structured and methodical way. They are usually very knowledgeable and like to use it to the greater good. They can be very private and removed from their environment and have a bit of anxiety in finding the right time and space to provide what they know. Self-preservation dominant of this archetype like to provide concrete tips and guidelines and can appear more anxious and introverted than the other two subtypes. They are very humble and don't usually like to drag on long conversations unless required. Sexual 125s like to delve into deep thoughts and intellectual exchanges and may appear more emotional and possessive. They can also be less patient with other's incompetence and can be more pushy in their quest to seek intimacy and closeness. Finally, social subtypes with this tritype are naturally more involved with groups and can often take the role of a professor or expert of some sort in any given setting. They like to be known for their incorruptible nature and judicious advices;

- 126s are triple compliant and hesitant. This means that this archetype has all the three enneatypes in each center of intelligence that try to adjust itself to the moral viewpoint and expectations of its environment in order to feel included, safe, and appreciated. This tritype is very helpful, and feels a need to meet (and often surpass) the authority's expectations for the sake of being satisfied with its own inner standards. Self-preservation subtypes of this archetype are anxious individuals who almost always veer into the secure side of things if something doesn't feel right or is off. They are very perfectionistic in all they do and can be overly cautious in doing so. The sexual variant is less focused on safety in the material sense and more concerned about faithfulness in their intimate relationships. They don't fit the stereotypical compliant stance of this archetype because they can spring into action when needed and are more in touch with their instinctual nature. However, they are quite rigid about everything going their way and can manifest their anger in a surprising intensity. Social subtypes are the most rigid and rule-abiding of the three variants. They embody the teacher or role-model to turn to and follow, and can be quite prideful in doing so. This is also a very militant subtype;

- 127s are triple other-oriented and teaching. This means that this archetype has all the three enneatypes in each center of intelligence that need to be in contact with people and provide helpful information in a fun way, regardless of the subtype they lead with. They are definitively people persons that like to connect with others and almost always want to help people look at things in a new, better angle, making them energetic and optimistic. Self-preservation with this subtype are excellent at providing concrete support and enjoying life at its simplest form. They aren't as demanding and spiritual as the other two subtypes, and thus respect their limits more. Sexual dominants with this tritype are idealists who often want to reform and mold the world to their liking. They are less in touch with reality, but often have tremendous charisma and energy to accomplish what they want. They tend to become very frustrated with outside limitations and can become moody more easily. Social 127s are quite sunny in character, but can view their sin of gluttony as a hindrance to their ideals and consequently try to avoid showing it in public. They are usually very active and involved in numerous group activities and like to add their optimistic viewpoint to the table;

## **Possible mistypes**

- Social FIVES with a 125 archetype can mistype with a more extroverted tritype like 126 or 127 because they are naturally more outgoing and involved;
- Sexual SIXES with a 126 tritype can be mistaken as a 146 or even 468 at times, because they are more often counterphobic than the other two subtypes;
- Social SEVENS with a 127 tritype can look like a 126 because they are the countertype of their enneatype and often go against their core sin of gluttony;
- Self-preservation ONES with a 126 tritype could look like a 125 tritype, especially if they have a stronger NINE wing;

## **MBTI**

- 125s' most common MBTI types are : INFJ (521), ISFJ (251), ISTJ (152) and sometimes INTP (512). Extroverted types are extremely rare with this tritype and judging types are more prevalent;
- 126s' most common MBTI types are : ESFJ (216), ISFJ (621), ENFJ (216), INFJ (621) and sometimes ESTJ (126). As you can see, this archetype is very feeling and judging oriented, and it's uncommon to see thinking types with this tritype;
- 127s' most common MBTI types are : ESFJ (217), ENFJ (271), ENFP (721) and sometimes ESFP (721). There aren't a lot of introverted or thinking Myers-Briggs types with this tritype. The only introverted type that could fit the bill is INFJ (217);

## **Miscellaneous Differences**

- 125s can think a bit more highly of themselves than 126s and 127s, even though it's mostly hidden. This may be because they are usually more confident about their intellectual analyses than 126s and take things more seriously than 127s;
- 126s are always adjusting to their environment, both checking their work and comparing it with a reference point to see if it's acceptable and up to current standards. 125s and 127s are a bit more confident in their approach and weigh their work more according to internalized metrics;
- 127s are a bit more adaptable and open to change than 125s and 126s;
- 125s can be very precise and withhold information if they don't feel they have accurately done their work or if there's still more to learn. 126s and 127s share information more readily;
- 126s can be so attached to their work and/roles that they forgot to take time for themselves, while 125s know when they've reached their energy limit and need to withdraw;

- 127s are very dynamic and often take the role of the entertainer in their job, while 126s are more truly service-oriented;
- 127s show more impatience when something outside their control is not working or going too slowly. 125s and 126s are usually more patient;
- 127s often need to be intellectually stimulated to keep a job or relationship fresh, while 125s are more self-sustaining, even though they often have the same needs;
- 126s are the most security-oriented of the three ONE + TWO tritypes while 127s can take a more relationship-oriented approach in their job;
- 125s often go for in-depth studies and are comfortable with long research and thesis writing. 126s and 127s are more geared toward practical studies dealing with people;

### **Comparing 1 + 3 Archetypes (135, 136, and 137)**

The 3 tritypes concerned with having ONE and THREE fixes (135, 136, and 137) display these behavioral and psychological patterns:

- Pairing that is the most focused on working hard with high standards.
- This is the carpenter ant, the Energizer Bunny.
- Push for success by implementing the rules.
- Often identify with their work and what they do.
- Often have good managerial skills and know how to organize things for them to be successful.
- Probably the pairing that is most susceptible to overwork and be a workaholic.
- They can hold in tremendous amounts of pressure and still be successful at what they do.
- They are very hard on their work ethics and can pressurize themselves to accomplish more.
- Often have a lot of pent-up anger that can erupt when people expect it the least.
- Can be efficient yet humble about the praise.
- It can be hard for this pairing to stop what they are doing and ponder why they are doing it in the first place.
- Can drown their insecurities and sadness through their workload.
- Don't take criticism well, especially if unexpected, from underlings or from people that don't know what they are talking about.
- Very sensitive to social recognition, even if not social subtype.
- They secretly fear being a let-down to their family, friends, bosses and coworkers.
- May think their way of thinking is the best way at first.
- The 3 fix helps the core 1 to get out of their preconceived ideas and be more goal oriented.
- The 1 fix helps the core 3 to orient their actions through a set of standards and be less arrogant about their accomplishments.
- Efficiency, getting the job done, repressing emotions, correct, accurate, responsible, competent, structured
- Anger and Deceit merge into an action-oriented individual with a strong work-ethic. People with this combination are very eager to show off their skills in a controlled and efficient way.

They're often able to get things done fast and nicely, giving them lots of credibility and ability to stack up responsibilities;

- Double competency stance; the need to detach from emotions and keep an objective eye to solve a problem is enhanced;
- Sharp, competent, and efficient energy;
- Mostly a masculine and rigid energy;
- The conscience-driven, moralistic ONE is at odds with the image-seeking, result-oriented THREE;
- There is a real conflict with the ONE's need to remain attached to its moral compass and doing the right thing and the THREE's need to always show a pleasing and successful persona;
- Most likely combination to be workaholic and always doing something worthy with their time;

### **Differences Between Archetypes:**

#### **Inherent Strengths**

- 135s are excellent at accuracy and absorbing a massive quantity of technical details, making them versatile and effective in rigorous and brainy work;
- 136s' strength lies in their work ethic and their capacity to withstand considerable amount of workload. They are the most responsible tritype;
- 137s are very good at improving and envisioning new ways of doing things, and therefore can excel in many engineering and designing fields;

#### **Working Styles**

- 135s prefer working alone and with things rather than people. In the Holland theory, they are a great example of a Realistic type;
- 136s like to work in tandem or within a team. They can often be seen leading people and are great at management;
- 137s are excellent promoters and developers, so they can be quite adept at conceiving, demonstrating, and implementing their ideas. A very versatile tritype;

#### **Mental Processes**



- 135s like to take a concept apart by breaking it down to its core, revealing the essential and most useful details in order to be the most efficient without sacrificing the quality and thoroughness;
- 136s aren't known to be the most creative persons and can be quite skeptical about foreign ideas. They think and speak in a concrete and concise manner that need to see if concepts are applicable in real life;
- 137s are quick thinkers that always see the big picture and the little details in order to concretize their ideas into a reality. They know how to make something happen;

## **Potential Problems**

- 135s can be so into defining and reanalyzing problems that they can lose the big picture in favor of the details. They can thus become obtuse, obstructive, and opposed to change. They can also have poor interpersonal skills that can hinder their credibility in the long run if they wish to promote their findings. Likewise, they really need to pay attention to how they speak to people as they are very data-oriented, losing the feeling part in the process. Finally, they can be arrogant and boast about their mental abilities, unintentionally making other people feel deficient or less skilled;
- 136 is the tritype that is the most at risk of losing themselves into their work and thus can become workaholics. They may be uncomfortable about not doing a task correctly and can be anxious if they feel that their work is not good enough. Since they are so adamant about making a difference in their workplace, they can become downright tyrannical if they are in a position of leadership and don't keep their perfectionistic tendencies at bay. Additionally, they can become suspicious of people who don't want to cooperate and show an air of rebelliousness and don't see their way of seeing things;
- 137s are very perfectionistic and with that comes very high ideals that are often hard to keep up with. This can make this person very difficult to work with because of their tendency to swing between their need for structure and innovation, giving them a somewhat unpredictable nature. Like their fellow ONE + THREE tritypes, they can be overly focused on their work, but become more quickly irritated if the tasks are too repetitive and boring. Their constant need for change and variety can make them frustrated and tense if nothing goes according to their vision;

## **Patterns & Structure**

- 135s are triple competency and exacting. This means that this archetype has all the three enneatypes in each center of intelligence that want to analyze and be precise with data in order to be productive. This archetype thrives in jobs and tasks that need them to be very detail-oriented and ultra-focused. They don't like when they need to deal with emotions or irrational topics. Self-preservation type with this tritype are extremely private and removed from their environment. The THREE side of this archetype is less showy and more focused on being efficient and productive. They can be surprisingly humble with their work and their skills, since the THREE here is going against vanity. Sexual dominants with this tritype are less stereotypical

and are more fluid in their demeanor. They often put more creativity in their work than the other subtypes and can have a bit more access to their emotional needs. Social subtypes are very keen on being seen as the expert of their field and are less emotionally withdrawn than the other two subtypes. They seek recognition and often like to teach in a technical or scientific field;

- 136s are triple doing and industrious. This means that this archetype has all the three enneatypes in each center of intelligence that need to provide excellence in their work and typically won't stop perfecting their game until they are meeting or surpassing expectations. This tritype often wants to meet societal standards and be seen as a good example or a role-model in their community (especially if social dominant). Self-preservation subtypes are humble and very practical. They are often anxious about performing their best in order to secure what they've earned, and are generally quite disciplined and frugal in life. They can often be stuck in a rut and become overly rigid in their routine and lifestyle. Sexual subtypes are a little more charismatic and able to act faster than self-preservation subtypes. They can be surprisingly emotional about what they consider dear to them, but can also be controlling and testy with the people they don't trust. Social subtypes are the ones who seek recognition and fame the most and can work really hard to attain it. They like to show off what they are made off and like to be seen as exemplary or a moral icon;

- 137s are triple perfectionistic and improving. This means that this archetype has all the three enneatypes in each center of intelligence that prefer to ask itself "what can be done better" and outperform others by pure ingenuity. They like to seek opportunities to promote themselves and present their work in a fun and creative way. They always have the eye to see that something might be better and/or more effective than what it is at its current state. Self-preservation subtypes are very industrious and practical in their work. They are also known to be opportunistic and clever in getting the right contacts to give out the best outcome. Overall a very outgoing variant. The Sexual dominant is very idealistic, and bizarrely dreamy, too! They are the least practical and savvy of all three subtypes and care more about pleasing and seducing others while also having a controlling stance in private. They can be enigmatic and a bit eccentric since the subtype doesn't mix well with the archetype. Finally, the social variant is more concerned with keeping an innovative and sustaining image while keeping their enthusiasm in check. Social recognition is often very important to this tritype, and they need to maintain a pure, incorruptible persona to the world;

## **Potential Mistypes**

- Social SEVENS with a 137 archetype can be mistyped as 136 because of their anti-gluttony stance;
- Social FIVES with a 135 tritype may misidentify as a 137 since they can be more outgoing and upbeat than most traditional FIVES;
- Sexual ONES with a ONE and THREE combination in their tritype can mistype as a 358, 368 or 378 because they can be more openly angry than the other two subtypes;

- Self-preservation THREES with a 136 tritype may look more like a 135 because of their subdued persona and more withdrawn tendencies;

## **MBTI**

- 135s' most common tritypes are : ISTJ (153), INTJ (513), INTP (531), and sometimes ISTP (531). It's quite rare to see extroverted Myers-Briggs types with this archetype, and even less so feeling types. ENTJ could be an extroverted example (135);
- 136s' most common tritypes are : ESTJ (136), ISTJ (163) and maybe ESFJ (361). This archetype is the most recognizable when paired with STJ and are almost never seen as an SP, NF or NT;
- 137s' most common tritypes are ENTP (731), ESTP (731), ENTJ (713) and sometimes ENFP (731) or ESTJ (137). This is a very extroverted tritype, so introverted Myers-Briggs types aren't very common. Both perceiving and judging types can be found here, but most of them are either NT or SP. Very few feeling types too;

## **Miscellaneous Differences**

- 135s are not very good at promoting their ideas to an uninitiated public, unless if social subtype. This isn't the case for 137s;
- 136s can have a very hard time to relax and unwind. 137s like to add fun in their work, so they can do a bit of both sometimes;
- 136s can be too dependent of the societal expectations and become anxious because of their fear of failure to meet said expectations. 135s are more able to detach from peer-pressure, and 137s can bend the rules a bit to their advantage;
- 137s like to focus on the big picture, while 135s concentrate on the minute details;
- 135s can be socially awkward and very unfeeling. This is slightly less the case for 136s, who will consider the group's worth in their mind;
- 137s are somewhat unrealistic and less grounded in their big planning than 136s, who are more leaning towards meeting the social needs and expectations;
- 135s are less malleable and open to new subjects of discussion than 137s, who in turn are a bit less laser-focused and can jump more from topic to topic;
- 136s are one of the most moralistic tritype and can be controlling of the surrounding mindsets if they diverge from the established norms. 135s and 137s are less community-driven;
- 137s may gloss over some more negative facts in order to keep things more positive. This won't happen nearly as often with 135s or 136s;

- 135s' mind is like a microscope, honing in the infinitesimally small, while 137s is more macroscopic—looking at things as a whole and seeing how all parts interact with each other. 136s are between those two extremes.

## **Comparing 1 + 4 Archetypes (145, 146, and 147)**

The 3 tritypes concerned with having ONE and FOUR fixes (145, 146, and 147) display these behavioral and psychological patterns:

- Enhances the natural line of connection to ONE and FOUR.
- Pairing that is the most focused on refining their ideals, pursuing higher standards.
- Whatever the instinctual stacking or the head type, there is a strong push toward what is considered tasteful, decent and grotesque, vulgar.
- Want to bring its intuition and imagination front and center, but with certain standards and guidelines.
- This is a very persnickety and particular pairing that needs to do things a certain way, even when it isn't practical.
- Subtle (or not so subtle) disdain for what is considered subpar, plain, normal or mediocre.
- They are often hard to truly please and are even very critical of themselves.
- Conflictual relationship with their emotions: refrain from feeling, then let go.
- Wants to experience life in all its depth and glory, but the ONE fix wants to keep that within certain rules and boundaries of decency.
- May cultivate spiritual and/or religious outlook on life.
- Can bring out new standards of excellence, unparalleled visions of beauty.
- Can be attached to certain aspects of art and/or culture.
- Often quite philosophical and adamant about setting certain standards.
- In very low levels of health may run the risk of emotional and mental exhaustion by restricting themselves from continuously harsh standards.
- May unintentionally castrate their own emotional experience by repeated superego blockage.
- Inversely, may also sabotage their ability to think critically and rationally with their emotional tidal waves.
- The 4 fix helps the core 1 to experience life through a more intuitive and spiritual way so to search for meaning.
- The 1 fix helps the core 4 to bring structure and order in its emotional musings and bring out its internal desires to fruition.

- Judgmental, idealistic, search for perfect circumstances, critical, negative, frustration, unyielding, particular, persnickety, exclusions. Ex: "I don't do x"
- Anger and Envy combine into a peculiar, reflective personality whose goals entail being able to comprehend and coerce their emotional life into a suitable structure in which they can further refine it into something greater;
- Double frustration stance; the need to feel that life isn't going to fulfill and satisfy its own wishes and wants is enhanced;
- Sullen, complex and refined energy;
- A mix of masculine and feminine energy, with the latter being a tad stronger;
- The structure-building, conscience-driven ONE is at odds with the self-expressing, moody FOUR;
- There is a real conflict between the ONE's need to be removed from its instinctive nature and the FOUR need to keep in touch with its original nature;
- Most likely combination to be seen as original, critical, and seeking refinement;
- 4+1 tends to be 'critic-like'
- 1 fix adds a moralistic streak to the 4, and also tempers their emotions a bit, so they're not always super expressive.

### **Differences Between Archetypes:**

#### **Expressing Creativity**

- 145s aren't known for being truly creative tritypes, but they can show it by exploring new areas of knowledge that haven't been discovered or touched upon. They are excellent at finding the missing link between two theories, or simply by researching enough on something;
- 146s are very intuitive and can use their creativity by seeking original solutions to a problem that haven't been looked at thoroughly before. They are also humanitarian that truly want to help people find what's intrinsically valuable about them and how to cultivate each's own potential;
- 147s are one of the most creative tritypes and often show this magical quality by pushing their limits to create something unprecedented and truly original;

#### **Intellectual Curiosity**

- 145s are often considered to be one of the most intellectual and cerebral archetypes. This is because they tend to dive deep into a subject and look for what's missing in order to make the

exploration thorough and complete. Because of their capacity to amass large quantity of data, they can be known as a know-it-all;

- 146s are more people and certainty-oriented than 145s. While they do also possess a large intellectual appetite, their quest for knowledge entails looking for guidelines or truisms in order to get accurate and meaningful information so they can get to the truth behind it;
- 147s are in love with the unconventional and out of the ordinary and therefore can seek to continuously replicate a sense of wonder in their heart and mind. This archetype wants to establish firm but also pliable mental structures in order to shape out their vision without altering the uniqueness factor too much;

### **Dealing with External Structure**

- 145s prefer to work within their own boundaries and structural approaches as they color and personalize external ones in order to work with them (most of the time);
- 146s are the most comfortable out of the three ONE/FOUR combinations when dealing with external methods and structures to seek out their truth about something. That doesn't mean that they won't question the actual veracity and usefulness of said system;
- 147s are a bit at odds with external systems. They like that it can help define and standardize terms and metrics, but it can also negatively affect the quality and purity of their work;

### **Potential Problems**

- 145s can be so identified in pursuing additional knowledge and getting accurate information that this daunting task can become exhausting and leave you irritated and intolerant of outside advice. This tritype is also very critical and prone to correct others in their observations, making it frequently unliked and annoying if this attitude is persistent in time. Given that this archetype also tend to be very withdrawn and values their alone time, they should try giving others the benefit of the doubt and allow themselves to be educated freely and not only by verifiable sources;
- 146s often have the tendency to challenge and put in question every tidbit of information that seems off or too superficial according to them. While they might refrain from saying what they've got in mind in fear of appearing impolite or annoying, this can make them very critical and judging of others' opinions and make other people turn their back against their numerous advices. This is problematic because they only wish to prevent them from making erroneous judgments and putting themselves into hot waters. This triype may reconsider their communication style and reduce the amount of advice and opinions that they give out in light of all this;
- 147s' ideas and goals can be so out there and original that they can be considered farfetched and unrealistic to an outsider's eye. While this archetype can see what's missing and know how to implement structure and set out goals to reach what they envision, they often skip important

details and stay engrossed into their own imagination without considering the actual facts that they might see as boring and/or obstructing. Also, this tritype is not known to be easy to work with because of their very high standards and moody or unpredictable attitude, which can be problematic when they work on an extended project or in teams;

## **Patterns & Structure**

- 145s are triple analytical and studying. This means that this archetype has all the three enneatypes in each center of intelligence that need to search a subject in depth, both intellectually and emotionally in order to come to an accurate and detailed conclusion. They can't be satisfied with normal or readily-found data, as they want to be as precise as possible in order to develop their competency and find new info that might have been overlooked. Self-preservation subtypes with this tritype are very withdrawn and independent, preferring to keep their interests private and often live in frugality. The five influence is usually very strong with this subtype since the FOUR fix here is the countertype and doesn't readily express their emotions like the other two subtypes and the ONE fix is very removed from its anger, expressing more anxiety for perfection. Sexual subtypes are very intense and passionate and often feel compelled to research about taboo or bizarre subjects that make them feel connected to the human body in some way. They have a combination of prickly and passionate attitude that make them quite magnetic even though they want privacy too like the self-preservation subtype. They love to have deep and detailed conversations with their loved ones. Finally, social dominants with this subtype are very rigid and have a lot of shoulds about what should be actually considered correct and meaningful information. They are often interested in metaphysics and/or spiritual fields that make them feel unique and superior of some sort. They love to teach and could make a terrific college professor;

- 146s are triple critical and judging. This means that this archetype has all the three enneatypes in each center of intelligence that want to submit external information to their inner critic in order to form an opinion about it and subsequently approve or dismiss it. While they are often seen as negative and pessimistic in their attempt to analyze the world, they actually possess tremendous wisdom and want to use it in such a way that would prevent people from experiencing pain, distress and/or being careless with their talents. The self-preservation subtype is very much concerned with tangible and financial security above all. The FOUR component is a little less outwardly seen here, as the ONE/SIX combination naturally enhances the security and anxiety aspect. This is the most prudent and reasonable 146 archetype. The sexual variant is more concerned about how to anticipate and prevent emotional ruin from consuming people and therefore make excellent therapists and life coaches. They are usually very sensitive to emotional bonds they create and maintain and can get very controlling at times if they feel that this link is in danger of being severed. Social subtypes of this tritype are usually involved in social groups or organizations that caters to the need of some type of individuals, often folks that are marginalized, hurt or can't help themselves;

- 147s are triple idealistic and vision. This means that this archetype has all the three enneatypes in each center of intelligence that want to look past the initial expectation of a product or a concept and develop it further—pushing its boundaries to create something unique, novel and exceptional. Whatever the subtype, they are passionate in what they do and don't want to have any limit to their creativity besides their own. Self-preservation variants are mellower than the



other two subtypes and can be a bit more down-to-earth. They like to entertain and are creative hard workers who can still be quite perfectionistic because of the ONE fix. Sexual subtype with this archetype is truly an intense combination that is extremely passionate and imaginative. They dream big and want to do big, too. The ONE/FOUR combination here is quite amplified with the fiery touch of the one-to-one variant. They can be very controlling and finicky when they get a picture of what they want to produce. Finally, the social subtype is more socially aware and often has a political or societal message behind their work. The ONE side is often stronger here because of the counter-gluttony SEVEN with this instinct. This can make them more willing to follow rules and teach people about how to use their vision and creative talents;

### **Possible Mistypes**

- Social SEVENS with a 147 tritype may see themselves as 146s because they are the countertype of the SEVENS;
- Self-preservation SIXES with a 146 archetype may mistype as a 145 since they are generally more introverted;
- Sexual ONES with a ONE + FOUR combination in their tritype might look like a FOUR + EIGHT tritype because they are the countertype of their enneatype and are more in touch with their anger;
- Social FIVES with a 145 tritype may look like a SEVEN and associate with being a 147;

### **MBTI**

- 145s' most common MBTI types are: INFJ (451), INTJ (514), INTP (541), and sometimes INFP (451). This tritype is most commonly found within introverted intuitives and are more rarely found elsewhere. ISTJ could be a potential sensing example here. Lots of judging types too;
- 146s' most common MBTI types are: INFJ (461), ISTJ (614), INTJ (614), and sometimes INFP (461). There are mostly introverted judging and intuitive types here. It's very rare to see an SP type with this archetype;
- 147s' most common MBTI types are: ENFP (741), ENTP (714), ENFJ (174), INFP (471), INFJ (417) and sometimes INTP (471). There aren't many sensing types with this tritype since this archetype is mostly represented with NP types. SJ types are rare with this tritype;

### **Miscellaneous Differences**

- 145s are often stereotyped as bookworms or nerds. This is less the case for 147s who are more extroverted and interested in many things;

- 146s are more doubtful of what they know to be true than 145s, who in turn are more confident in their capacity to understand and accumulate information;
- 147s struggle to keep their wishes realistic and harmonized within a structure. 145s and 146s are a bit more comfortable with that;
- 145s have a fairly even temperament beside their deep emotional lives. 147s are often all over the place trying to contain their divergent needs;
- 146s are much more security-oriented than 147s, who are more interested in fulfilling their vision;
- 145s are prickly and hard to know personally; 146s are more open to the outside world and seek external certainty and security more; 147s crave both rules and chaos, making them the least consistent;
- 147s are very creative and imaginative while 145s and 146s are less prone to be described that way;
- 146s are known to be very responsible and prepared while 145s are more in their own mind.

## **Comparing 1 + 5 Archetypes (152, 153, and 154)**

The 3 tritypes concerned with having ONE and FIVE fixes (125, 135, and 145) display these behavioral and psychological patterns:

- Pairing that is the most focused on accuracy and scientific methods of reasoning.
- Most cerebral combination.
- Usually display tastes for intellectual pursuits and a deep hunger for knowledge.
- Not easily satisfied with the superficial answers; knows what and how to search for them.
- Usually very focused mind that can hone in on what to extract from books and sources of information.
- Can give extremely detailed and structured information about a subject that they have studied.
- Probably one of the most aloof and emotionally distant pairing there is. A TWO wing or fix can help alleviate that tendency.
- Very curious mind. They want to know everything that something or someone has to offer.
- There is always an effort to be exhaustive and precise in their speech, while avoiding rambling if possible.
- Pairing that is the most uncomfortable with superficial chat and can be awkward in social situations.
- It's hard for them to let go of the formalities and be more open-minded for one. They can be stuck with their way of thinking and not welcome new situations because of this.
- Can be frustrated by the lack of standards and in-depth knowledge that others cannot display.
- Can be easily seen by others as know-it-alls, since they like to correct people on having accurate information.
- This pairing can suffer from mental exhaustion because of the level of accuracy and methodical search that they abide by on a daily basis.
- The 5 fix helps the core 1 to withhold judgment before complete thoroughness is achieved with studying and having a more objective outlook on a subject.
- The 1 fix helps the core 5 weigh which information is valuable or not and become more structured in its analysis.
- Doing things right, accuracy, repressing emotions, surgical, autistic, unaesthetic, logic, not malleable.

- Anger and Avarice combine into a meticulous, stern and cerebral character. People with this combination are true intellectuals who often choose to sacrifice efficiency by focusing more on establishing accurate standards and methods in order to ponder and look at things in a detached manner;
- Double competency stance; the need to detach from emotions and keep an objective eye to solve a problem is enhanced;
- Very precise, laser-focused and deep thinker energy;
- Masculine and rigid energy;
- The conscience-driven, moralistic ONE is at odds with the detached, system-building FIVE;
- There is a conflict between the ONE's need to be right according to internal standards and the FIVE's need to be competent according to objective metrics and pure data;
- Most likely combination to be considered intellectual, rational, and detached;
- 5 + 1 has the perceptiveness and thoroughness of the type 5 mixed with the practicality and morality of type 1, it pushes more to this cerebral aspect of both types but with more objectivity and groundedness on account of the 1.
- Focused, serious tone. Critical outlook. Theme of sacrifice, dissolves wholly into their projects. Special interest in knowledge, skill, and discoveries to improve health, society, the future, and the like. Concerned for others in the abstract; difficult to get close to.
- 5+1 combo makes for an inexpressive, very precision focused person

### **Differences Between Archetypes:**

#### **Communication skills**

- 125s are the most people-oriented of the ONE + FIVE combinations and thus like to provide their knowledge to others;
- 135s aren't very sociable, even when they're the social subtype, and can be very blunt and forceful when communicating to people;
- 145s are not prone to be quite social, but are more sensitive to their internal life, making their conversations a bit more heartfelt at times;

#### **Fields of Interests**

- 125s are interested in learning more about people and how to better connect and take care of them;

- 135s' specialty is about implementing what they've learned in a tangible way. They prefer to study about things rather than human relations;
- 145s love to learn about less practical subjects like science, philosophy, the occult, etc.;

### **Social Roles**

- 125s often take the role of an adviser and protector of people. They like to work with humans and understand their mechanisms;
- 135s prefer to achieve their goals and use their mental powers to perform and excel in their domain;
- 145s like to dig deeper into untouched waters and make seamless links between disciplines. They are good at finding out what's missing and what's been overlooked;

### **Potential Problems**

- 125s can be so attached to their own procedures and standards that they can come across as stubborn, demanding and intolerant. They can also become frustrated when helping people who have less stellar standards than theirs. Also, people can complain about the archetype's know-it-all and haughty tendencies, even if it's unintentional. Finally, they tend to over give their time and effort, then feel overwhelmed by all their commitments. They need to feel confident about the information they provide and control the way and amount of time they give to others in order to feel at ease with people;
- 135s can be so into defining and reanalyzing problems that they can lose the big picture in favor of the details. They can thus become obtuse, obstructive, and opposed to change. They can also have poor interpersonal skills that can hinder their credibility in the long run if they wish to promote their findings. Likewise, they really need to pay attention to how they speak to people as they are very data-oriented, losing the feeling part in the process. Finally, they can be arrogant and boast about their mental abilities, unintentionally making other people feel deficient or less skilled;
- 145s can be so identified in pursuing additional knowledge and getting accurate information that this daunting task can become exhausting and leave them irritated and intolerant of outside advice. This tritype is also very critical and prone to correct others in their observations, making it frequently unliked and annoying if this attitude is persistent in time. Given that this archetype also tends to be very withdrawn and values their alone time, they should try giving others the benefit of the doubt and allow themselves to be educated freely and not only by verifiable sources;

### **Patterns & Structure**

- 125s are triple details and advising. This means that this archetype has all the three enneatypes in each center of intelligence that want to help people pay attention to finer details in a structured and methodical way. They're usually very knowledgeable and like to use it for the greater good. They can be very private and removed from their environment and have a bit of anxiety in finding the right time and space to provide what they know. Self-preservation dominants of this archetype like to provide concrete tips and guidelines, and can appear more anxious and introverted than the other two subtypes. They are very humble and don't usually like to drag on long conversations unless required. Sexual 125s like to delve into deep thoughts and intellectual exchanges and may appear more emotional and possessive. They can also be less patient with other's incompetence and can be more pushy in their quest to seek intimacy and closeness. Finally, social subtypes with this tritype are naturally more involved with groups and can often take the role of a professor or expert of some sort in any given setting. They like to be known for their incorruptible nature and judicious advices;

- 135s are triple competency and exacting. This means that this archetype has all the three enneatypes in each center of intelligence that want to analyze and be precise with data in order to be productive. This archetype thrives in jobs and tasks that need them to be very detail-oriented and ultra-focused. They don't like when they need to deal with emotions or irrational topics. Self-preservation type with this tritype are extremely private and removed from their environment. The THREE side of this archetype is less showy and more focused on being efficient and productive. They can be surprisingly humble with their work and their skills, since the THREE here is going against vanity. Sexual dominants with this tritype are less stereotypical and are more fluid in their demeanor. They often put more creativity in their work than the other subtypes and can have a bit more access to their emotional needs. Social subtypes are very keen on being seen as the expert of their field and are less emotionally withdrawn than the other two subtypes. They seek recognition and often like to teach in a technical or scientific field;

- 145s are triple analytical and studying. This means that this archetype has all the three enneatypes in each center of intelligence that need to search a subject in depth, both intellectually and emotionally, in order to come to an accurate and detailed conclusion. They can't be satisfied with normal or readily-found data, as they want to be as precise as possible in order to develop their competency and find new info that might have been overlooked. Self-preservation subtypes with this tritype are very withdrawn and independent, preferring to keep their interests private and often live in frugality. The five influence is usually very strong with this subtype since the FOUR fix here is the countertype and doesn't readily express their emotions like the other two subtypes and the ONE fix is very removed from its anger, expressing more anxiety for perfection. Sexual subtypes are very intense and passionate, and often feel compelled to research about taboo or bizarre subjects that make them feel connected to the human body in some way. They have a combination of a prickly and passionate attitude that makes them quite magnetic even though they want privacy too like the self-preservation subtype. They love to have deep and detailed conversations with their loved ones. Finally, social dominants with this subtype are very rigid and have a lot of shoulds about what should be actually considered correct and meaningful information. They are often interested in metaphysics and/or spiritual fields that make them feel unique and superior of some sort. They love to teach and could make a terrific college professor;

## **Potential Mistypes**

- Self-preservation THREES with a 135 tritype can potentially mistype themselves as 145 or 125 because they are the countertype of the enneatype who goes against vanity and prefers to look humble;
- Social FOURS with a 145 tritype may look like a 125 because they are more socially-aware than the other subtypes;
- Sexual THREES with a 135 tritype have more access to their emotional life and therefore can be mistyped as a 145;
- Self-preservation FOURS with a 145 tritype can look like a 135 sometimes because they are more action-oriented and less openly emotional than the other subtypes;

## **MBTI**

- 125s' most common MBTI types are: INFJ (521), ISFJ (251), ISTJ (152), and sometimes INTP (512). Extroverted types are extremely rare with this tritype and judging types are more prevalent;
- 135s' most common tritypes are: ISTJ (153), INTJ (513), INTP (531), and sometimes ISTP (531). It's quite rare to see extroverted Myers-Briggs types with this archetype, and even less so feeling types. ENTJ could be an extroverted example (135);
- 145s' most common MBTI types are: INFJ (451), INTJ (514), INTP (541), and sometimes INFP (451). This tritype is most commonly found within introverted intuitives and are more rarely found elsewhere. ISTJ could be a potential sensing example here. Lots of judging types too;

## **Miscellaneous Differences**

- 145s are less preoccupied by performance and have more difficulty shapeshifting compared to 125s and 135s;
- 135s have the least amount of access to their emotions (even if sexual subtype) and is therefore the most arrogant, blunt ONE + FIVE combinations;
- 125s have internal conflict in which they want to go towards people but fear being overwhelmed by them. This is less problematic for 135s and 145s;
- 145s can be a bit more poetic and mystical in their choice of words. 135s' communication style is more straight-to-the-point and technical, and 125s will adapt their speech more to the common people;
- 125s are often seen as teachers or guides of some sort, while 135s don't particularly enjoy those kinds of activities, especially for the long run;

- 135s are better at making their work look attractive and convincing than 145s, who will focus more on the actual content before showcasing what they've worked on;
- 145s are moodier and can have periods of melancholy, while 135s are more removed from their emotional states;
- 125s care deeply about what people think of them, even though they don't show it often. They are also able to "mirror smile" more often than 145s;
- 135s can work on projects faster than 145s, who will take their time more to fully grasp the actual subject;
- 145s are more dependent on their internal state than 125s, who in turn are more affected by their emotional environment.
- Basically, I see the 1-2-5 as tipping things, in the heart triad, towards the sort of self-sacrificial idealism of 1—but at the cost of competency preoccupation which 3 brings. A warmer, maybe less scientific person, who will more readily throw science out the window for the sake of helping others. Both Twos and Threes can be workaholics, but Threes work better alone, and I think the 1-3-5 is ultimately the more reclusive trifix combo. The scholar, the diligent student, the expert practitioner. Whereas 1-2-5 is more like the field doctor, medic, or veterinarian. Objective, but involved, and conscious of others. Possibly does a lot of detailed work on their own, but they see themselves moreover as being in service of others. In some ways, 1-2-5 is a more “balanced” trifix/tritype. 1-3-5 gets overloaded with competency issues and comes out becoming too rigid and logical for humanitarian work—people seem too chaotic. 1-3-5s know their own abilities and studies best, so they stick with those. They aren't “by the book” but would rather write the book themselves. They suffer more from feeling that they lack the innate ability to help others, so they practice more, try to get ahead, prepare, theorize, get involved with projects that keep face-to-face interaction to a minimum, but want to get things just right. More perfectionist, more critical.

#### 125 vs. 145

What is more important to you, staying true to your authenticity and the search for personal expression (FOUR) or being important and appreciated by others (TWO)?

FOURs search inward by searching for what makes them emotionally alive and truthful to themselves, while TWOs search outward for validation and try to meet others' needs for them to be noticed.

#### 125 vs. 135

TWOs' core needs are to be desired and appreciated, to feel that they are wanted and loved. But in order to get those, they feel that they must invest time to be part of other people's lives and appear selfless or generous. In doing so, they hope that others might notice how they care about them and recognize their dedication. If they feel that the favor wasn't requited to their liking, they become bitter and hostile. More particularly, 2w3s want to appear like a bountiful giver of good news by making a strong impact.



THREEs' core needs are to be seen as competent in their role and as exemplary images of something highly esteemed. Thus, they want to be the best at something and excel at that they do. They typically lose touch with their identity to be over identifying with and cultivating an image of success, making them anxious about the day people might see them as less awesome than whom they try to appear. THREEs run the risk of becoming human doings, frantically seeking activity and results to convince themselves that they are worthy of being loved. They measure love by quantity and amount of feats done. More particularly, 3w2 wants to cultivate a likeable and caring image, so they achieve with more appeal and external support.

## **Comparing 1 + 6 Archetypes (162, 163, and 164)**

The 3 tritypes concerned with having ONE and SIX fixes (126, 136, and 146) display these behavioral and psychological patterns:

- Pairing that is the most focused on fulfilling its duties, being responsible.
- This is the turtle in the Turtle & Rabbit Race tale, or the ant in the Ant and the Grasshopper tale.
- Most structure-oriented of all pairings.
- Wants to plan ahead and give little space to surprise.
- Trust is not only a concept, but a vital line of conduct.
- May be a bit intolerant of innovative and counterculture ideas.
- Usually not a very creative combination (unless with FOUR fix and SEVEN wing).
- Wants a secure and trustworthy environment to implement rules and regulations.
- Can take up a leadership position and still be sensitive to the underdog.
- May risk being too rigid and intolerant of new ways of doing things.
- Can be overly procedural and cautious in its approach to daily tasks.
- SIX can oscillate between periods of phobic and counterphobic phases.
- Feels obligated to work and do what's needed to maintain order in their lives.
- Too much pressure can make them irritable and exhausted, so they need to learn to take some time off to relax.
- Doesn't understand people who don't follow the rules and may even have disdain for them.
- Works hard to gain acceptance and recognition from authority (most apparent with 136, least with 146).
- Laziness and indolence are seen as unacceptable. If people need help, then they should at least work for it.
- The 6 fix helps the core 1 to be less formal and make alliances with people, so they can share their views and discuss what's important to them.
- The 1 fix helps the core 6 to anchor their doubts and fear onto an ideal and feel compelled to orient its life according to its precepts.

- Needing to be certain, inflexibility, criticality, friendly, morality, anxious anger, frustrated reactivity, outraged at others' behavior, attention goes to what's right and shouldn't be happening, accusing, rules, procedure, structure, "real life," comedy of reality, funny hard truths, Seinfeld
- Anger and Fear merge into a rule-abiding, security-seeking personality. Those three archetypes are naturally geared toward seeking certainty and noticing inconsistencies in their environment and setting metrics according to moral standards. This makes them very methodical and procedural;
- Double Compliant stance; the need to adhere to external and internalized rules, social conducts, and do what's expected of them is amplified;
- Responsible, security-oriented energy;
- Neutral energy, maybe slightly masculine;
- The internal standard-seeking, rule-defining ONE is at odds with the external standard-seeking, rule-abiding SIX;
- There is real conflict between the ONE's need for independence and gaining leadership and the SIX's search for external certainty and security following;
- Most likely combination to be seen as responsible, trustworthy, and hardworking;
- High rigidity/uptightness and an extremely categorical, black-and-white outlook on moral issues
- 6 by nature is questioning and doubting, but 1 fix is supremely uncomfortable with uncertainty and lack of structure. 6+1 tends to want to understand a concept or scenario at 100% with no stone left unturned. When there's uncertainty along the way, or when something doesn't quite fit or make sense, the 6+1 feels mental discord and needs to put everything neatly in a structured place. 6+1's become extremely frustrated when things are inaccurate or flaky. 6 is always questioning discrepancies, but what it really wants is to be able to yield to something that's actually true and finally stop asking questions. With 1 fix, there's no room for ambiguity. 1 as a frustration type pulls 6 into the place where it is dissatisfied with its own thinking process and needs to refine it.
- When you have 1 and 6 coming together, you also get that tendency to critique things, which can lead to appearing judgmental.

### **Differences Between Archetypes:**

#### **Leadership Style**

- 126s are more likely to be democratic and let other people take the lead at times. They also prefer to take the role of the adviser than the actual chief of operations;

- 136s are comfortable in the shoes of a leader and can be very good at implementing changes for the sake of results. They can be more bossy and less empathetic;
- 146s prefer a more behind-the-scene type of leadership and like to take the role of an adviser over the one of a commander;

### **Anxiety Management**

- 126s ease their anxiety by comparing and adjusting to the current standards of their teammates and managers; they may also create relationships in order to reduce their fear of being unwanted and not enough;
- 136s reduce their anxiety levels by focusing on their goals and increasing their efforts to achieve what they want;
- 146s reduce their anxiety by questioning the underlying reasons that cause them to be anxious in the first place. They are thus able to better predict and anticipate future anxiety episodes by doing this;

### **Sensitivity**

- 126s are sensitive to the relationships they create and bond with because they serve a strong underlying need to be present for others and to be needed;
- 136s are sensitive to the overall work they produce and how it is perceived by a select group of authorities. They want to preserve their integrity and successful image at all costs;
- 146s are sensitive to the impact they have on others and the significance behind it all. They are also very sensitive to their own doubts and making the right choice;

### **Potential Problems**

- 126s forget their own needs and overfocus on others'. They can appear nosy, controlling, and nagging because of their overwhelming presence they can give to people when trying to help and educate others. They can also feel self-righteous and militant about their values and causes, which can irk some people. This archetype can also become too anxious and self-conscious about its own impact on their environment, constantly adjusting itself in order to meet internal and external standards, which can become exhausting for them;
- 136 is the tritype that is the most at risk of losing themselves in their work and thus can become workaholics. They may be uncomfortable about not doing a task correctly and can be anxious if they feel that their work is not good enough. Since they are so adamant about making a difference in their workplace, they can become downright tyrannical if they are in a position of leadership and don't keep their perfectionistic tendencies at bay. Additionally, they can become

suspicious of people who don't want to cooperate and show an air of rebelliousness and can make them pay their way of seeing things;

- 146s often have the tendency to challenge and put in question every tidbit of information that seems off or too superficial according to them. While they might refrain from saying what they've got in mind in fear of appearing impolite or annoying, this can make them very critical and judging of other's opinions and make other people turn their back against their numerous advice. This is problematic because they only wish to prevent others from making erroneous judgments and putting themselves into hot waters. This tripe may reconsider their communication style and reduce the amount of advice and opinions that they give out in light of all this;

## **Patterns & Structure**

- 126s are triple compliant and hesitant. This means that this archetype has all the three enneatypes in each center of intelligence that try to adjust itself to the moral viewpoint and expectations of its environment in order to feel included, safe, and appreciated. This tritype is very helpful, and needs to meet (and often surpass) the authority's expectations for the sake of being satisfied with its own inner standards. Self-preservation subtypes of this archetype are anxious individuals who almost always veer into the secure side of things if something doesn't feel right or is off. They are very perfectionistic in all they do and can be overly cautious in doing so. The sexual variant is less focused on safety in the material sense and more concerned about faithfulness in their intimate relationships. They don't fit the stereotypical compliant stance of this archetype because they can spring into action when needed and are more in touch with their instinctual nature. However, they are quite rigid about everything going their way and can manifest their anger with surprising intensity. Social subtypes are the most rigid and rule-abiding of the three variants. They embody the teacher or role-model to turn to and follow, and can be quite prideful in doing so. This is also a very militant subtype;

- 136s are triple doing and industrious. This means that this archetype has all the three enneatypes in each center of intelligence that need to provide excellence in their work and typically won't stop perfecting their game until they are meeting or surpassing expectations. This tritype often want to meet societal standards and be seen as an example or a role-model in their community (especially if social dominant). Self-preservation subtypes are humble and very practical. They are often anxious about performing their best in order to secure what they've earned, and are generally quite disciplined and frugal in life. They can often be stuck in a rut and become overly rigid in their routine and lifestyle. Sexual subtypes are a little more charismatic and able to act faster than self-preservation subtypes. They can be surprisingly emotional about what they consider dear to them, but can also be controlling and testy with the people they don't trust. Social subtypes are the ones who seek recognition and fame the most and can work really hard to attain it. They like to show off what they are made off and like to be seen as exemplary or a moral icon;

- 146s are triple critical and judging. This means that this archetype has all the three enneatypes in each center of intelligence that want to submit external information to their inner critic in order to form an opinion about it and subsequently approve or dismiss it. While they are often

seen as negative and pessimistic in their attempt to analyze the world, they actually possess tremendous wisdom and want to use it in such a way that would prevent people from experiencing pain, distress and/or being careless with their talents. The self-preservation subtype is very concerned with tangible and financial security above all. The FOUR component is a little less outwardly seen here, as the ONE/SIX combination naturally enhances the security and anxiety aspect. This is the most prudent and reasonable 146 archetype. The sexual variant is more concerned about how to anticipate and prevent emotional ruin from consuming people, and therefore make excellent therapists and life coaches. They are usually very sensitive to emotional bonds they create and maintain, and can get very controlling at times if they feel that this link is in danger of being severed. Social subtypes of this tritype are usually involved in social groups or organizations that cater to the needs of some type of individuals—often folks that are marginalized, hurt, or can't help themselves;

### **Possible Mistypes**

- Self-preservation FOURS with a 146 tritype can look like a 136 because of them being the countertype of their enneatype;
- Social TWOS with a 126 tritype may be tempted to identify with the 136 archetype, especially if possessing a strong THREE wing;
- Sexual THREES with a 136 tritype may look like a 126 or a 146 because of the higher access to emotions, in which the other two subtypes have a harder time with;
- Sexual ONES with a SIX fix can look like being a core EIGHT because of the anger manifestation being easier for this subtype;

### **MBTI**

- 126s' most common MBTI types are: ESFJ (216), ISFJ (621), ENFJ (216), INFJ (621), and sometimes ESTJ (126). As you can see, this archetype is very feeling and judging oriented, and it's uncommon to see thinking types with this tritype;
- 136s' most common tritypes are: ESTJ (136), ISTJ (163), and maybe ESFJ (361). This archetype is the most recognizable when paired with STJ and are almost never seen as an SP, NF, or NT;
- 146s' most common MBTI types are: INFJ (461), ISTJ (614), INTJ (614), and sometimes INFP (461). There are mostly introverted judging and intuitive types here. It's very rare to see an SP type with this archetype;

### **Miscellaneous Differences**

- 146s have more access to their inner life and overall sensitivities than 126s and 136s, who in turn are more outward-oriented;

- 126s usually have a more soft-spoken and diplomatic communication style than 136s who are more abrupt and bossy;
- 136s will work until they are exhausted if they feel that's the way they should act, while 126s will consider talking to someone if they have a problem achieving something;
- 136s are the most prideful and decisive-looking of the three archetypes, while 146s are the most doubtful and questioning;
- 126s are more likely to readily give out advice in order to create a bond between someone; 146s will probably hesitate and filter their intuition through their judgment before doing the same thing;
- 136s are the most active out of the three archetypes, while 146s are the most passive;
- 146s can really doubt their own capacity to be competent and fair, as they are constantly questioning everything. 136s try to avoid doubt by overfocusing on actions;
- 126s are often giving too much of their time in order to be appreciated and loved; 146s are more removed from the social scene and can therefore be more independent;
- 146s are more introverted than 126s and 136s;
- 136s and 126s can avoid looking at their needs so much so that they can crash and be more prone to sudden burnouts and depression. For 146s, the pain is more readily felt;

#### 126 vs. 146

What is more important to you, staying true to your authenticity and the search for personal expression (FOUR) or being important and appreciated by others (TWO)?

FOURs search inward by searching for what makes them emotionally alive and truthful to themselves, while TWOs search outward for validation and try to meet others' needs for them to be noticed.

#### 126 vs. 136

TWOs' core needs are to be desired and appreciated, to feel that they are wanted and loved. But in order to get those, they feel that they must invest time to be part of other people's lives and appear selfless or generous. In doing so, they hope that others might notice how they care about them and recognize their dedication. If they feel that the favor wasn't requited to their liking, they become bitter and hostile. More particularly, 2w3s want to appear like a bountiful giver of good news by making a strong impact.

THREEs' core needs are to be seen as competent in their role and as exemplary images of something highly esteemed. Thus, they want to be the best at something and excel at that they do. They typically lose touch with their identity to be over identifying with and cultivating an image of success, making them anxious about the day people might see them as less awesome

than whom they try to appear. THREEs run the risk of becoming human doings, frantically seeking activity and results to convince themselves that they are worthy of being loved. They measure love by quantity and amount of feats done. More particularly, 3w2 wants to cultivate a likeable and caring image, so they achieve with more appeal and external support.



## **Comparing 1 + 7 Archetypes (172, 173, and 174)**

The 3 tritypes concerned with having ONE and SEVEN fixes (127, 137, and 147) display these behavioral and psychological patterns:

- Enhances the natural line of connection to ONE and SEVEN.
- Pairing that is the most focused on joining order and chaos together.
- Pairing opposing two different polarities that can be difficult to sustain harmoniously.
- People with this combination are often idealistic and want to bring structure with enjoyment.
- May let go of the pressure of the internal critic more easily than the other ONE combinations.
- Can look serious and enthusiastic at the same time.
- Perfectionist, even in their creative side.
- May be hard to follow with their high ideals.
- Often have an eye for detail and see the big picture at the same time.
- Want to build something interesting in an orderly fashion.
- Often pushes their innovative side too much that they end up dissatisfied or burned out.
- Anger is managed by letting go of the pressure through finding a new way for doing tasks.
- Their creativity must be used purposefully, and this dichotomy can be incredibly dissatisfied with things.
- Can't stop thinking about how they can improve their environment or find new ways of transmitting information and achieving goals. Unpredictable emotional demonstrations; mostly anger and frustration (especially if dominant sexual instinct).
- Often have a strong connection to their intuitive function (MBTI) regardless if intuitive dominant or not.
- The 7 fix helps the core 1 to unwind and let go of the rigid standards by thinking outside the box and focusing on the possibilities.
- The 1 fix helps the core 7 to focus on putting their creative side under some structural guidance and filter through unnecessary chaos.
- Standards and vision, exploration with structure, idealism, firm but fun, kite with a tether, playful teacher, future planning of structures, architectural.

- Anger and gluttony merge into an internally conflicted, unpredictable, and frustrated personality. People who have this combination have often opposing tendencies ingrained in them: one energy pulls toward structure and standards, the other one toward fun and excitement;
- Double frustration stance; the need to feel that life isn't going to fulfill and satisfy its own wishes and wants is enhanced;
- Conflicted, idealistic and irritated energy;
- A very fluctuating neutral energy that swings between order and chaos;
- The structure-building, conscience-driven ONE is very at odds with the experience-driven, insatiable SEVEN;
- There is a very great conflict between the ONE's need to be compliant to its inner critic and the SEVEN's need to be freed from any constraint;
- Most likely combination to be seen as having dramatic ups and downs, and being in contradiction with itself;
- The line between ONE and SEVEN links two opposite concepts together: the ONE part needs to shape and refine its environment to its specific standards (control) and the SEVEN part emphasizes the need to explore the numerous sensations and be mentally stimulated by them. When ONE and SEVEN meet in a tritype, they automatically bring out those two opposite forces front and center, thus the individual can be torn between the need for control and chaos. This can bring a lot of anxiety and irritation; since when they want to indulge and enjoy what their environment has to offer (SEVEN), they can't seem to be able to completely let go and relax because of the ONE's sense of duty and strong superego. On the other hand, if they want to make something worthy of their time (ONE), the SEVEN energy jumps in, telling them that it must be enjoyable and fun in order for them to be completely invested in it. While we could argue that every tritype brings about this kind of push-pull energy at times, this is really amplified with this ONE-SEVEN line. Even more so with the 147 tritype because of the additional need for FOUR to create something meaningful and deep.
- (Anecdote from someone's s/o) Her 7-fix really shines through her optimism for the future, pleasure, and novelty-seeking in terms of new experiences (it would be tough for me if I didn't have someone who wanted to try new things as much/often as I do). We bond through our shared 7-fix and run our life/household through the 1. My 1 core and her 1 fix basically created a very functional household with the 7-ish ability to create a lot of unique ways for enjoying each other's company as well. There's always new ideas and ways to go out and have fun, or find ways to just have a wonderful time if we're staying in. Either through playing video games together, having a date night, Netflix and chill, novel sexual experiences, or going out to theme parks and road trips.

### **Differences Between Archetypes:**

#### **Emotional Rapports**

- 127s want to create harmony at all times and love to be part of a social grouping because they feel needed and appreciated;
- 137s care more about the overall impression that they can give to others, instead of actually creating emotional bonds and showing their vulnerabilities;
- 147s often want a special and unique relationship in which they can share their inner thoughts and emotions;

### **Productivity Levels**

- 127s can be very productive, but only if they are in a positive and supportive environment, otherwise they can quickly be demoralized and depressed;
- 137s are the most productive out of the three archetypes. Once they focus on their goals and adapt to their environment, only boredom can deter them from working;
- 147s are often erratic in their productivity levels, since they are prone to mood swings and bouts of melancholy because they are sometimes overfocusing on their internal needs;

### **Creativity**

- 127s can be quite creative in order to solve social and relationship issues. They love to come up with interesting methods to get people to get along;
- 137s are ingenious people in the sense that they put their creativity in service to their need for recognition and hard work. They can come up with great ideas when dealing with an opportunity to be productive;
- 147s are very creative in the most classic sense of the word, meaning that they often have artistic flair to their senses and know how to transform an ordinary work to an unusual piece;

### **Potential Problems**

- 127s can oscillate too frequently between the need to keep things positive and fun and a more rigid and controlling attitude. This dichotomy can be hard to balance and may account for considerable internal tension that needs to be addressed. Additionally, they can make light of a situation when it could have been better taking it more seriously and vice versa. This very positive tritype may hide its pain and negativity in order to avoid rejection and disconnect from their environment;
- 137s are perfectionists, and with that comes very high ideals that are often hard to keep up with. This can make this person very difficult to work with because of their tendency to swing between their need for structure and innovation, giving them a somewhat unpredictable nature. Like their fellow ONE + THREE tritypes, they can be overly focused on their work, but become

more quickly irritated if the tasks are too repetitive and boring. Their constant need for change and variety can make them frustrated and tense if nothing goes according to their vision;

- 147s' ideas and goals can be so out there and original that they can be considered farfetched and unrealistic to an outsider's eye. While this archetype can see what's missing and know how to implement structure and set out goals to reach what they envision, they often skip important details and stay engrossed into their own imagination without considering the actual facts that they might see as boring and/or obstructing. Also, this tritype is not known to be easy to work with because of their very high standards and moody or unpredictable attitude, which can be problematic when they work on an extended project or in teams;

## **Patterns & Structure**

- 127s are triple other-oriented and teaching. This means that this archetype has all the three enneatypes in each center of intelligence that need to be in contact with people and provide helpful information in a fun way, regardless of the subtype they lead with. They are definitively people persons that like to connect with people and almost always want to help people look at things in a new, better angle, making them energetic and optimistic. Self-preservation with this subtype are excellent at providing concrete support and enjoying life at its simplest form. They aren't as demanding and spiritual as the other two subtypes, and thus respect their limits more. Sexual dominants with this tritype are idealists who often want to reform and mold the world to their liking. They are less in touch with reality, but often have tremendous charisma and energy to accomplish what they want. They tend to become very frustrated with outside limitations and can become moody more easily. Social 127s are quite sunny in character, but can view their sin of gluttony as a hindrance to their ideals and consequently try to avoid showing it in public. They are usually very active and involved in numerous group activities and like to add their optimistic viewpoint to the table;

- 137s are triple perfectionist and improving. This means that this archetype has all the three enneatypes in each center of intelligence that prefer to ask itself "what can be done better" and outperform others by pure ingenuity. They like to seek opportunities to promote themselves and present their work in a fun and creative way. They always have the eye to see that something might be better and/or more effective than what it is at its current state. Self-preservation subtypes are very industrious and practical in their work. They are also known to be opportunistic and clever in getting the right contacts to get the best outcome. Overall a very outgoing variant. The Sexual dominant is very idealistic—and bizarrely dreamy too! They are the least practical and savvy of all three subtypes and care more about pleasing and seducing others while also having a controlling stance in private. They can be enigmatic and a bit eccentric, since the subtype doesn't mix well with the archetype. Finally, the social variant is more concerned with keeping an innovative and sustaining image while keeping their enthusiasm in check. Social recognition is often very important to this tritype, and they need to maintain a pure, incorruptible persona to the world;

- 147s are triple idealistic and vision. This means that this archetype has all the three enneatypes in each center of intelligence that want to look past the initial expectation of a product or a concept and develop it further, pushing its boundaries to create something unique, novel and

exceptional. Whatever the subtype, they are passionate in what they do and don't want to be put any limit to their creativity besides their own. Self-preservation variants are mellower than the other two subtypes and can be a bit more down-to-earth. They like to entertain and are creative hard workers who can still be quite perfectionistic because of the ONE fix. Sexual subtypes with this archetype are truly an intense combination that is extremely passionate and imaginative. They dream big and want to do big, too. The ONE/FOUR combination here is quite amplified with the fiery touch of the one-to-one variant. They can be very controlling and finicky when they get a picture of what they want to produce. Finally, the social subtype is more socially aware and often has a political or societal message behind their work. The ONE side is often stronger here because of the counter-gluttony SEVEN with this instinct. This can make them more willing to follow rules and teach people about how to use their vision and creative talents;

### **Potential Mistypes**

- Sexual THREES with a 137 tritype can look like a 147 because of the countertype's access to their emotional life;
- Self-preservation FOURS with a 147 tritype can be mistaken as a 137 again because of the countertype's tendency to go against their core sin (in this case, showing envy);
- Self-preservation TWOS with a 127 tritype can look like a 147 because they are more in touch with their needs than the other two subtypes;
- Social SEVENS with a ONE fix can look like a SIX at times, since they are counter-gluttony and are more socially aware than the other two subtypes;

### **MBTI**

- 127s' most common MBTI types are: ESFJ (217), ENFJ (271), ENFP (721), and sometimes ESFP (721). There aren't a lot of introverted or thinking Myers-Briggs types with this tritype. The only introverted type that could fit the bill is INFJ (127);
- 137s' most common tritypes are: ENTP (731), ESTP (731), ENTJ (713), and sometimes ENFP (731) or ESTJ (137). This is a very extroverted tritype so introverted Myers-Briggs types aren't very common. Both perceiving and judging types can be found here, but most of them are either NT or SP. Very few feeling types too;
- 147s' most common MBTI types are: ENFP (741), ENTP (714), ENFJ (174), INFP (471), INFJ (417), and sometimes INTP (471). There aren't many sensing types with this tritype and this archetype is very represented with NP types. SJ types are rare with this tritype;

### **Miscellaneous Differences**

- 127s are very upbeat and can gloss over more dull or sad situations, which isn't much the case with 147s;

- 137s are very good at looking at the small details and the big picture, while 127s and especially 147s aren't that naturally good at it;
- 147 is the most tense and inner conflicted tritype. They have frequent ups and downs and must shift their perspective fairly often in order to keep their vision fresh. This is less the case for 127s and 137s;
- 127s are the most patient with people (out of the three archetypes) while 137s and 147s can often see others as being obstructive and dull;
- 137s' main goal is to impress in one way or another by making something unique and worth promoting; 127s don't like to be too goal-oriented, and want connections with people first;
- 147s are very good at seeing what's missing in an area and can muster all their creative juices in order to make their vision a reality, while 127s focus more on creating relationships and learning through entertainment;
- 127s are the best archetype in relation to teaching something to people. While 137s and 147s can teach too, they don't have the same breadth and scope of the 127s and like to specialize more;
- 127s are the archetypal primary school teacher, while 137s are the archetypal engineer and 147s are the quintessential designer;
- 147s can be great at forecasting and predicting the new trends and habits of tomorrow—a quality not shared by 127s;
- 137s make excellent sellers and promoters since they are opportunistic and daring. This is less the case for 127s;
- As for distinguishing 713 or 714, look for what is more important to express in your life: success and recognition (THREE) or personal vision and self-expression (FOUR)? Do you tend to be more technical and precise when working with data (713), or would you rather be emotionally expressive through your work (714)? Do people you know complain that you may be too idealistic and impractical (714), or that you're like the Energizer bunny and know how to push yourself to higher standards, making you kind of an overachiever (713)?
- The 371 is very positive, orderly, and success-oriented. They are focused on the goal and building the foundation, especially if self-pres. They are often empire builders. Likewise, they need completion. The 271 is less foundational and more people oriented. They are very positive and upbeat. They focus more on relationships, whereas the 371 focuses on the achievement.

### 127 vs. 147

What is more important to you, staying true to your authenticity and the search for personal expression (FOUR) or being important and appreciated by others (TWO)?

FOURs search inward by searching for what makes them emotionally alive and truthful to themselves, while TWOs search outward for validation and try to meet others' needs for them to be noticed.

### 127 vs. 137

TWOs' core needs are to be desired and appreciated, to feel that they are wanted and loved. But in order to get those, they feel that they must invest time to be part of other people's lives and appear selfless or generous. In doing so, they hope that others might notice how they care about them and recognize their dedication. If they feel that the favor wasn't requited to their liking, they become bitter and hostile. More particularly, 2w3s want to appear like a bountiful giver of good news by making a strong impact.

THREEs' core needs are to be seen as competent in their role and as exemplary images of something highly esteemed. Thus, they want to be the best at something and excel at that they do. They typically lose touch with their identity to be over identifying with and cultivating an image of success, making them anxious about the day people might see them as less awesome than whom they try to appear. THREEs run the risk of becoming human doings, frantically seeking activity and results to convince themselves that they are worthy of being loved. They measure love by quantity and amount of feats done. More particularly, 3w2 wants to cultivate a likeable and caring image, so they achieve with more appeal and external support.

## **Comparing 2 + 5 Archetypes (258, 259, and 125)**

The 3 tritypes concerned with having TWO and FIVE fixes (258, 259, and 125) display these behavioral and psychological patterns:

- Pairing that is the most interested in learning about why people do what they do.
- Appears emotionally guarded and amiable at the same time. Pairing opposing, two different polarities that can be difficult to sustain harmoniously.
- Oscillate between the need to reach out to others and retreat inside their minds.
- Often attentive and observant of others' many needs and behaviors.
- Good listeners; want to understand what people have to say without being intrusive.
- Sociable, but they need a lot of alone time.
- Deny their own needs and may think that others might need them and not the reverse.
- Less likely than other TWOs to feel openly entitled and resentful of others if they don't show immediate appreciation for services and deeds.
- Often express anger and hostility in an indirect manner, even if core EIGHT.
- Can spend a long time of their day observing and analyzing people.
- Often have hidden intentions, not truly open with what they want.
- Learn early how they can be of service and appreciated while not being overwhelmed by their environment.
- Help people by giving out advice, tips, and personal knowledge.
- Pride comes from being knowledgeable and not feeling the need to spend too much time with people to be satisfied.
- Often provide help, then return to the shadows when they are done.
- Some people with this combination make very good psychologists, advisors, etc.
- Often more comfortable with one-on-one conversation than with a crowd.
- Manage avarice by limiting and controlling time and resources allocated to people.
- The 5 fix helps the core 2 to pull back from the action and be more aware of the subtle interactions and be interested in it.



- The 2 fix helps the core 5 to pitch in and be part of the group and understand that they can profit emotionally from what they know.
- Control via knowing what's best, hiding own needs, giving from a distance, self-erasing
- Pride and Avarice combine into an observant, detail-oriented personality that wants to understand people from a certain distance. This is quite a peculiar combination because the core needs are very opposite and will be alternating within the overall character;
- Double rejection stance; the need for ignoring one's own needs and tending to one's feelings of being rejected by others is intensified;
- Mix of active and passive energy; very sponge-like mind;
- A bit more feminine energy;
- The relationship-seeking, befriending TWO is at odds with the solitude-seeking, observant FIVE;
- There is a very strong dichotomy between the TWO's emotional openness and need for closeness versus the FIVE's intellectual detachment and need for independence;
- Most likely combination to be viewed as being much more knowledgeable than they look;
- 2+5s: They're schemers at heart. They combine their intellectualism with their emotionality to create sure-fire strategies that are bound to end with them projecting a "positive" image. They learn as much as possible from their environment to understand its rules and regulations, so they can then proceed to accommodate their image to it and therefore "fit in". This was the problem with Alice, as she could not understand her environment, thus her 5-fix had trouble. And because her 5-fix had trouble understanding, then her 2-type could not accommodate to the environment so easily. This led her to become frustrated and upset with her environment for not providing her coherent and consistent rules. The inconsistency of the rules and her natural tendency to accommodate the surrounding rules is what led her to become confused about her image.

### **Differences Between Archetypes:**

#### **Energy Manifestation**

- 258s can have an imposing, menacing presence even when relaxed. They are constantly studying their environment for threats and power struggles;
- 259s are the least assertive of all the tritypes and therefore don't have a very strong presence. They are very humble and gentle in demeanor;
- 125s are the most intellectual-looking of the three archetypes and the most likely willing to be actively helping people in a specific task by giving out detailed advice;

## **Anger Manifestation**

- 258s are one of the most unpredictable tritypes and thus can have a volatile temper that can erupt seemingly out of nowhere when they feel wronged in some way;
- 259s have a very hard time getting angry because they don't want to be at odds with people. Besides that, it usually takes them a lot of energy to be openly angry, so they usually keep it inside;
- 125s really don't like to get angry because this makes them really out of character. They prefer to suck up the frustration until they can't take it anymore and bolt out of society to explode in private;

## **Advice Given**

- 258s like to give out advice in a strategic, cunning way so that the recipient can win their goals effectively without getting too much in trouble. They are nurturing, but very firm about their help so that people can't refuse them;
- 259s may only offer their help in a non-intrusive way, as they are very shy about making waves and prefer to give uncomplicated, practical help in order to be heard;
- 125s like to dispense elaborate and detailed information that can help people for solving very specific problems. They can dwell too long on some elaborate information at times;

## **Potential Problems**

- 258s are often so much in a controlling stance, keeping people from affecting them and instead injecting their personal intervention in their lives, that they come across as being enigmatic, unpredictable, and pushy. They can be so well guarded that they can close themselves up to their own needs and vulnerable side, so much so that they may feel empty and desperately in need of love from someone. There is a hypersensitivity to being impacted and losing control of oneself here;
- 259s may have a hard time being taken seriously at times because of their unassertive and overall gentle nature. They are also one of the most prone tritypes to be exploited for their giving character and meek demeanor. Because of that, they may avoid stating their opinion or flat out start believing that they don't matter unless they make people happy (a ONE wing, either from NINE or TWO, exacerbate those tendencies);
- 125s can be so attached to their own procedures and standards that they can come across as stubborn, demanding and intolerant. They can also become frustrated when helping people who have less stellar standards than theirs. Also, people can complain about the archetype's know-it-all and haughty tendencies, even if it's unintentional. Finally, they tend to over give their time and effort, then feel overwhelmed by all their commitments. They need to feel confident

about the information they provide and control the way and amount of time they give to others in order to feel at ease with people;

## **Patterns & Structure**

- 258s are triple rejection or relationist. This means that this archetype has all the three enneatypes in each center of intelligence that try to distance and protect themselves from experiencing rejection and pain from feeling estranged. They are really adept at developing and using strategies in relation to observing and controlling human behavior. This is possibly the most unpredictable and malicious tritype, especially when unhealthy. The self-preservation subtype is more introverted, so the FIVE fix is intensified for the most part. This subtype is characterized by its greater need for independence and defense structures related to food and money. The sexual subtype often has a passionate streak and dearly protects their intimate circle against detractors. They can be surprisingly soft and tender-hearted, but exert a great deal of control onto their close friends. Dominant social variants are a little more prideful and militant about what they know and may want to be a dominant figure in a group or selective society. They are the most intellectual and people-savvy of all three subtypes;

- 259s are triple removed and conflict avoiding. This means that this archetype has all the three enneatypes in each center of intelligence that tries to get along with people without making a wave of any sort and keep a low profile. While 459 is sometimes considered the shyest tritype, it is really the 259 that fits the bill better, as they are harder to convince to assert themselves. They mostly opt for being an observer and connect to people in a very unintrusive way. This tritype often has a dominant self-preservation instinct in their stacking, and that makes them even more removed from their environment. With sp dom, they often display a slight childlike nature from the TWO fix, and they can unintentionally be overprotected because of their vulnerable look. For sexual variants, this tritype can be a little more needy and seeks to merge with a potential partner (NINE fix). This variant can also make excellent one-on-one counselors or romance novelists. Finally, social variants are a bit more extroverted and intellectual, especially if lead with FIVE. This 259 is more participating and engaging than the other two variants and can thus mistype more easily with other more outgoing tritypes;

- 125s are triple details and advising. This means that this archetype has all the three enneatypes in each center of intelligence that want to help people pay attention to finer details in a structured and methodical way. They're usually very knowledgeable and like to use it for the greater good. They can be very private and removed from their environment and have a bit of anxiety in finding the right time and space to provide what they know. Self-prerservation dominant of this archetype like to provide concrete tips and guidelines and can appear more anxious and introverted than the other two subtypes. They are very humble and don't usually like to drag on long conversations unless required. Sexual 125s like to delve into deep thoughts and intellectual exchanges and may appear more emotional and possessive. They can also be less patient with other's incompetence and can be more pushy in their quest to seek intimacy and closeness. Finally, social subtypes with this tritype are naturally more involved with groups and can often take the role of a professor or expert of some sort in any given setting. They like to be known for their incorruptible nature and judicious advice;

## **Potential Mistypes**

- Sexual ONES with a 125 tritype can mistype as a 258 because of the easier access to anger and by being the countertype;
- Social EIGHTS with a 258 tritype can look like a 125 because of the mellower aspect of anger displayed, especially with a NINE wing;
- Social NINES with a 259 tritype can frequently mistype as a 125, especially with a ONE wing (looks more active and dutiful);
- Self-preservation EIGHTS with a NINE wing could potentially look like a 259 because of the introverted stance of the subtype;

## **MBTI**

- 258s' most common MBTI types are: ESTJ (825), ENTJ (852), ESFJ (285), and sometimes ENFJ (285) or ESTP (852). While it's true that introverted Myers-Briggs types can be this tritype (mostly INTJ or INFJ), the EIGHT and TWO energies naturally align more with extroverted types. Perceiving types are less likely to be this archetype;
- 259s most common MBTI types are: ISFJ (925), ISTJ (952), INFJ (529), and sometimes INFP (952) or ISFP (925); it's very rare to find extroverted Myers-Briggs types with this archetype and somewhat uncommon to see thinking types, too. The former will almost always lead with TWO and the latter with FIVE;
- 125s' most common MBTI types are: INFJ (521), ISFJ (251), ISTJ (152), and sometimes INTP (512). Extroverted types are extremely rare with this tritype and judging types are more prevalent;

## **Miscellaneous Differences**

- 258s are naturally more assertive and in tune with their aggressive instinct, being an EIGHT fix. 125s and 259s are more cautious and in conflict with their inner anger;
- 258s are moodier and more unpredictable in day-to-day life than 125s and 259s who are much more even-tempered and calmer;
- 125s pay more attention to details and are attached to procedures, whereas 258s refuse to cooperate if said procedures are too complicated and deemed as obtrusive;
- 125s are more critical and expect more from others than 259s who are very less likely to tell people how to do things;
- 259s can appear as wallflowers in group settings, as they are very quiet and adaptable. 258s always have a strong, heavy presence despite being somewhat introverted;

- 259s are the most patient people of all the 27 archetypes, since they want to preserve harmony in their environment. 125s can be internally annoyed by uncooperative people and might tell them to stop their behavior;
- 258s have a harder time trusting people and not testing their intentions, while 259s are almost too trusting at times;
- 259s have a hard time looking objectively at their environment and seeing problems, while 258s always seem to find conflicts within their surroundings;
- 258s are the protective mama bear; 259s are the comfy blanket, and 125s are the yardstick of knowledge.

How to tell whether your 9 fix or 2 fix is stronger (whether you relate more to 2 or 9)

2: less withdrawn, more socially active, and more assertive

9: peaceful, calm, easygoing, and less intense in relationships

## **Comparing 2 + 6 Archetypes (268, 269, and 126)**

The 3 tritypes concerned with having TWO and SIX fixes (268, 269, and 126) display these behavioral and psychological patterns:

- Pairing that is the most focused on helping others.
- They are definitely service-oriented, and their attention is focused on others, even with dominant self-preservation instinct.
- They want to be seen as providing for others and watchful of people's needs.
- Manage their insecurities by focusing their attention onto others and helping them.
- Can be easily flustered if they don't know how to help and be of assistance.
- They take great pride in being important in someone's life.
- Often give out personalized help depending on the person and the situation.
- Their life feels fulfilled with a service-oriented job, especially if they know they've made a difference. Indifference and ingratitude are intolerable to them.
- This pairing definitely fears being alone for long periods of time.
- They usually don't mind doing menial work as long as they are acknowledged for it.
- Fear of being excluded, outside the social circle, even if not dominant social instinct.
- Anxious to be of service, may create opportunities to help.
- May be clingy and dependent to the people they trust.
- May be sensitive to flattery and compliments since they crave them and that they can be great indicators for who is kind and trustworthy and who's not.
- May turn their attention to others so much that they forget to nurture their own needs and feel drained and frustrated all the time.
- This pairing isn't focusing on its inner world and can be totally out of touch with what is truly important to them.
- The 6 fix helps the core 2 to be aware of potential shifts and mishaps in their environment to better be of service to people.
- The 2 fix helps the core 6 to understand emotional and relational issues and how they can benefit from it.

- Friendly, helpful, kind, worried about others, “of course I’ll help,” people-oriented, and amiable.
- Pride and Fear combine into a service-oriented, helpful character. People with this combination usually try to meet the needs of others in order to secure a special place into their hearts and minds. This makes them really dutiful and attentive to people's needs.
- Double Compliant stance; the need to adhere to external and internalized rules, social conducts, and do what's expected of them is amplified;
- Nurturing, helpful, and trusting energy;
- One of the most feminine combinations of the enneagram;
- The intimacy-seeking, befriending TWO is a bit at odds with the security-oriented, preparing SIX;
- There's a conflict between the TWO's need to remain positive in order to keep people close to them and the SIX's need to question everything that doesn't seem fail-proof enough to their eyes;
- Most likely combination to be perceived as so attentive to other's needs that they can be considered clingy and dependent.

### **Differences Between Archetypes:**

#### **Helping Nature**

- 268s are very reactive tritypes that like to help in emergency crises. They can take everything too seriously and prefer to live on the edge and act fast. This is also the most protective and overbearing archetype;
- 269s are very versatile and can like to help in a non-intrusive way. They provide care and nurturance with their gentle demeanor, but can be a little too passive at times and not act when they should;
- 126s are very dutiful and responsible and expect others to at least listen to their advice because they've been generally working a great deal of time on them in order to present an accurate and satisfactory presentation. They are very hard on themselves if they make a mistake;

#### **Communications Skills**

- 268s are direct and straightforward in their communication style and expect people to behave the same way. They don't like it when people hesitate for too long or give out a convoluted answer to their questions;

- 269s prefer to communicate with poise and gentleness, with the intention of keeping a peaceful and harmonious atmosphere around them. They're also uncomfortable when people are getting impatient because this archetype has an indirect and hesitant communication style;
- 126s like things to be as clear and correct as possible, and they reflect this principle in their communication style. They are generally patient with people and will reformulate their thoughts if others find them too unclear;

## **Anger Management**

- 268s can become very angry at times, especially if people seem ungrateful or unconcerned with their help or advice. They don't hesitate to shake things up by reminding them to be courteous and appreciative because they won't do it twice;
- 269s don't like feeling negative emotions and tend towards passive-aggressiveness when they are filling up with too much tension. This can happen when people don't show appreciation for their hard work and walk all over them for menial services;
- 126s build up frustration over time as a way to avoid bouts of anger from people not listening or disregarding their input. If this attitude is persistent in time, this can bring a great deal of resentment and emotional breakdown if they can't keep their anger in check;

## **Potential Problems**

- 268s can look quite bossy and annoying because they feel that they must lend people their help in order to feel accepted and secure, and can react strongly if their help has been rejected. They may also be feisty and disregard rules if deemed infringing on their own needs to be close to or help someone. Sometime, they take their heroism complex a bit too seriously and act without thinking;
- 269s biggest issue is about expressing their concerns and opinions about something. As they don't like to rub people the wrong way, they can be too accepting and allow people to walk over themselves relentlessly. They also can be too passive and don't assert themselves when they should, causing some folk to be angry at them. They need to understand that expressing opinions and being more active aren't something outside their capacities;
- 126s forget their own needs and overfocus on other's. They can appear nosy, controlling, and nagging because of their overwhelming presence they can give to people when trying to help and educate others. They can also feel self-righteous and militant about their values and causes, which can irk some people. This archetype can also become too anxious and self-conscious about its own impact on their environment, constantly adjusting itself in order to meet internal and external standards, which can become exhausting for them;

## **Patterns & Structure**



- 268s are triple protective and the most heroic tritype (along with 368). This means that this archetype has all the three enneatypes in each center of intelligence that want to prevent loved ones from being harmed in any way, shape, or form. They want trust and certainty from their environment and are willing to take the necessary means to keep themselves and others from being injured. They are very alert, reactive, and protective in order to fill up their duty. Self-preservation subtypes have a little less overt presence than the other two subtypes because they focus on practical help. They are usually more down-to-earth and fiercely protective of their finances and other's. Sexual subtypes are quite intense in character and like being in life-or-death situations, exemplifying the hero archetype the best. They can be quite jealous of their loved ones and partners and be controlling when feeling anxious and vulnerable. Social variants are more involved in their environment and can easily be found in any protest or political groups—defending or promoting rights of a particular community. This subtype is the most TWO-ish 268 and can be very adamant about protecting their group's rights and ideals;

- 269s are triple people focused and the most helpful tritype. This means that this archetype has all the three enneatypes in each center of intelligence that focus on maintaining good contacts with people and try to ease out pain and social alienation by keeping a nice persona. They almost always want to be seen as helpful and uncomplicated in order to get personal motivation in being part of others' lives. People who have a dominant self-preservation subtype like to help in practical ways and are the humblest of all variants. They are also the least assertive and openly aggressive, too. Social variants are a bit more gregarious and can be a bit more rigid and energetic regarding the way they help. They need to be seen when giving out their time and energy to people and can be mistyped as a more outgoing and assertive tritype because of that. Finally, the sexual variant doesn't mesh well with typical descriptions of this tritype, as they are more emotionally dependent and sensitive to being rejected from their intimate partners;

- 126s are triple compliant and hesitant. This means that this archetype has all the three enneatypes in each center of intelligence that try to adjust itself to the moral viewpoint and expectations of its environment in order to feel included, safe, and appreciated. This tritype is very helpful, and feels a need to meet (and often surpass) the authority's expectations for the sake of being satisfied with its own inner standards. Self-preservation subtypes of this archetype are anxious individuals who almost always veer into the secure side of things if something doesn't feel right or is off. They are very perfectionistic in all they do and can be overly cautious in doing so. The sexual variant is less focused on safety in the material sense and more concerned about faithfulness in their intimate relationships. They don't fit the stereotypical compliant stance of this archetype because they can spring into action when needed and are more in touch with their instinctual nature. However, they are quite rigid about everything going their way and can manifest their anger in a surprising intensity. Social subtypes are the most rigid and rule-abiding of the three variants. They embody the teacher or role-model to turn to and follow, and can be quite prideful in doing so. This is also a very militant subtype;

### **Possible mistypes**

- Social Eights with a NINE wing and a 268 tritype can look like a 126 tritype because of the easier access to group awareness;

- Sexual ONE with a TWO wing and a 126 tritype may mistype as a 268 archetype as they can be very controlling and angry;
- Social NINES with a ONE wing and a 269 tritype can easily be mistaken for a 126 as they are usually more One-ish in their demeanor since they want to fit (unconsciously or not) in a particular role inside the "tribe";
- Self-preservation EIGHTS with a NINE wing and a 268 tritype can confuse their need for introversion for a need for peace and harmony;

## **MBTI**

- 268s' most common MBTI types are: ESFP (286), ESFJ (268), ESTJ (862), and sometimes ENFJ (286). It's uncommon to meet introverted types with this archetype and when it's the case, it's usually ISTJ. There are a bit more judging types than perceiving types with this tritype;
- 269s' most common MBTI types are: ISFJ (926), INFJ (692), ESFJ (269), and sometimes ISFP (926) and INFP (926). It's rare to find extroverted Myers-Briggs types with this tritype (other than ESFJ) and extremely rare to find NT types;
- 126s' most common MBTI types are: ESFJ (216), ISFJ (621), ENFJ (216), INFJ (621), and sometimes ESTJ (126). As you can see, this archetype is very feeling and judging oriented, and it's uncommon to see thinking types with this tritype;

## **Miscellaneous Differences**

- 126s like to help people by implementing better methodology and structure into their workplace; 269s offer less thorough methods and more practical help;
- 126s are comfortable when following procedures and are anxious when it's time to act fast; this is literally the opposite for 268s;
- 268s often act heroically at their best and work best on instinct, while 126s are often frazzled when procedures aren't properly followed;
- 269s are one of the most passive tritypes, while there's nothing passive about 268s;
- 268s are very extroverted, while 269s are usually more introverted; 126s fall somewhere in the middle;
- 268s can get in trouble for their feisty and impulsive behavior, while 126s can be too compliant and forget their own internal priorities;
- While both 126s and 268s can be controlling, 268s are more forceful and direct with their intent of coercing people, while 126s will deny completely;

- 269s and 126s are more dependent on the collective mood and can't stand being at odds with the group, while 268s generally retain more independence;
- 269s can idealize their environment and have trouble seeing it in a more objective way, with the good and bad stuff. This is less of a problem for 126s and 268s;
- 269s have trouble admitting they have a negative impact on others and fear being seen as tainted and flawed. While 126s can also have this problem, 268s are more focused on cutting out the bullshit from their surroundings than keeping a pure image.
- 269 and 268 are even more distinctively different. Both are helpful, but there is nothing passive about the 268. The 269 is the gentle person archetype. The 268 is very take charge and is the true rescuer, EMT, helping the disadvantaged archetype. The 2 is connected to 8 already, so if 8 is in the Tritype, this Tritype may at first think that they are an 8.
- 261 and 269 seem like they should be similar, but are actually very different types of 2. Both are helpful, dutiful, and kindhearted. The 269 is the good Samaritan that is very helpful, mellow, and passive. They struggle with asserting themselves, but work tirelessly for others. The 261 is the true militant 2 that is very 1-ish and strident, with a focus on being of service. They can think that they are a 1 at first, especially with the social instinct.

How to tell whether your 9 fix or 2 fix is stronger (whether you relate more to 2 or 9)

2: less withdrawn, more socially active, and more assertive

9: peaceful, calm, easygoing, and less intense in relationships

**6 with 1 fix:** 6 by nature is questioning and doubting, but 1 fix is supremely uncomfortable with uncertainty and lack of structure. 6+1 tends to want to understand a concept or scenario at 100% with no stone left unturned. When there's uncertainty along the way, or when something doesn't quite fit or make sense, the 6+1 feels mental discord and needs to put everything neatly in a structured place. 6+1's become extremely frustrated when things are inaccurate or flaky. 6 is always questioning discrepancies, but what it really wants is to be able to yield to something that's actually true and finally stop asking questions. With 1 fix, there's no room for ambiguity. 1 as a frustration type pulls 6 into the place where it is dissatisfied with its own thinking process and needs to refine it.

**6 with 9 fix:** The 9 fix by contrast tends to allow 6 to stay longer in a state of questioning ambivalence. 6 still wants to find structure/truth, but 9 allows more back and forth. Both 6 and 9 have trouble being solid. With 6+9's, one might get the sense that they're playing with ideas rather than how the 6+1 insists on finding one specific outcome. The 6+9 might settle on an outcome but spend more time re-questioning and vacillating. 9 as a withdrawn energy pulls the 6 fix into a place where it needs permission to exist fully and trust itself.

**6 with 8 fix:** By total contrast to 1, now crossing the border over the great ocean of 9, 8 in any trifix tends to give license to the other fixes to just "be" unapologetically. It's not automatic

aggression, but rather an allowance of being. With 6 fix, that means questioning and calling out inconsistencies/untruths is louder and more shameless. 8 tends to be uncomfortable with the natural need of 6 to submit, and so it tends to make 6 more counter-phobic but less trusting/warm/friendly. 8 being a reactive type brings 6 into a place where it expects more negativity and can be unapologetically bold.

## **Comparing 2 + 7 Archetypes (278, 279, and 127)**

The 3 tritypes concerned with having TWO and SEVEN fixes (278, 279, and 127) display these behavioral and psychological patterns:

- This is the fairy or the lovely prince/princess.
- Very social and gregarious.
- People with this pairing are born entertainers that like to laugh.
- Most charming and humorous people.
- Bored and anxious when alone, needs the crowd to be stimulated.
- Can't stand negativity and will minimize problems if possible.
- Find innovative ways to include people in their shenanigans.
- They need to inject a more realistic approach to their daily problems, otherwise they will alienate themselves from others in the long run.
- Please and manipulate people by keeping things and themselves interesting.
- Very friendly demeanor. Often wants to be friends with everyone.
- May think that everyone likes them and that they can be above reproach.
- Avoid criticism by being nice, funny with a hint of cheekiness.
- Become miserable in an isolated environment with repetitive workload.
- Wants to be of service in an original and fun way.
- May adopt a likable and upbeat persona, whatever the Gut type or instinctual stacking.
- Wants to be praised for being interesting, witty, and entertaining.
- Core TWOs might be more likely to assert their needs than other TWOs because of the need for variety and avoidance of pain of SEVEN.
- Capricious about what they want but also doesn't want others to turn their back on them, so they might compromise and be likable.
- The 7 fix helps the core 2 to widen their scope and let them get some of the enjoyment while being with others.
- The 2 fix helps the core 7 to focus more on others' well-being and share their experiences with them.

- Avoiding negativity, positive, playful, shallow, smile, radiant
- Pride and gluttony merge into a very extroverted and social butterfly type of person, seeking ease and connection with others in order to avoid loneliness and pain. They are often great stress relievers and focus very much on the bright side of situations;
- Double positive outlook stance; the need to keep things light, positive, and re-framing problems is enhanced;
- Energetic, colorful, and attractive energy;
- A mix of feminine and masculine energy;
- The relationship-seeking, intimacy-oriented TWO is at odds with the pleasure-seeking, experience-oriented SEVEN;
- There's a dichotomy in the TWO's need for creating lasting bonds with people and the SEVEN's need to be free of limitations from said people;
- Most likely combination to be considered a party-people;

### **Differences Between Archetypes :**

#### **Anger Manifestation**

- 278s have the most easy access to their aggression and can get angry more easily, but they usually don't get worked up for very long;
- 279s have a hard time accessing their anger and will try to minimize the potential problems before leaning toward their frustration;
- 127s' anger is usually contained and effusive over time. They don't want to manifest it as it would be surrendering it to their dark side;

#### **Compliance Factor**

- 278s are often seen as uncooperative and prioritizing enjoyment over duty. They are the most opposed to structure and can be really anti-authoritarian at times;
- 279s can be dutiful and responsible, but has a strong propensity toward fun and pleasure. This archetype will comply more easily than 278s because of their tendency to go with the flow and not wanting to cause trouble;
- 127s are the most comfortable of the three archetypes with structure and discipline. They love to sprinkle their everyday job with a dash of enjoyment and spontaneity in order to keep things interesting;

## **Personal Values**

- 278s can surprise others with their strong convictions and stances about certain topics, and can be more outspoken about them than what they appear to be at first;
- 279s are less likely to openly express their views about controversial subjects and are overall less politically-oriented than 278s for example. They want to keep good relationships with others;
- 127s prefer to keep their moral convictions to themselves, as they think they would spoil the enjoyment of the group and tarnish the overall objectivity that they present;

## **Potential Problems**

- 278s have some of the hardest time of all archetypes looking inside themselves and admitting faults. Their sense of pride and vanity is often bloated, which prevents them from seeing that they may be excessive when interacting with others and treating them like mere entertainment. They minimize problems and don't like when people who try to impose limits of some sort on them. They want freedom and pleasure at all costs and can display narcissistic and/or histrionic tendencies;
- 279s, in order to keep them from being separate from others, often accept too much from people's behaviors and may be walked all over because of this. Also, because they are so positive, they cannot accept painful situations readily and can try anything to postpone negative outcomes. If they know how to view the actual usefulness of taking the time to look at problems and the impact they have on their long-term relationships, they usually stop being avoidant about them;
- 127s can oscillate too frequently between the need to keep things positive and fun and a more rigid and controlling attitude. This dichotomy can be hard to balance and may account for considerable internal tension that needs to be addressed. Additionally, they can make light of a situation when it could have been better taking it more seriously and vice versa. This very positive tritype may hide its pain and negativity in order to avoid rejection and disconnect from their environment;

## **Patterns & Structure**

- 278s are triple hedonistic and pleasure-seeking. This means that this archetype has all the three enneatypes in each center of intelligence that want to experience life to its fullest without being controlled or bogged down by any means. This archetype loves to indulge in fun and stress-free activities and, contrary to 279s, will actually fight to keep their enjoyment alive at all times. They usually don't get upset for too long because they focus on the fun side of things. Self-preservation variants are the most fun-loving and materialistic of the three subtypes, especially if SEVEN core. They love the fine things in life and don't like to be attached with engagements too much. The TWO element with this subtype is the countertype and doesn't look much like a typical relationship-seeking TWO. Sexual 278s are flamboyant and crave being the

center of attention. They also have a daredevil and romantic side to them. They can be hard to follow because of their relentless zeal and idealism. Social subtypes with this tritype are a bit odd and less stereotypical because of the SEVEN countertype who is against gluttony and the EIGHT countertype which is less openly aggressive. They are more sensitive to the public's opinion about their behavior and are less impulsive than the other two subtypes, unless they're antisocial;

- 279s are triple positive outlook and upbeat. This means that this archetype has all the three enneatypes in each center of intelligence that try to look at a situation or a problem by reframing and shifting the frame of reference into a more positive light, often by minimizing its impact or danger. The self-preservation subtype with this tritype is less airy and a bit more pragmatic in the outlook department, while still being very mellow and optimistic. They prefer not to bother with complicated issues and look forward to having enjoyable physical experiences. Sexual variants are more idealistic and may wish to partake in a magical or emotional fusion with their partners. They are the ones who suffer the most from being separate from intimates. Finally, social subtypes of this archetype are a bit more responsible and want to participate in the greater good of society (especially with a ONE wing);

- 127s are triple other-oriented and teaching. This means that this archetype has all the three enneatypes in each center of intelligence that need to be in contact with people and provide helpful information in a fun way, regardless of the subtype they lead with. They are definitively people persons that like to connect with others and almost always want to help people look at things in a new, better angle, making them energetic and optimistic. Self-preservation with this subtype are excellent at providing concrete support and enjoying life at its simplest form. They aren't as demanding and spiritual as the other two subtypes, and thus respect their limits more. Sexual dominants with this tritype are idealists who often want to reform and mold the world to their liking. They are less in touch with reality, but often have tremendous charisma and energy to accomplish what they want. They tend to become very frustrated with outside limitations and can become moody more easily. Social 127s are quite sunny in character, but can view their sin of gluttony as a hindrance to their ideals and consequently try to avoid showing it in public. They are usually very active and involved in numerous group activities and like to add their optimistic viewpoint to the table;

### **Possible Mistypes**

- Social Eights with a 278 tritype can mistype as a 127 because of the countertype of the EIGHT enneatype and by being more socially aware;
- Sexual ONES with a TWO wing and a 127 tritype can look like a 278, again, because they are the countertype of the ONE enneatype and because they have access to their anger more easily;
- Self-preservation ONES with a NINE wing and a 127 tritype can look like a 279;
- Social NINES with a ONE wing and a 279 tritype can mistype as a 127;

### **MBTI**



- 278s' most common MBTI types are: ESFP (728), ENFP (728), ESTP (872), ENTP (782), ENFJ (278), and sometimes ESFJ (287) and ENTJ (872). It's exceedingly rare to find introverted types with this tritype. The SJ temperament is relatively rare with this archetype, while SP is common;
- 279s' most common MBTI types are: ESFP (729), ENFP (729), ESFJ (279), ENFJ (279), and possibly ISFP (927). Thinkers with this tritype aren't very common, unless it's ENTP. Neither are introverted types. Most MBTI types with this archetype are extroverted feelers (ExFx);
- 127s' most common MBTI types are: ESFJ (217), ENFJ (271), ENFP (721), and sometimes ESFP (721). There aren't a lot of introverted or thinking Myers-Briggs types with this tritype. The only introverted type that could fit the bill is INFJ (217);

### **Miscellaneous Differences**

- 127s are more structure-oriented than 278s and 279s; they really thrive when associating framework with enjoyment;
- 279s will sacrifice some of their personal values and convictions in order to keep from rocking the boat too much; this is not the case for both 127 and 278;
- 279s are a little more inclined to want things to be easy and devoid of painful experiences than 127, who will be more accepting of structure and discipline;
- 278s are helpful in an idiosyncratic way, not following the usual dos and don'ts of society, which make them quite original. 127s don't like to stray too far from their prescribed moral decency;
- 127s are natural teachers and love to promote fun ways of learning, mixing duty and enjoyment. 279s and 278s are more like improvisers and feel limited by guidelines;
- 278s have a harder time reflecting on how their actions might've hurt others; 127s and 279s are more self-conscious;
- 127s believe that if you put the time and effort into something with somewhat realistic goals, you can achieve anything, while 278s believe that you can attain your goals if you assert yourself strong enough;
- 279s are more passive and easily contented than 127s and 278s;
- 279s are true children at heart, while 278s are more like rascals, and 127s behave more like actual adults;
- 278s can easily overindulge in the many pleasures of life, while 127s will be less inclined to do so—especially in public.

How to tell whether your 9 fix or 2 fix is stronger (whether you relate more to 2 or 9)

2: less withdrawn, more socially active, and more assertive

9: peaceful, calm, easygoing, and less intense in relationships

## **Comparing 2 + 8 Archetypes (258, 268, and 278)**

The 3 tritypes concerned with having TWO and EIGHT fixes (258, 268, and 278) display these behavioral and psychological patterns:

- Paring that is the most protective and manipulative.
- Enhances the natural line of connection to TWO and EIGHT.
- This is the mama/papa bear archetype.
- Manages their insecurities by looking at how they can shield people from being harmed or misguided.
- Help people by using a forceful, direct approach.
- Very wary of being ignored and rejected.
- Can get easily riled up, then apologize in fear of being rejected.
- May say that they don't need people and are independent, yet still want others to like them and to be important in the eyes of others.
- Pride comes from taking a stand for others that can't.
- Very emotionally guarded since they don't want to feel needy nor underestimated.
- Can inadvertently control others by telling them how to act for their own good.
- Offended and hurt if people reject their advice or help.
- May understand better than most how people can manipulate others for their own profit.
- May tie their worth to how they protect, advise, and prevent loved ones from being taken advantage of.
- Can become overly protective and suspicious of strangers trying to interact with people they love.
- Show their love by being upfront and honest about what they think and feel.
- Can be forceful and threatening in the way they help.
- The 8 fix helps the core 2 to assert their needs and be more direct about what they covet.
- The 2 fix helps the core 8 soften their aggressive demeanor and understand the impact of interpersonal connections.

- Controlling, intrusive, taking charge of others' well-being, big mama, overbearing, rejecting own vulnerable needs.
- Pride and Lust merge into a very powerful and controlling personality, as the core motivations are about maintaining connections with people without being taken advantage of or controlled themselves. There's a natural push-pull relationship between those two core needs;
- Double rejection stance; the need for ignoring one's own needs and tending to one's feelings of being rejected by others is intensified;
- Protective, forceful, and demanding energy;
- Their energy can oscillate between masculine and feminine, depending on the strength of each type and mood;
- The relationship-oriented and need-denying TWO is at odds with the dominating, no-nonsense EIGHT;
- There's a real conflict between the TWO's need to come toward people and the EIGHT's need to express independence and power;
- Most likely combination to be perceived as unpredictable in character, moody and protective;
- Eight with a two fix: The overtly magnanimous and big-hearted eight. Sacrificial style of relating to others; protector, big spender, mama-bear quality.

### **Differences Between Archetypes:**

#### **Energy Manifestation**

- 258s are usually shuffling between three distinctive energies depending on the situation. They go toward people when they are at ease (TWO), away from them when they feel vulnerable or need to analyze (FIVE), and against people when they need to assert their will (EIGHT);
- 268s are one of the most active tritypes and they do well in emergency/crisis situations. They use their knowledge in a quite instinctive manner and expect people to follow its lead;
- 278s are flashier than the former two above. They are one of the most extroverted archetypes and like to be free from any form of control and negativity in order to enjoy life at its fullest;

#### **Helpfulness**

- 258s help people by selecting the most suitable kind of information that can give the advisee the most power in a very particular situation. This tritype likes to study a situation in depth and knows how to keep a form of emotional dependency over people;

- 268s are usually more practical in help than 258s simply by the fact that they are likely to offer their time and body to contribute to a safe and protective environment to those in need and who are dear to him/her;
- 278s like to give in grand, original gestures. Their help is more intermittent and improvised than 258s and 268s, and they usually want to be appreciated for their extravagant gifts and magnanimous attention for others;

## **Manipulation**

- 258s manipulate by keeping people at a safe distance. Not too far in order to keep key connections, but also not too close because they could easily cross personal boundaries;
- 268s are controlling because they want to take care of people so much that they can become overbearing and nagging, thinking that people are ungrateful because they take his or her hard work for granted;
- 278s are manipulative by seducing and tricking people into thinking that they are generous, selfless, and entertaining persons, but treating them poorly in the end because they just want selfish thrills and the excitement of being admired and loved;

## **Potential Problems**

- 258s are often so much in a controlling stance—keeping people from affecting them and instead injecting their personal intervention in others' lives, that they come across as being enigmatic, unpredictable, and pushy. They can be so well guarded that they can close themselves off from their own needs and vulnerable side, so much so that they may feel empty and desperately in need of love from someone. There is a hypersensitivity to being impacted and losing control of oneself here;
- 268s can look quite bossy and annoying because they feel that they must lend people their help in order to feel accepted and secure, and can react strongly if their help is rejected. They may also be feisty and disregard rules if deemed infringing on their own needs to be close to or help someone. Sometimes, they take their heroism complex a bit too seriously and act without thinking.
- 278s have some of the hardest time of all archetypes looking inside themselves and admitting faults. Their sense of pride and vanity is often bloated, which prevents them from seeing that they may be excessive when interacting with others and treating them like mere entertainment. They minimize problems and don't like when people who try to impose limits of some sort on them. They want freedom and pleasure at all costs and can display narcissistic and/or histrionic tendencies;

## **Patterns & Structure**

- 258s are triple rejection or relationist. This means that this archetype has all the three enneatypes in each center of intelligence that try to distance and protect themselves from experiencing rejection and pain from feeling estranged. They are really adept at developing and using strategies in relation to observing and controlling human behavior. This is possibly the most unpredictable and malicious tritype, especially when unhealthy. The self-preservation subtype is more introverted, so the FIVE fix is intensified for the most part. This subtype is characterized by its greater need for independence and defense structures related to food and money. The sexual subtype often has a passionate streak and dearly protects their intimate circle against detractors. They can be surprisingly soft and tender-hearted, but exert a great deal of control onto their close friends. Dominant social variants are a little more prideful and militant about what they know and may want to be a dominant figure in a group or selective society. They are the most intellectual and people-savvy of all three subtypes;

- 268s are triple protective and the most heroic tritype (along with 368). This means that this archetype has all the three enneatypes in each center of intelligence that want to prevent loved ones from being harmed in any way, shape, or form. They want trust and certainty from their environment and are willing to take the necessary means to keep themselves and others from being injured. They are very alert, reactive, and protective in order to fill up their duty. Self-preservation subtypes have a little less overt presence than the other two subtypes because they focus on practical help. They are usually more down-to-earth and fiercely protective of their finances and other's. Sexual subtypes are quite intense in character and like being in life-or-death situations, exemplifying the hero archetype the best. They can be quite jealous of their loved ones and partners and be controlling when feeling anxious and vulnerable. Social variants are more involved in their environment and can easily be found in any protest or political groups—defending or promoting rights of a particular community. This subtype is the most TWO-ish 268 and can be very adamant about protecting their group's rights and ideals;

- 278s are triple hedonistic and pleasure-seeking. This means that this archetype has all the three enneatypes in each center of intelligence that want to experience life to its fullest without being controlled or bogged down by any means. This archetype loves to indulge in fun and stress-free activities and, contrary to 279s, will actually fight to keep their enjoyment alive at all times. They usually don't get upset for too long because they focus on the fun side of things. Self-preservation variants are the most fun-loving and materialistic of the three subtypes, especially if SEVEN core. They love the fine things in life and don't like to be attached with engagements too much. The TWO element with this subtype is the countertype and doesn't look much like a typical relationship-seeking TWO. Sexual 278s are flamboyant and crave being the center of attention. They also have a daredevil and romantic side to them. They can be hard to follow because of their relentless zeal and idealism. Social subtypes with this tritype are a bit odd and less stereotypical because of the SEVEN countertype who is against gluttony and the EIGHT countertype which is less openly aggressive. They are more sensitive to the public's opinion about their behavior and are less impulsive than the other two subtypes unless they're antisocial;

## **Possible mistypes**

- Social SEVENS or EIGHTS with the 278 tritype are more likely to mistype as 268 because they are more socially-aware and self-conscious of their own impact onto their environment than other subtypes;
- Sexual TWOS or SEVENS with the 278 tritype can look like a 478 because of their romanticism and tendency to fall in love easily;
- Self-Preservation TWOS with the 268 or 278 tritype may identify with some aspects of the 258 because of their tendency to focus more on themselves and be less openly expressive;
- Social FIVES with 258 may look like 268 or 278 because of their social involvement with their community and their more outgoing behavior compared to the other two FIVE subtypes;

## **MBTI**

- 258s' most common MBTI types are: ESTJ (825), ENTJ (852), ESFJ (285), and sometimes ENFJ (285) or ESTP (852). While it's true that introverted Myers-Briggs types can be this tritype (mostly INTJ or INFJ), the EIGHT and TWO energies naturally align more with extroverted types. Perceiving types are less likely to be this archetype.
- 268s' most common MBTI types are: ESNP (286), ESFJ (268), ESTJ (862), and sometimes ENFJ (286). It's uncommon to meet introverted types with this archetype and when it's the case, it's usually ISTJ. There are a bit more judging types than perceiving types with this tritype.
- 278s' most common MBTI types are: ESNP (728), ENFP (728), ESTP (872), ENTP (782), ENFJ (278), and sometimes ESFJ (287) and ENTJ (872). It's exceedingly rare to find introverted types with this tritype. The SJ temperament is relatively rare with this archetype, while SP is common.

## **Miscellaneous Differences**

- 258s are the most power hungry of all the archetypes, while 278s are less inclined on controlling others directly and are more keen on manipulating by using their charm;
- 268s are quite reactive and quick to act (impulsive) while 258s prefer to retreat for a while and observe;
- 258 and 268 are moodier and more pessimistic than the happy and lackadaisical 278;
- 258s strike more in a strategic, sly way than 268s, who are more direct and to the point;
- 258s can fake positive emotions more easily than 268s and 278s if they want something from their opponent.
- 278s have a lot of energy to spend, while 258s need to recharge after a day in the limelight;

- 258s can appear threatening even when relaxed, while this is less the case for the other two tritypes;
- 268s readily want to help others and can act quickly in emergencies. 258s aren't too comfortable going all out like this and prefer to help in a more detached way;
- 258s can appear hot, warm, & cold at times. 268s are the most hot-blooded of the TWO + EIGHT combinations, and 278s are the warmest and the sunniest;
- 258s' anger is strong and deep-rooted, but can be a little more indirect and insidious. 268s' anger is explosive, demanding, and straightforward; 278s' is big and sudden but dissipates quite easily and quickly.



## **Comparing 2 + 9 Archetypes (259, 269, and 279)**

The 3 tritypes concerned with having TWO and NINE fixes (259, 269, and 279) display these behavioral and psychological patterns:

- Pairing that is the most gentle and non-threatening.
- Dreamy, yet also focused on others.
- Often disown anything that could be perceived as negative or problematic.
- Wants to be uplifting in a soft, healing way.
- Unassertive, they may not know how to deal with conflict.
- Likes to comfort people with encouraging words.
- Wants to be liked and seen as easygoing, comforting.
- May want to give general advice that is non-specific yet helpful.
- Manages their anger and needs by forgetting themselves and by merging with what others want.
- Can secretly feel unnoticed, depreciated, and lonely.
- Often genuinely care for others, even if it's not always apparent.
- Helps people by easing out the anxiety and soothing out the emotional pain.
- It's hard to see their pride, since the NINE part will even deny having any of it.
- Loves seeing everyone they love together in harmony, especially if they've contributed to it.
- Usually quite humble and unaware of their sense of pride.
- Often have a delicate and mellow personality.
- This is the quietly positive person that doesn't mind doing menial tasks to help people.
- The 9 fix helps the core 2 to see all points of views and be of assistance in a non-intrusive way.
- The 2 fix helps the core 9 be more proactive in taking into account the needs of others and assert their need for appreciation.
- Receptive, helpful, kind, caring, focused on needs of others, forgets self, "nice," good Samaritan, and people-focused.

- Pride and Sloth merge into a very gentle and helpful character that hides its sin of pride better than other gut type combinations. They want to be noticed and loved in a very unintrusive way, and can be very patient with that need;
- Double positive outlook stance; the need to keep things light and positive along with re-framing problems is enhanced.
- Soft, helpful, and congenial energy;
- Probably the most feminine combination, even when it's a man that has it;
- The relationship-oriented and intimacy-seeking TWO is tempered by the need for harmony and peace of the NINE;
- There's a conflict between the need to come towards people and befriend them (TWO) and the need to push back and relax alone (NINE);
- Helps people in order to seek acceptance and promote peace and harmony. Will meet other people's emotional needs in order to ensure their own acceptance into the social order. Good mediator.
- Self-erasing, kind, just an all out nice person. Receptive, helpful, and caring. There is a sort of distant calmness which tamps down on the active, bustling caring nature of the 2. There can be a tug between the stubborn resistant nature that 9s are prone to show when they are put under pressure versus the 2 need to be compliant in order to please people.
- Most likely combination to be seen as nonthreatening, welcoming, and nurturing;
- 2+9s: They avoid admitting that they have a (completely) negative image (and avoid anything that may lead to such a state). Their ultimate fear is that they'll have a completely "black" image and are unable to escape it. They enter a strong state of denial when this occurs. This isn't necessarily because of the Two side, but much rather because the 9 side can't handle such a reality, and thus this kind of Two is more likely to withdraw into a more "positive" perspective of themselves. It's much nicer and much more comforting that way.

### **Differences Between Archetypes :**

#### **Helpfulness**

- 259s are helpful, often in a specific area or niche aspect. They like to take their time and analyze a task or a person that needs helping;
- 269s are the most helpful tritype there is. They are almost always ready to help and lend a hand in a variety of tasks, and are vigilant in the way they help;
- 279s like to help in fun, entertaining ways. Their energy is often contagious, and they love looking at different perspectives when they are helping people;

## **Fields of Interests**

- 259s are good at understanding the root of a problem and trying to solve its ramifications harmoniously. They are also great at doing menial, repetitive tasks (especially if SJ);
- 269s are more aware of their environment than 259s, and thus work great in teams and somewhat fast-paced jobs;
- 279s can be bored easily with office jobs, so they need regular change in their environment. They can make one of the best entertainers (clowns, showpeople, gameshow hosts, etc.);

## **Energy Levels**

- 259s have one of the lowest presence and energy levels of all the archetypes. They need regular quiet time alone and in their head in order to feel fine;
- 269s are somewhat in between 259s and 279s in energy levels. They like being with people, but don't like being the center of attention;
- 279s have the highest energy of all the TWO + NINE combinations. They can be really excited easily and loves to show their enthusiasm;

## **Potential Problems**

- 259s may have a hard time being taken seriously at times because of their reticence and overall gentleness. They are also one of the most prone tritypes to be exploited for their giving character and meek demeanor. Because of that, they may avoid stating their opinion or flat out start believing that they don't matter unless they make people happy (a ONE wing, either from NINE or TWO, exacerbate those tendencies);
- 269s biggest issue is about expressing their concerns and opinions about something. As they don't like to rub people the wrong way, they can be too accepting and allow people to walk over themselves relentlessly. They also can be too passive and don't assert themselves when they should, causing some folk to be angry at them. They need to understand that expressing opinions and being more active aren't something outside their capacities;
- 279s, in order to keep them from being separate from others, often accept too much from people's behaviors and may be walked all over because of this. Also, because they are so positive, they cannot accept painful situations readily and can try anything to postpone negative outcomes. If they know how to view the actual usefulness of taking the time to look at problems and the impact they have on their long-term relationships, they usually stop being avoidant about them;

## **Patterns & Structure**

- 259s are triple removed and conflict avoiding. This means that this archetype has all the three enneatypes in each center of intelligence that tries to get along with people without making a wave of any sort and keep a low profile. While 459 is sometimes considered the shyest tritype, it is really the 259 that fits the bill better, as they are harder to convince to assert themselves. They mostly opt for being an observer and connect to people in a very unintrusive way. This tritype often has a dominant self-preservation instinct in their stacking, and that makes them even more removed from their environment. With sp dom, they often display a slight childlike nature from the TWO fix, and they can unintentionally be overprotected by their vulnerable look. For sexual variants, this tritype can be a little more needy and seeks to merge with a potential partner (NINE fix). This variant can also make excellent one-on-one counselors or romance novelists. Finally, social variants are a bit more extroverted and intellectual, especially leading with FIVE. This 259 is more participating and engaging than the other two variants and can thus mistype more easily with other more outgoing tritypes;

- 269s are triple people focused and the most helpful tritype. This means that this archetype has all the three enneatypes in each center of intelligence that focus on maintaining good contacts with people and try to ease out pain and social alienation by keeping a nice persona. They almost always want to be seen as helpful and uncomplicated in order to get personal motivation in being part of others' lives. People who have a dominant self-preservation subtype like to help in practical ways and are the humblest of all variants. They are also the least assertive and openly aggressive, too. Social variants are a bit more gregarious and can be a bit more rigid and energetic regarding the way they help. They need to be seen when giving out their time and energy to people and can be mistyped as a more outgoing and assertive tritype because of that. Finally, the sexual variant doesn't mesh well with typical descriptions of this tritype, as they are more emotionally dependent and sensitive to being rejected from their intimate partners;

- 279s are triple positive outlook and upbeat. This means that this archetype has all the three enneatypes in each center of intelligence that tries to look at a situation or a problem by reframing it into a more positive light, often by minimizing its impact or danger. Self-preservation subtypes with this tritype are less airy and a bit more pragmatic in their outlook, while still being very mellow and optimistic. They prefer not to bother with complicated issues and instead look forward to having enjoyable physical experiences. Sexual variants are more idealistic and may wish to partake in a magical or emotional fusion with their partners. They are the ones who suffer the most from being separate from intimates. Finally, social subtypes of this archetype are a bit more responsible and want to participate in the greater good of society (especially with a ONE wing);

### **Possible Mistypes**

- Social SEVENS with a 279 tritype might be tempted towards looking at 269 because of the pureness and the morality of the subtype (especially with a SIX wing);

- Self-preservation NINES with social last in the stacking with a 269 tritype can look like a 259 because of the lack of immediate attention toward group security;

- Self-preservation TWOS with a 269 tritype may also look like a 259 archetype because of the more selfish, inward focus of the subtype;
- Sexual TWOS with a 269 tritype can be seen as a 279 because of the seducing, libertine aspect of the subtype;

## **MBTI**

- 259s' most common MBTI types are: ISFJ (925), ISTJ (952), INFJ (529), and sometimes INFP (952) or ISFP (925). It's very rare to find extroverted Myers-Briggs types with this archetype, and somewhat uncommon to see thinking types, too. The former will almost always lead with TWO and the latter with FIVE;
- 269s' most common MBTI types are: ISFJ (926), ISTJ (962), ESFJ (269), and sometimes ISFP (926) and INFP (926). It's rare to find extroverted Myers-Briggs types with this tritype (other than ESFJ) and extremely rare to find NT types;
- 279s' most common MBTI types are: ESFP (729), ENFP (729), ESFJ (279), ENFJ (279), and possibly ISFP (927). Thinkers with this tritype aren't very common, unless it's ENTP. Neither are introverted types. Most MBTI types with this archetype are extroverted feelers (ExFx).

## **Miscellaneous Differences**

- 269s are more people-oriented, while 279s are more experience-oriented;
- 259s retreat inside their head when feeling anxiety, 269s panic (flee or freeze) and search for an outside solution, and 279s avoid or reframe the problem altogether;
- 259s are the warm, dimly lit candle that helps you read a book at night; 269s are the soft and trusty doggy that wants to cuddle and comfort you; 279s are the bright, colorful birthday decorations that get you excited and gleeful;
- 269s can sometimes define themselves by their helpful nature, while this is slightly less of a case for 259s and 279s;
- 279s are the most uncomfortable with dreariness and boredom. 269s and 259s can both tolerate it better;
- 269s are very trustworthy and responsible with their work and friends, 259s can sometimes be a bit more independent, and 279s can change their schedule at the last minute for something more interesting;
- 279s are more comfortable with change and fast-paced environments. This is less so for 269s and even less for 259s;

- 259s are one of the best listeners out of the 27 tritypes. 279s have a harder time keeping their attention at bay, unless they really like the person they're with;
- 269s have a tendency to be workaholics and have a hard time saying no to others. 279s value their enjoyment more and 259s value their downtime more;
- 279s instinctively know how to interact and play with situations/people while 259s and 269s need more structure and preps to do the same.
- The 269 is the most defined by the motivation to help, regardless of which type is dominant. The 259 is more reserved and helps by problem-solving.
- As for 925, 9+2 combos often have a “nice gentle cinnamon roll” vibe, but this one would be more reserved & have more of an analytical/philosophical lens than 926 and 927.

How to tell whether your 9 fix or 2 fix is stronger (whether you relate more to 2 or 9)

2: less withdrawn, more socially active, and more assertive

9: peaceful, calm, easygoing, and less intense in relationships

### **Comparing 3 + 5 Archetypes (358, 359, and 135)**

The 3 tritypes concerned with having THREE and FIVE fixes (358, 359, and 135) display these behavioral and psychological patterns:

- Pairing that is the most focused on appearing knowledgeable.
- Often wants to dive deep into a few subjects and become an expert at them.
- Cultivate the image of a specialist, especially when social subtype.
- Likes to have a deep grasp on one subject than dabbling in multiple ones.
- They often have an intellectual arrogance about what they know.
- Their identity can be wrapped around being knowledgeable and hide their vulnerable side behind their academic pursuits.
- It's often not enough to know about a subject.
- They have to know it well enough for them to be held in great esteem and do something with it.
- May have impressive credentials or be above average compared to their peers.
- Productive, yet wants to work at their own pace.
- They avoid failure by being selective of what they show to others.
- Very hidden personality because of the need for compartmentalization and always showing off an image of success.
- May risk throwing off the relational and emotional aspect of their life and become robotic in their decision process.
- Very cold and distant personality, no matter the gut type.
- May appear more confident about what they know than they really are.
- Seeks objectivity and exhaustivity as well as a way to promote themselves through information.
- Some people with this pairing may want to dress conservatively yet always look sharp.
- Often great at mastering something and doing something successful with it.
- The 5 fix helps the core 3 to home in on some specific subject and further understand all its parts.
- The 3 fix helps the core 5 to put its intellectual prowess out there and be more polished in their overall demeanor.

- Accuracy, efficiency, repressing emotions, surgical
- Deceit and Avarice combine into a very competent, professional, and efficient persona. People with this combination are quite removed from their environment, but also need to maintain a certain image of performance in order to appear credible and successful;
- Double competency stance; the need to detach from emotions and keep an objective eye to solve a problem is enhanced;
- Adaptable, unemotional, and intellectual personality;
- Quite masculine energy;
- The success-driven, shape-shifting strategy of the THREE is at odds with the detached and solitude-oriented FIVE;
- There's a conflict between the THREE's need to be seen and appreciated and the FIVE's need to be unnoticed and independent of outside biases;
- Most likely combination to be seen as quiet but effective in the shadows;
- Naturally inclined to be tenacious and persistent.

### **Differences Between Archetypes:**

#### **Talents**

- 358s are very good at understanding all the strategic ramifications of a situation and are really keen on understanding the best way to maximize profit and impact;
- 359s are adept at blending into their assigned environment and understanding what's expected of them. They work best away from the limelight;
- 135s are masters at fully understanding a complex problem and excel at using technical tools to perform in their duty;

#### **Adaptability**

- 358s are quite adaptable but prefer to coerce people and bend the rules to their advantage;
- 359s are the most pliable and shapeshifting of the three archetypes. They like to be discreet and can see all points of view;
- 135s are the least adaptable out of the three archetypes. They prefer to stick to the rules and not make any compromises;



## **Activity Levels**

- 358s are more action-oriented and can both think and act in quick successions in order to not waste time and be more efficient;
- 359s are more passive than the other two archetypes and can be more mellow in personality because of this;
- 135s need to be sure of every detail being right before jumping into action, and can frequently retreat in order to check their accuracy on different topics;

## **Potential Problems**

- 358s can be so detached from their emotional and vulnerable side that they can come across as being uncaring and cold-hearted to most people. They can be so attached to their image of an untainted successful person that they may never be able to crack open their own inner shell of vulnerability. Being so removed from their feelings all the time can make intimacy and relationships suffer from others feeling deficient and uncared for. This archetype is also very stubborn, and it's hard to be able to put their mentality into question, as they often seem to have an answer for everything;
- 359s can be so identified in appearing adaptable and being the person for every situation that they may lose their connection to their own feelings. They may have a hard time understanding the need to validate and respond to others' emotional side, that they may come across as unfeeling or robotic;
- 135s can be so into defining and reanalyzing problems that they can lose the big picture in favor of the details. They can thus become obtuse, obstructive, and opposed to change. They can also have poor interpersonal skills that can hinder their credibility in the long run if they wish to promote their findings. Likewise, they really need to pay attention to how they speak to people as they are very data-oriented, losing the feeling part in the process. Finally, they can be arrogant and boast about their mental abilities, unintentionally making other people feel deficient or less skilled;

## **Patterns & Structure**

- 358s are triple strategizing and hard-nosed. This means that this archetype has all the three enneatypes in each center of intelligence that try to come up with an effective solution in order to keep themselves from experiencing shame, being overwhelmed, and vulnerable. These people are the powerhouse of the archetypes and are always coming up with new ways to control and maneuver their environment to make them above others and successful. This archetype combined with a dominant self-preservation instinct is extremely practical and resourceful. This is one of the most independent and self-sufficient combinations of all the tritypes. They keep their boundaries very protected and may be impenetrable. The sexual subtype is more preoccupied with keeping a strong and secure bond with their loved ones. They have a lot of subtle but noticeable charisma that they can exploit to manipulate people. This is also the most

emotionally-aware 358. The social dominant 358 is more cause-driven than the other two subtypes and concerned with how they present themselves to the public. They like to appear as withholding intellectual and political mastery over their environment and may maintain an image of an unwavering, powerful tycoon. Very good at reading people and knows how to climb up corporate ladders;

- 359s are triple camouflaging and hidden. This means that this archetype has all the three enneatypes in each center of intelligence that tries to cover and hide the self and its vulnerabilities in order to better fit their assigned role in any given situation. They like to prove their worth, practically, while being efficient and adaptable. The vanity and deceit of the THREE is less apparent here. A lot of 359s are dominant self-preservation and thus feel distant and removed from their environment. They're also the least openly arrogant and boasting of all 3 combinations there is. They are also more down-to-earth and savvy than the other two variants. Sexual subtypes are more passionate and idealistic. They may want to look like the perfect husband/wife to their partner and hide behind a glamorous veneer in order to be accepted (especially with THREE leading). They are attentive to what makes them feel alive and may be more emotional than self-pres or social variants. The social variant is the most outgoing and openly arrogant. They want to be seen as successful and like to display their competency and knowledge. More active and engaged socially;

- 135s are triple competency and exacting. This means that this archetype has all the three enneatypes in each center of intelligence that wants to analyze and be precise with data in order to be productive. This archetype thrives in jobs and tasks that need them to be very detail-oriented and ultra-focused. They don't like when they need to deal with emotions or irrational topics. Self-preservation types with this tritype are extremely private and removed from their environment. The THREE side of this archetype is less showy and more focused on being efficient and productive. They can be surprisingly humble with their work and skills, since the THREE here is going against vanity. Sexual dominants with this tritype are less stereotypical by being more fluid in their demeanor. They often put more creativity in their work than the other subtypes and can have a bit more access to their emotional needs. Social subtypes are very keen on being seen as the expert of their field and are less emotionally withdrawn than the other two subtypes. They seek recognition and often like to teach in a technical or scientific field;

### **Possible Mistypes**

- Sexual FIVES with a SIX wing and a 359 tritype might get confused with the 358 archetype because they can be a bit more emotional and reactive than the other two subtypes;

- Self-preservation EIGHTS with a NINE wing and a 358 tritype can easily look like a 359 archetype;

- Social EIGHTS with a NINE wing and a 358 tritype can mistype as a 135 because of being the countertype of the EIGHT enneatype;

- Sexual ONES with a 135 archetype may identify with a 358 tritype, again, for being the countertype of their enneatype;

## **MBTI**

- 358s' most common MBTI types are: ENTJ (853), ESTJ (835), INTJ (583), and sometimes ISTJ (538) or ISTP (583). It's very rare to see a feeling type with this archetype, even more so if preferring extroverted feeling. Perceiving types are also quite uncommon for this tritype (ENTP might fit the role, though). xNTJ types are very prolific with this tritype;
- 359s' most common MBTI types are: ISTP (539), INTP (593), INTJ (539), and sometimes ISTJ (953). It's uncommon to see feeling types having this archetype (will mostly lead with NINE) and even more rare with extroverted types, who will likely lead with THREE;
- 135s' most common tritypes are: ISTJ (153), INTJ (513), INTP (531), and sometimes ISTP (531). It's quite rare to see extroverted Myers-Briggs types with this archetype, and even less so feeling types. ENTJ could be an extroverted example (135);

## **Miscellaneous Differences**

- 135s are very rule-oriented and tend to dislike innovation and rule-bending. 358s thrive on the latter and can be a bit more creative by going out of their way to meet their goals;
- 358s are much more action-oriented than 359s, who in turn are more adaptable and passive;
- 358s are one of the most independent tritypes there is, while 359s need to fit into their environment in order to feel valued;
- 135s are prickly and finicky in communication, making them hard to please and not very approachable. 359s are more relaxed and can be humorous at times;
- 358s are more openly aggressive and defensive if they feel threatened. 359s don't take things as seriously as they should in comparison;
- 135s and 358s can be very obnoxious and pretentious at times. 359s are humbler and don't think of being superior to other people;
- 359s can lose touch with their individuality much more easily than 358s by being the jack-of-all-trades;
- 358s are more protective of their inner territory and private life than 359s, who can be more open about it;
- 358s often feel imposing and hostile even when not, while 135s feel more robotic and stoic. 359s can look like an everyday man/woman;
- 359s are less likely to split hairs and be adamant on certain elements of a problem than 135s.

- 513 is serene, individualistic, methodical, and intellectual. They have a strong sense of ethics and discipline (1). 583 is more focused on control and meeting objectives. He is more stubborn, severe and protective (8).

- 513 similarities to 583:

- Intellectuals/love for knowledge
- Unemotional
- Seem mysterious to others at a first impression
- Hardworking
- Prone to anger
- Calm
- Somewhat ambitious

- 583 vs 513 Differences:

- 583s, when prone to anger, lashes it out physically, either by vengeance—punishing the provoking unit, person, or object. 513s get irritated, but they tend to repress their anger, 583 don't bother and express it fully
- 513s are more cautious, perfectionist, and meticulous, while 583s are more dominating, risk-taking and combative
- 513s are very uptight, while 583s are more "loose"
- 513s critique themselves and others, while 583s will deny blame on themselves and physically react while judging others
- 513s hold themselves to specific standards, ideals, morals/ethics, self-righteousness, etc., while 583s don't concern themselves with these, as for them, it limits their freedom
- 583s care about justice and protecting people that they personally want to protect, while 513s care about fairness and treating people equally
- 513s crave order, and can make rules or laws that they will enforce upon everyone because "this is the right method and something everyone should follow". 583s are more individualistic and don't give a crap about order/laws, instead proclaiming that "this method works best or is the right thing for me, but perhaps not for others"

- 583s are more hedonistic and can give into overstimulation such as lust and gluttony, again because they're less uptight than 513s, who are more self-disciplined and ascetic

- 583 vs 593 Differences:

Horney classified 4, 5, and 9 as the types that withdraw from people. So, if you have three of these types in your tritype, no matter what the type order is, you're most likely to withdraw compared to other tritypes. Even having two among them make you one of the most withdrawn types.

5 and 9 are among the most introverted types in the Enneagram personality system. So, if anyone has both 5 and 9 in their tritype components, they are more likely to withdraw from people. At least, they require more "me time" than other tritypes: To protect themselves from being intruded upon, to have peaceful lives overall, to accumulate knowledge - you name it.

These are different from the Aggressive types: 3, 7, and 8. The Aggressive types "move against people", so, they are more driven than other Enneagram types.

However, it is possible to have any Enneagram combination in our Tritype. So, having 3 in your Tritype adds to your drive to achieve and perform well in front of people, regardless you're a 593 or 583.

Now, on the differences:

**First**, look at how 8 and 9 are different. Both are in the Instinctive triad, in which anger is the main issue. Even though these two types are strongly related to anger (or rage), they express them in a completely different way.

8s in anger be like: "LOOK AT WHAT YOU'VE DONE YOU MESS UP WITH ME THEN DEAL WITH MEEEEEEEEEE111!!!"

9s in anger be like: (inside their minds) "OMG they're so rude," They bottle up their anger than all of a sudden .... BOOM. \*Insert explosive angry tones here\*

**Then**, we'll look at the main type. In this case, the person is certain she/he is a 5. Privacy is among 5's main issues.

583 will be more militant in protecting what's important to them. Yet, since 8 is not first in their Tritype, but 5 instead, the ways they protect themselves are different. Instead of expressing their anger openly, they withdraw to a "safe place" even more...until you violate their independence, for example.

593, on the other hand, will appear more lenient, peaceful, and flexible than 583 due to their 9 component. However, keep in mind that they have 3 as their Tritype component. So, in my opinion, they will appear somewhat objective and impersonal.

**Type 9:** Viscerally, are you afraid to act without hesitation and need balance? How do you feel about being uncomfortable because someone is or will be angry with your decision? How do you feel about being separate from others? What will you do to ensure you do not feel like the bad guy?

**Type 8:** Or do you need to act immediately and will change course later if you are wrong? And are you willing to stand alone, for or against others, for what you feel is true?

**385:** Type 3s with types 5 and 8 are a more opinionated and outspoken 3 than the 359 Tritype®. They deal in a no-nonsense “What are the facts?” manner, and make their decisions without emotion. They seek the advantage. They know what they want to do and how they want to execute it. They do not mind if their reputation suffers as long as they are the winner.

**395:** Type 3s with types 5 and 9 are more reserved and almost like secret agents, keeping their opinions to themselves until they find a strategic way to share them. They seek the advantage by considering how others would react, even though this Tritype® has to guesstimate what others might feel. But, they know they do not want to hurt their personal reputation or cause separation from others.

If you have trouble deciding because you can do both, then consider the 369 Tritype® as more likely being your type.

• **593 vs 539**

593 - more relaxed

539 - more success oriented

593 - more lazy

539 - more workaholic tendencies

593 - less chameleonic than 539

593 - more reserved and introverted

539 - more extraverted

593 - are less reactive than 539

### **Comparing 3 + 6 Archetypes (368, 369, and 136)**

The 3 tritypes concerned with having THREE and SIX fixes (368, 369, and 136) display these behavioral and psychological patterns:

- Paring that is the most hardworking and cooperative.
- Enhances the natural line of connection to THREE and SIX.
- As an example of this combo, think of any sport team and how each player needs to be aware of their role and be successful for the group.
- Wants to be praised for their efforts and are superb at fitting in the mold in any organization.
- Wants to maintain a competent yet cooperative reputation among their peers.
- Can be doubtful of authority yet still want to be praised by it.
- They are found on top of the hierarchy, unless they lead with EIGHT or ONE.
- Make great managers, rule-implementers, etc.
- They want to know the rules so that they can implement them to the best of their capacity.
- Anxious if the authority questions their value or their work.
- Likes to show their loyalty and love through concrete actions.
- May want to act for the greater good of a community or group, especially if social subtype.
- Become very anxious when they are singled-out or lose their jobs, career, etc. since they put so much emphasis on their providing role.
- Failure to meet a requirement can be extremely disruptive psychologically (as an employee, parent, husband, wife, etc.)
- Can become competitive in order to please the thing that gives them security (bosses, parents, partners, etc.)
- Can adapt their speech and mannerisms in order to conform better to their surroundings.
- May question authority behind its back, but support and perform in front of them.
- The 6 fix helps the core 3 to pay attention to their environment and to who and what can give them success through security.
- The 3 fix helps the core 6 to be confident in their ability to perform and execute tasks to gain trust and security.

- Tracking others, external orientation, worldly, tribalism, hard worker, adaptable, likable.
- Deceit and Fear merge into a very dutiful and group-minded individual whose ego and image is often tied with what the overarching ideal is shared in its respective culture in order to be safe and valued as a strong and dependable person;
- Double attachment stance: the need to observe and watch for potential break-ups with their environment is heightened, as for their need to keep good relationships;
- Dutiful, contributing, and dependable energy;
- Moderately masculine energy;
- The image-oriented, success-driven THREE is at odds with the security-driven, danger-noticing SIX;
- There's a dichotomy between the THREE need to identify with their overall environment in order to be noticed and praised and the SIX need to remain vigilant and cautious about potential pitfalls;
- Most likely combination to be considered a dependable and important part of a group or community;
- The 3 and 6 both adjust according to their circumstances. The 3 adapts to manage the expectations of others and to be seen as the ideal person, and the 6 adjusts to their situation to not be targeted by others or be 'in trouble' with others.

### **Differences Between Archetypes:**

#### **Anger Management**

- 368s are the most confrontational and argumentative archetype of them all. They can be very persistent if they think something's off in their environment, and will be passionate about unearthing the truth;
- 369s are the most adaptable of all the 27 archetypes and will try to steer away from manifesting their frustration in favor of maintaining the overall harmony;
- 136s can show anger that they deemed justified when people don't take tasks and engagement seriously and/or are disrespectful. Most of the time, however, they try to temper their frustration;

#### **Relation with Rules & Regulations**

- 368s are rule followers until they consider said rule to be unfair and/or limiting. They then become antagonistic toward the established order and will try to defend their view at all cost;



- 369s prefer to adapt and follow the current regulations and are uncomfortable criticizing the way things are done if they aren't in an authority position;
- 136s are the most comfortable with the established rules and seek to implement them to the fullest. This archetype is often relentless in following and promoting orders from the higher ups;

## **Independence**

- 368s are the most independent and strong-willed of the three archetypes. Their own sense of justice prevents them from totally agreeing with their environment. This archetype might try to make its own rules;
- 369s don't like to stray too far from what's expected of them because they may disappoint the authority and potentially make a fool of themselves;
- 136s try to keep their own internal sense of freedom in check and certainly won't allow others under his or her wing acting on a whim;

## **Potential Problems**

- 368s are very reactive and impulsive, and so can overreact and can perceive illusory conflicts and power struggles when there aren't any. They also have a tendency to talk back or say too much too quickly before accurately assessing the situation, putting their credibility in jeopardy at times. They ought to slow down and think before opening their mouth and reacting to any potential things that they don't agree with (this trait is shared with all the 6+8 combinations). As the most aggressive and combative tritype of all the 27 archetypes, they should allow more time in their routine to relax and shift their focus of attention to body care and well-being;
- 369s are so adept at shapeshifting that they often become asleep to their own needs and identity. They also want to be the best person for every situation they encounter, which can be unintentionally obnoxious or annoying for others. They may be seen as opportunistic and fake, even though they almost always strive to be accepted. This tritype may need to learn to slow down and learn how to look inside themselves in order to discover their true needs;
- 136s is the tritype that is the most at risk of losing themselves into their work and becoming workaholics. They may be uncomfortable about not doing a task correctly and can be anxious if they feel that their work is not good enough. Since they are so adamant about making a difference in their workplace, they can become downright tyrannical if they are in a position of leadership and don't keep their perfectionistic tendencies at bay. Additionally, they can become suspicious of people who don't want to cooperate and show an air of rebelliousness and can make them pay their way of seeing things;

## **Patterns & Structure**

- 368s are triple confronting and aggressive. This means that this archetype has all the three enneatypes in each center of intelligence that want to engage and/or decry injustice and inequalities among various situations (depending on the subtype). They want facts and things to be crystal clear and hate contradictions, and so can brush off any inconsistencies in order to eschew incongruence and open criticism. Combined with dominant self-preservation, this tritype is extremely hard-working and enduring. This is a less openly aggressive manifestation of this tritype, as here the motivation is to keep them from experiencing material woes, and because of that, they can be very rigid and combative of any inconsistencies or threats regarding that matter. The sexual variant with this archetype is very intense and confrontational, especially if their loved ones are involved. They want total respect from them (a bit of submission also) and in exchange will destroy any detractors. They have a very hard time accepting betrayals and are more emotional than the other two subtypes. Likewise, they can be surprisingly submissive to their partners. The social subtype supports and defends their crew in exchange for group security and trust. They can be found as the organization representative or leader (often political) and are very oppositional to any differing views;

- 369s are triple adapters and the most shapeshifting tritype of them all. This means that this archetype has all the three enneatypes in each center of intelligence that try to merge into what is expected of them to be, and this is often a very instinctive way for this tritype to become readily accepted by their peers. A self-preservation 369 will be less openly merging with its environment, but can deliver strong work ethics without being too adamant about taking up the spotlight. A very down-to-earth subtype that is more discreet and humble than the other two variants. The sexual 369 is a bit more fluid and attentive to the needs of others, especially the few special ones. They are also a bit more emotional and may show a bit more of their vulnerable side than the other two subtypes. The social 369 is the classical description of the tritype. Very engaged and quick to act, they like to strive for recognition while looking at outside authority in order to get the best outcome;

- 136s are triple doing and industrious. This means that this archetype has all the three enneatypes in each center of intelligence that need to provide excellence in their work and typically won't stop perfecting their game until they are meeting or surpassing expectations. This tritype often wants to meet societal standards and be seen as an example or a role-model in their community (especially if social dominant). Self-preservation subtypes are humble and very practical. They are often anxious about performing their best in order to secure what they've earned and are generally quite disciplined and frugal in life. They often can be stuck in a rut and become overly rigid in their routine and lifestyle. Sexual subtypes are a little more charismatic and able to act faster than self-preservation subtypes. They can be surprisingly emotional about what they consider dear to them but can also be controlling and testy with the people they don't trust. Social subtypes are the ones who seek recognition and fame the most and can work really hard to attain it. They like to show off what they are made off and like to be seen as exemplary or a moral icon;

## **Potential Mistypes**

- Social Eights with a 368 tritype might mistype as a 136 because of social being the countertype of the EIGHT enneatype and being more socially-aware;

- Sexual ONES with a TWO wing and a 136 archetype can look like a 368 tritype, again, because of the sexual instinct being the countertype of the ONE enneatype;
- Sexual or counterphobic SIXES with a 136 tritype might identify with the 368 archetype because of the increased aggressiveness;
- Self-preservation EIGHTS with a NINE wing and a 368 tritype can really look like a 369 tritype;

## **MBTI**

- 368s' most common MBTI types are: ESTJ (863), ENTJ (836), ESTP (836), ESFP (386), and maybe ENFP (683). It's rare to find an introverted Myers Briggs type with this archetype (maybe ISTJ or ISTP leading with SIX?). Sensing types are a little bit more prevalent than intuitive types;
- 369s' most common MBTI types are: ESFP (369), ENFJ (369), ISTP (639), ESFJ (369), ENTP (639), ENFP (639), and sometimes ESTJ (369). While there is a preference for extroverted types, this tritype can almost be found anywhere, except for xNTJs;
- 136s' most common MBTI types are: ESTJ (136), ISTJ (163), and maybe ESFJ (361). This archetype is the most recognizable when paired with STJ and are almost never seen as an SP, NF or NT;

## **Miscellaneous Differences**

- 136s have the hardest time of all the 27 tritypes taking a break from their work and just relaxing while 369s are more fluid in their schedule;
- 368s are more openly confrontational than 136s and much more than 369s;
- 136s work better within a predictable structure than 368s who are more independent from them;
- 369s accept change more readily than 136s who are typically more traditionalists;
- 368s' communication style is more blunt and straightfoward, as they don't like long-winded and rethorical answers. 136s can be more tolerant of it;
- 136s are less likely to rebel against social injustice if they have internalized rules and values in favor of it. That's quite the opposite for 368s;
- 368s are likely to call a spade a spade and sniff out bullshit when they see it. This is less the case for 136s and 369s;
- 369s are the true mediators of the enneagram and will try to bring out any extremes nearer to the center. This is not the case for rule-abider 136s and rule-breaker 368s;

- 368s are more protective of those who can't defend themselves and the more vulnerable in general. 136s can view some of them as lazy and weak-minded;
- 369s, especially if core NINE or SIX, can stick to a group even when heavily criticised for what that collective identity symbolizes. 368s and 136s won't allow it to go that far usually.
- I was asked the differences between the 361, the 368, and the 369 tritypes, since the question is which gut type is dominant. At a glance, it is most helpful to look at activity levels. The 361 is very industrious and busy doing to avoid anxiety—the 1 brings a need to do what is morally correct. The 368 is focused on fighting for justice—the 8 brings a need to overcome and prevail. The 369 is highly adaptable and focused on being in comfortable alignment with others.
- I have found that even though the 6 may mistype as other types initially, they will accurately identify one or two of the actual types in their Tritype®. They will simply identify with one of the other types in their Tritype® even though it is not their primary type. The softer, more phobic 6 will generally have the 9 in their Tritype® and the stronger more reactive counter-phobic (cp6) will usually have the 8 their Tritype®.

**6 with 1 fix:** 6 by nature is questioning and doubting, but 1 fix is supremely uncomfortable with uncertainty and lack of structure. 6+1 tends to want to understand a concept or scenario at 100% with no stone left unturned. When there's uncertainty along the way, or when something doesn't quite fit or make sense, the 6+1 feels mental discord and needs to put everything neatly in a structured place. 6+1's become extremely frustrated when things are inaccurate or flaky. 6 is always questioning discrepancies, but what it really wants is to be able to yield to something that's actually true and finally stop asking questions. With 1 fix, there's no room for ambiguity. 1 as a frustration type pulls 6 into the place where it is dissatisfied with its own thinking process and needs to refine it.

**6 with 9 fix:** The 9 fix by contrast tends to allow 6 to stay longer in a state of questioning ambivalence. 6 still wants to find structure/truth, but 9 allows more back and forth. Both 6 and 9 have trouble being solid. With 6+9's, one might get the sense that they're playing with ideas rather than how the 6+1 insists on finding one specific outcome. The 6+9 might settle on an outcome but spend more time re-questioning and vacillating. 9 as a withdrawn energy pulls the 6 fix into a place where it needs permission to exist fully and trust itself.

**6 with 8 fix:** By total contrast to 1, now crossing the border over the great ocean of 9, 8 in any trifix tends to give license to the other fixes to just "be" unapologetically. It's not automatic aggression, but rather an allowance of being. With 6 fix, that means questioning and calling out inconsistencies/untruths is louder and more shameless. 8 tends to be uncomfortable with the natural need of 6 to submit, and so it tends to make 6 more counter-phobic but less trusting/warm/friendly. 8 being a reactive type brings 6 into a place where it expects more negativity and can be unapologetically bold.

### **Comparing 3 + 7 Archetypes (378, 379, and 137)**

The 3 tritypes concerned with having THREE and SEVEN fixes (378, 379, and 137) display these behavioral and psychological patterns:

- Pairing that is the most positive and optimistic.
- This is the magician, the salesperson, the opportunist archetype.
- Wants to show a cool and unfettered attitude.
- They know how to market themselves, even if not social subtype.
- Needs to constantly be on the move, doing or building something.
- Their ambition is somewhat smoothed out and less openly asserted unless they have EIGHT in their tritype.
- Knows how to convince and coerce people in a charming and professional way.
- Good at starting new trends and seeing what's in and what's not.
- Can perform well in marketing, business, trade, fashion, etc.
- Combine efficiency with entertainment: life is a game.
- Competitiveness with an element of fun and glee.
- Wants to be seen as slick, impressive, and on top of their game.
- Solves problems efficiently with a touch of originality.
- Can display lots of effort to hide any weaknesses, signs of failure, or disappointment.
- Can cheat, lie, and manipulate under a pleasant disguise to get what they want.
- They are characterized by their opportunistic views.
- May come off too strongly in their happy-go-lucky stance and appear fake to some people.
- There is a natural entertainer quality to this pairing.
- May make great show hosts or speakers in general.
- The 7 fix helps the core 3 to lighten up and see all the possible outcomes to meet their goals.
- The 3 fix helps the core 7 to stay focused on their goals, be anchored to reality, and to concretize their needs.

- Aggressive with what they want, fun, exploring, narcissistic, exhibitionistic, extraverted, shallow waters;
- Deceit and Gluttony combine into a charismatic, energetic, and confident-looking character. People with this combination are always on the move to present an attractive side of themselves to people and stay in an upbeat mood as long as they are with somebody;
- Double assertive stance; the need to take charge and make things happen out in the real world is enhanced;
- Attractive, upbeat, and fresh energy;
- Very masculine energy;
- The image-conforming, shapeshifting THREE is at odds with the variety-seeking, pain-avoiding SEVEN;
- There's a real conflict between the THREE's need to stay competitive and prove their worth and the SEVEN's need to seek enjoyment and feel excited about what they experience;
- Most likely combination to be seen as upbeat and cool-looking;
- The 3 and 7 are both very positive. The 3 will fake it until they make it, and the 7 will reframe a negative past or present with a more positive future.

### **Differences Between Archetypes:**

#### **Controlling their Environment**

- 378s try to maintain a certain control over their environment, even though they want to keep a positive façade and be unaffected by it;
- 379s shape-shift into what's more desirable and attractive to look at in their environment so they don't use forceful tactics in the open;
- 137s are very perfectionnistic about their ideas and will often try to manipulate their environment in hopes for better cooperativeness;

#### **Impatience and Anger**

- 378s are really impatient and won't let people limit their capacity to enjoy creating and making things happen;
- 379s will try to divert their attention to more pleasurable experiences instead of pushing people or events to their breaking point;

- 137s can channel their impatience and frustration into further developing their project in mind, avoiding unacceptable behavior seeping out;

### **Asserting their Will**

- 378s are like conquerors of foreign land. They test and try new things to further expand their territory and make new gains;
- 379s are more comfortable maintaining peace and harmony in their environment and avoid making controversies;
- 137s don't assert their will directly and openly like 378s; they prefer filtering it through a more reasonable framework that fits the overarching ideals of a collective setting;

### **Potential Problems**

- 378s can be seen as insensitive and provocative to others because they tend to love a good conflict in order to stir some shit up. They are quick-witted, but can eventually lose appeal because of their jerk attitude. Also, they can be so egocentric that they forget to include other people in their goals and schemes. Like the 368s, they can be very adept at putting their foot in their mouth because of saying or doing something offensive or inappropriate. Their "deal with it" attitude can get old very fast and look distasteful. Finally, they need to look inside themselves more and listen to their inner motivations, as they spend way too much time outside their own mind and heart;
- 379s often gloss over important details that might undermine the super upbeat and neat image that they've created. This behavior might land them in hot water, as people might realize the scheme behind that positive front and start to view 379s as frauds and liars. It is only eased out when this tritype starts to connect with his or her identity that they learn to understand that honesty is a vital piece to any communication;
- 137s are very perfectionnistic, and with that comes very high ideals that are often hard to keep up with. This can make this person very difficult to work with because of their tendency to swing between their need for structure and innovation, giving them a somewhat unpredictable nature. Like their fellow ONE + THREE tritypes, they can be overly focused on their work, but become more quickly irritated if the tasks are too repetitive and boring. Their constant need for change and variety can make them frustrated and tense if nothing goes according to their vision;

### **Patterns & Structure**

- 378s are triple assertive and expansive. This means that this archetype has all the three enneatypes in each center of intelligence that want to conquer and expand their physical territory in order to create what they crave and envision. They are the empire builders, always on the lookout for new ways of spreading their way of thinking and act immediately upon creating new schemes. Paired with a self-perservation instinct, this tritype is more grounded and looking for

the right deal to make a profitable experience. They are very epicurious and like to keep an image of a laid-back, positive person. With the sexual subtype, the attention is less tangible and more focused on reaching lofty ideals. New experiences need to be felt and savored more intensely than the self-preservation subtype. They like to be seen as a perfected ideal person to a few people close to them and their intent is to not just live experiences, but consume them, too. The social variant is more involved with securing a political or organizational enviable place in the established hierarchy. They are the most comfortable with the spotlight and like to maintain a grandiose, greater than nature persona when appearing publicly. They're usually quite colorful, but not as much as the sexual variant;

- 379s are triple optimistic and politically-savvy. This means that this archetype has all the three enneatypes in each center of intelligence that pushes for a nice and enthusiastic outlook no matter the situation and adapt accordingly. They want to project a very attractive image in order to be liked and appreciated for its ideas even though they have to bend the reality of the situation to better match their goals. Self-preservation dominant with this archetype are very cunning at finding the best deal with the least amount of effort and know how to put people at ease. They are also very modest and good at looking trustworthy. Social subtypes are similar in behavior, but are much more about image and recognition than self-pres. They are very good at keeping a positive and unprovocative front in order to make people believe that they are doing their best. Sexual subtypes are more personable and use their tremendous charisma in order to entice people that they have worth. They can look like 279s in that regard;

- 137s are triple perfectionnistic and improving. This means that this archetype has all the three enneatypes in each center of intelligence that prefer to ask itself "what can be done better" and outperform others by pure ingenuity. They like to seek opportunities to promote themselves and present their work in a fun and creative way. They always have the eye to see that something might be better and/or more effective than what it is at its current state. Self-preservation subtypes are very industrious and practical in their work. They are also known to be opportunistic and clever in getting the right contacts to give out the best outcome. Overall a very outgoing variant. The Sexual dominant is very idealistic, and bizarrely dreamy too! They are the least practical and savvy of all three subtypes and care more about pleasing and seducing others while also having a controlling stance in private. They can be enigmatic and a bit eccentric since the subtype don't mix well with the archetype. Finally, the social variant is more concerned with keeping an innovative and sustaining image while keeping their enthusiasm in check. Social recognition is often very important to this tritype and they need to maintain a pure, incorruptible persona to the world;

### **Possible Mistypes**

- Self-preservation EIGHTS with a NINE wing and a 378 tritype might confuse their need for solitude and peace for being a 379;
- Social NINE with a ONE wing and a 379 archetype can identity as 137s because of their increased activity level and group focus compared to other subtypes;
- Sexual SEVENS with a EIGHT wing and a 137 tritype could potentially look like a 378;



- Sexual ONES with a TWO wing and a 137 tritype may look like a 378 because of sexual ONE being the countertype and having access to their anger more readily than other subtypes;

## **MBTI**

- 378s' most common MBTI types are: ESTP (873), ENTJ (837), ESFP (378), ENTP (783), and maybe ENFJ (387) and ESTJ (837). It's incredibly rare to find introverted types with this tritype, while on the other hand, all extroverted types might fit the bill;
- 379s' most common MBTI types are: ESFP (739), ENFJ (379), ENTP (739), and maybe ENFP (739). It's quite rare to have introverted types with this archetype and only when 9 is leading if applicable. Besides that, the thinking and feeling ratio are about equal, so does the judging and perceiving axis (slightly tipping for perceivers);
- 137s' most common tritypes are: ESTJ (317), ENTP (731), ENTJ (317), and sometimes ENFP (731) or ESTP (731). This is a very extroverted tritype, so introverted Myers-Briggs types aren't very common. Both perceiving and judging types can be found here, but most of them are either NT or SP. Very few feeling types, too;

## **Miscellaneous Differences**

- 137s are more internally conflicted with the SEVEN and ONE dichotomy (control vs chaos). This is less the case for 378s and 379s who are more in tune with their instinctual nature;
- 378s hate outside control the most and can see it as a threat to their enjoyment and right to do what they want. 137s and 379s can deal more gracefully with external pressure;
- 379s are the most positive tritype and will keep being cheerful and deny negativity even if cornered. 137s and 378s won't;
- 137s are more structure-oriented than 378s and 379s and will work with it alongside their own creativity to produce inventive things and concepts;
- 137s are highly perfectionistic about their work, while 379s are more improvisational;
- 378s have more of a competitive streak (especially if social) than 379s, and 137s and can be sore losers;
- 378s are more pragmatic and concrete in their speech patterns than 137s, who can more technical and conceptual;
- 137s are more workaholic and dutiful than 378s and 379s, even though they must enjoy their job in order to do so;
- 379s tend to shy away from adversity, especially if conflicts become too serious and complex to handle. 378s won't back off;

- 379s are more shapeshifting and adaptable to their environment than 136s and 378s.
- A 379 would be a more reflective and considerate but also more indecisive and chameleon-like (and somewhat more withdrawn, at times) version of a 378.
- 379/793 would differ from the 378 in that 379 would be more diplomatic and conflict-avoidant than the 378.
- The sexual 378 is triple assertive and has the added jolt of the high intensity sexual energy. 378 is self-assured, innovative, and bold. There will be more of a focus on being strong and attractive compared to other instincts. The 379 is a bit softer and more adept at softening their presentation. We always refer to the 379 as the “cool guy” or “cool girl” tritype as they want to be trendy and cool but also blend. The 378 may be more outlandish, so pays less attention to being cool and more attention to being the trailblazer.

## **Comparing 3 + 8 Archetypes (358, 368, and 378)**

The 3 tritypes concerned with having THREE and EIGHT fixes (358, 368, and 378) display these behavioral and psychological patterns:

- Pairing that is the most aggressive and assertive.
- Think of a steamroller or a tank: fearsome, bulky, resistant, yet difficult to steer and maneuver.
- They are often rivals or opponents of some sort in fiction.
- Can use intimidating tactics in order to win.
- They often have a determined look on their face.
- Very committed to their goals and don't give up easily.
- They are made to spar and combat in many different forms.
- Want to give off a fierce and tough image as well as one of a winner.
- May ridicule and/or belittle those who are more sensitive and emotionally expressive.
- May think that they are invulnerable at times, that they can take up anything.
- Often make themselves bigger than they actually are; it's hard to not notice them in a crowd.
- Action-oriented person that may skip the details too fast unless they have a FIVE fix.
- Absolutely hate to lose; very strong egoistic stance.
- Loves a good challenge and can be brash and impetuous.
- May not know their limits at first and be prone to accidents or burnouts.
- Knows how to make an impact and have it their way, despite not always following the rules.
- Are often disconnected to their heart and more vulnerable side.
- Hard to deter from their goals and can be too single-minded.
- See emotions as a burden and a sign of weakness, not realizing that it can be a powerful way of communicating inner desires and intentions.
- The 8 fix helps the core 3 to rely less on their image and be more independent.
- The 3 fix helps the core 8 to consider polishing their discourse before standing their ground too strongly.
- Aggressive with what they want, pushing through, not backing down, dominating, narcissistic, emotional wall.

- Deceit and Lust combine into a very powerful and competitive personality that won't be deterred easily in order to come out on top at all costs. People with this personality will try anything to keep a strong and attractive image;
- Double assertive stance; the need to take charge and make things happen out in the real world is enhanced;
- Protective, competitive, and forceful energy;
- Probably the most masculine energy of all combinations;
- The image-conforming, shapeshifting THREE is at odds with the independence-seeking, boundary-setting EIGHT;
- There's a real dichotomy with the THREE need to adapt the self into a desirable persona and the EIGHT need to be masters of their own destiny;
- Eight with a three fix: the notably success-oriented, prominence-seeking eight. Utilizes image and manipulation to advance their career or enterprise. Business achievement can lead to political aspirations.
- The 3 and 8 are both highly competitive and want to win. The 3 wants to be seen as the best and a winner, and the 8 wants to have the power to prevail against all odds.

### **Differences Between Archetypes:**

#### **Competitiveness**

- 358s use their FIVE fix in order to gather as much useful information as possible in order to strike into an exploitable weakness. They are usually considered fearsome opponents because of their sly and cunning strategies;
- 368s jump into the action the quickest and project an image of fearless and relentless assault in order to hide their own insecurities. They are very persistent and tough to convince otherwise once their mind is settled on something;
- 378s see competition as a game to be enjoyed to the fullest, with coming out on top as the ultimate goal. While they take challenges seriously like the other THREE and EIGHT combinations, they can usually use charm and humor in order to meet their goals;

#### **Focus of Attention**

- 358s are masterminds and thus can hone in on very specific details that most people might overlook. They are hard-nosed people, even with a preference for intuition in MBTI;

- 368s are focusing on potential dangers or abnormalities that might undermine their tough and fearless persona. They are also very preoccupied by power struggles and imbalances;
- 378s concentrate on expanding their sphere of influence in the real world. They only fight if they are being confronted or slowed down, and prefer to keep on a cool head;

### **Protectiveness**

- 358s has that tough love attitude going on where they only protect people when they are truly unaware of a threat and are innocent. They like to give out practical advice in order to encourage people to become independent and fend for themselves;
- 368s are very protective of vulnerable and exploited groups and/or individuals. Injustice is abhorred and must be taken down by any means possible. They will go to the bat for someone if they are being abused (a bit like 268s);
- 378s are less openly protective of their people while being more concerned with personal gains. They will not back down if people they love are in danger, but they will try to negotiate and make light of the situation if said event isn't too threatening;

### **Potential Problems**

- 358s can be so detached from their emotional and vulnerable side that they can come across as being uncaring and cold-hearted to most people. They can be so attached to their image of an untainted successful person that they may never be able to crack open their own inner shell of vulnerability. Being so removed from their feelings all the time can make intimacy and relationships suffer from others feeling deficient and uncared for. This archetype is also very stubborn, and it's hard to be able to put their mentality into question, as they often seem to have an answer for everything;
- 368s are very reactive and impulsive, and so can overreact and can perceive illusory conflicts and power struggles when there aren't any. They also have a tendency to talk back or say too much too quickly before accurately assessing the situation, putting their credibility in jeopardy at times. They ought to slow down and think before opening their mouth and reacting to any potential things that they don't agree with (this trait is shared with all the 6+8 combinations). As the most aggressive and combative tritype of all the 27 archetypes, they should allow more time in their routine to relax and shift their focus of attention to body care and well-being;
- 378s can be seen as insensitive and provocative to others because they tend to love a good conflict in order to stir some shit up. They are quick-witted but can eventually lose appeal because of their jerk attitude. Also, they can be so egocentric that they forget to include other people in their goals and schemes. Like the 368s, they can be very adept at putting their foot in their mouth because of saying or doing something offensive or inappropriate. Their "deal with it" attitude can get old very fast and look distasteful. Finally, they need to look inside themselves more and listen to their inner motivations, as they spend way too much time outside their own mind and heart;

## Patterns & Structure

- 358s are triple strategizing and hard-nosed. This means that this archetype has all the three enneatypes in each center of intelligence that try to come up with an effective solution in order to keep themselves from experiencing shame, being overwhelmed, and vulnerable. These people are the powerhouse of the archetypes and are always coming up with new ways to control and maneuver their environment to make them above others and successful. This archetype combined with a dominant self-preservation instinct is extremely practical and resourceful. This is one of the most independent and self-sufficient combinations of all the tritypes. They keep their boundaries very protected and may be impenetrable. The sexual subtype is more preoccupied with keeping a strong and secure bond with their loved ones. They have a lot of subtle but noticeable charisma that they can exploit to manipulate people. This is also the most emotionally-aware 358. The social dominant 358 is more cause-driven than the other two subtypes and concerned with how they present themselves to the public. They like to appear as withholding intellectual and political mastery over their environment and may maintain an image of an unwavering, powerful tycoon. Very good at reading people and knows how to climb up corporate ladders;

- 368s are triple confronting and aggressive. This means that this archetype has all the three enneatypes in each center of intelligence that want to engage and/or decry injustice and inequalities among various situations (depending on the subtype). They want facts and things to be crystal clear and hate contradictions, and so can brush off any inconsistencies in order to eschew incongruence and open criticism. Combined with dominant self-preservation, this tritype is extremely hard-working and enduring. This is a less openly aggressive manifestation of this tritype, as here the motivation is to keep them from experiencing material woes, and because of that, they can be very rigid and combative of any inconsistencies or threats regarding that matter. The sexual variant with this archetype is very intense and confrontational, especially if their loved ones are involved. They want total respect from them (a bit of submission also) and in exchange will destroy any detractors. They have a very hard time accepting betrayals and are more emotional than the other two subtypes. Likewise, they can be surprisingly submissive to their partners. The social subtype supports and defends their crew in exchange for group security and trust. They can be found as the organization representative or leader (often political) and are very oppositional to any differing views;

- 378s are triple assertive and expansive. This means that this archetype has all the three enneatypes in each center of intelligence that want to conquer and expand their physical territory in order to create what they crave and envision. They are the empire builders, always on the lookout for new ways of spreading their way of thinking and act immediately upon creating new schemes. Paired with a self-preservation instinct, this tritype is more grounded and looking for the right deal to make a profitable experience. They are very epicurious and like to keep an image of a laid-back, positive person. With the sexual subtype, the attention is less tangible and more focused on reaching lofty ideals. New experiences need to be felt and savored more intensely than the self-preservation subtype. They like to be seen as a perfected ideal person to a few people close to them and their intent is to not just live experiences, but consume them, too. The social variant is more involved with securing a political or organizational enviable place in the established hierarchy. They are the most comfortable with the spotlight and like to maintain a

grandiose, greater than nature persona when appearing publicly. They're usually quite colorful, but not as much as the sexual variant;

### **Possible Mistypes**

- Social SIXES or EIGHTS with a 368 tritype make look more like 136 because of their work ethic and dependable nature;
- Sexual 378 of any type may appear as 478 because of their flamboyant approach to life and access to emotional experiences;
- Self-preservation EIGHTS with a 368 archetype can look like 358s because of their more introverted nature and easier access to FIVE;
- Sexual FIVES with a 358 tritype may mistake their tritype with 458 because they are the countertype of FIVES and thus have more access to their emotional nature;

### **MBTI**

- 358s' most common MBTI types are: ENTJ (835), ESTJ (835), INTJ (583), and sometimes ISTJ (538) or ISTP (583). It's very rare to see a feeling type with this archetype—even more so if preferring extroverted feeling. Perceiving types are also quite uncommon for this tritype (ENTP might fit the role, though). NTJs are very prolific with this tritype;
- 368s' most common MBTI types are: ESTJ (863), ENTJ (836), ESTP (836), ESFP (386), and maybe ENFP (683). It's rare to find an introverted Myers-Briggs type with this archetype (maybe ISTJ or ISTP leading with SIX?). Sensing types are a little bit more prevalent than intuitive types.
- 378s' most common MBTI types are: ESTP (873), ENTJ (837), ESFP (378), ENTP (783), and maybe ENFJ (387) and ESTJ (837). It's incredibly rare to find introverted types with this tritype, whilst all extroverted types might fit the bill.

### **Miscellaneous Differences**

- 358s are strategists that look before they leap, while 368s and 378s are less inclined to do so;
- 368 can be considered as a whistleblower archetype, while 378s prefer to keep things light and enjoyable;
- 378s are quick-witted and can improvise on the spot, while 358s need time to hatch a plan and put it into action;
- 368s and 378s can often put their foot in their mouth by saying too much, while 358s can be in trouble for not saying anything;

- 358s are in danger of seeming too robotic and unemotional, while 368s can be put on the spot for being too dramatic and reactive;
- 378s almost always have an air of glitz and bigness around them, while 358s are more silent but deadly;
- This is a small one, but 368s have a slight advantage when telling that there is a problem with themselves because of the SIX fix. The 358s and 378s tend to disregard their inner vulnerabilities;
- 358s may be overwhelmed when things don't go as planned, even though they are great at elaborating failure-proof strategies. 378s bluff more to appear like they have the advantage even when cornered;
- 358s and 378s are a bit like master illusionists and are adept at skewing the reality in their favor. 368s are more about trampling the issue head-on and calling a spade a spade.
- 358 vs 378: <https://www.youtube.com/live/jeBMj2-vzGg?feature=share>

### 368 vs 378:

**The 7 in the 378 Tritype brings more autonomy, vision, and a lighter touch than we will see in the 368. The focused intensity of the cp6 in the 368 Tritype has a militant type of intensity. So, the 378s by comparison are more political, and as such, are natural leaders and innovators whereas the 368s are more loyal and dutiful and as such are better enforcers of justice.**

It has long been thought that the 378 is the most assertive Tritype because the 3, 7, and 8 are the assertive types in the triad in which they reside. The 3 is the assertive heart type, the 7 is the assertive head type, and the 8 is the assertive gut type. And to a large degree this is true...however...the 368 is actually more aggressive than the 378, but why?

This is a great question because both of these Tritypes are assertive. In general terms, the definition of aggressive is usually equated with being combative, angry, and quarrelsome whereas assertive is often defined as being bold or confident in behavior, manner, or style.

**Both definitions fit aspects of both Tritypes. Both the 378 and the 368 are assertive and/or aggressive but in different ways.**

An important note is that any type can be aggressive, just as any type can be intelligent, sad, or lonely, etc. What we want to consider is why and how an emotion is overused and how it is used as a defense strategy.

I love my analogies...in large part because I have found that people learn faster when they understand the archetypal energies of Types, Tritypes, and Instinctual Types. If we compare and contrast the 'Gestalt' of the energies present, it is easier to see the nuances of type.

In general terms...

**The 378s are the politicians, whereas the 368s are those in the Special Forces.**



**The 378s are the bombers, whereas the 368s are the tanks and torpedoes.**

**The 378s are the lions, whereas the 368s are the honey badgers.**

### **Comparing 3 + 9 Archetypes (359, 369, and 379)**

The 3 tritypes concerned with having THREE and NINE fixes (359, 369, and 379) display these behavioral and psychological patterns:

- Pairing that hides behind an inoffensive and likable veneer the most.
- Enhances the natural line of connection to THREE and NINE.
- Probably the least likely of all pairings to display strong emotions or go toward extremes. Consequently, there is rarely something offensive, dramatic, or controversial about them, at least on surface level.
- There is a natural mask of pleasantness when these two enneatypes come together.
- Hides their more edgy side with a likable but somewhat plain exterior.
- Can be a surprisingly tough nut to crack in private, even when they lead with the sexual instinct.
- Stick to the role that is assigned to them.
- Very consistent behavior, especially in public.
- Even when they lead with SIX or are a feeling type in the MBTI, there is a moderation in their emotional display and they won't focus too much on amplifying them, especially negative ones.
- Wants to be seen as reliable and successful without too much arrogance.
- Can pride themselves in being tolerant, uncomplicated, and agreeable.
- Very adaptable and accommodating.
- Can agree with people on the surface, but privately disagree.
- Masters of lazy but efficient work practices, a.k.a. working smarter.
- Are efficient, but don't usually push themselves further than what's expected of them.
- Hide their stubbornness by only adapting in surface and doing superficial changes.
- Unemotional and dry personality for the most part.
- The 9 fix helps the core 3 mellow their ambitious nature and go more with the flow.
- The 3 fix helps the core 9 be more assertive, dynamic, and goal oriented.
- Adapting to ideals, shiny, glossy, smooth, mirroring, a star, tabula rasa
- Deceit + Sloth combine into a neutral, highly adaptable personality that focuses on blending with its intended role and performing decently without making too many waves (the dominant instinct heavily colors the way this combination fills up its role);

- Double attachment stance: the need to observe and watch for potential break-ups with their environment is heightened, as for their need to keep good relationships;
- Neutral, emotionless energy;
- Can appear a bit robotic or spineless, without any true original convictions;
- The image-seeking, driven nature of THREE is toned down with the mellow NINE energy;
- There is conflict between the need for recognition of the THREE and the wall-hugging, self-denying NINE;
- This combination is so malleable and versatile that they can have multiple personas for different situations;
- THREE + NINE coming together are the best shape-shifters of the enneagram. They are able to disguise into almost anything in order to fit their environment;
- Ambition is at odds with ambivalence pertaining to what they want. A more extroverted, focused, and productive Nine. These Nines may take on projects and use the charisma of Three to fundraise and promote shared universal values of peace and harmony, or conflict resolution. A more popularity-seeking Nine who wants to be acknowledged publicly for their efforts.
- Tweaking themselves to adapt to others, mirroring an idealized self is possible because they seek acceptance. They shy away from conflict, and find it distasteful. A complete departure from self is possible the more they strive towards admiration and approval. Calms down the frenetic, glossy, and shiny vibe of the Three.
- I see people with 3 and 9 fixes as those who care about success and their image, but the 9 is more modest and humble on the exterior, so they aren't as pushy in self-promoting themselves.

### **Differences Between Archetypes:**

#### **Energy Levels**

- 359s are the least extroverted out of the three THREE + NINE combinations. They prefer to act in the background and keep their observations to themselves;
- 369s are the most adaptable and versatile. They could very much fit anywhere because merging with the task and environment gives them security;
- 379s are the most outgoing. They like to display what they can do in a fun and non-threatening way;

#### **Role Fits**

- 359s are better at and more comfortable behind-the-scenes and can prove their worth with their sharp and knowledgeable mind;
- 369s fit the everyman/woman persona to a T. They are great at maintaining good relationships between opposing parties and keeps things running smoothly;
- 379s are very good in public relations and in the entertainment business. They like to keep spirits up and know how to read the situation;

### **Information Gathering**

- 359s use their personal knowledge, independent thinking, and stored-up data in order to better conform into a designated role or do a specific task;
- 369s use shared information, outside rules, and authority figures in order to better conform into a designated role or do a specific task;
- 379s use their pattern-forming mind, anticipation, and excitement in order to better conform into a designated role or do a specific task;

### **Potential Problems**

- 359s can be so identified in appearing adaptable and being the person for every situation that they may lose their connection to their own feelings. They may have a hard time understanding the need to validate and respond to others' emotional side, that they may come across as unfeeling or robotic;
- 369s are so adept at shapeshifting that they often become asleep to their own needs and identity. They also want to be the best person for every situation they encounter, which can be unintentionally obnoxious or annoying for others. They may be seen as opportunistic and fake, even though they almost always strive to be accepted. This tritype may need to learn to slow down and learn how to look inside themselves in order to discover their true needs;
- 379s often gloss over important details that might undermine the super upbeat and neat image that they've created. This behavior might land them in hot water as people might realize the scheme behind that positive front and start to view 379s as frauds and liars. It is only eased out when this tritype starts to connect with his or her identity that they learn to understand that honesty is a vital piece to any communication;

### **Structure & Patterns**

- 359s are triple camouflaging and hidden. This means that this archetype has all the three enneatypes in each center of intelligence that tries to cover and hide the self and its vulnerabilities in order to better fit their assigned role in any given situation. They like to prove their worth, practically, while being efficient and adaptable. The vanity and deceit of the THREE

is less apparent here. A lot of 359s are dominant self-preservation and thus feel distant and removed from their environment. They're also the least openly arrogant and boasting of all 3 combinations there is. They are also more down-to-earth and savvy than the other two variants. Sexual subtypes are more passionate and idealistic. They may want to look like the perfect husband/wife to their partner and hide behind a glamorous veneer in order to be accepted (especially with THREE leading). They are attentive to what makes them feel alive and may be more emotional than self-pres or social variants. The social variant is the most outgoing and openly arrogant. They want to be seen as successful and like to display their competency and knowledge. More active and engaged socially;

- 369s are triple adapters and the most shapeshifting tritype of them all. This means that this archetype has all the three enneatypes in each center of intelligence that try to merge into what is expected of them to be, and this is often a very instinctive way for this tritype to become readily accepted by their peers. A self-preservation 369 will be less openly merging with its environment, but can deliver strong work ethics without being too adamant about taking up the spotlight. A very down-to-earth subtype that is more discreet and humble than the other two variants. The sexual 369 is a bit more fluid and attentive to the needs of others, especially the few special ones. They are also a bit more emotional and may show a bit more of their vulnerable side than the other two subtypes. The social 369 is the classical description of the tritype. Very engaged and quick to act, they like to strive for recognition while looking at outside authority in order to get the best outcome;

- 379s are triple optimistic and politically-savvy. This means that this archetype has all the three enneatypes in each center of intelligence that pushes for a nice and enthusiastic outlook no matter the situation and adapt accordingly. They want to project a very attractive image in order to be liked and appreciated for its ideas even though they have to bend the reality of the situation to better match their goals. Self-preservation dominant with this archetype are very cunning at finding the best deal with the least amount of effort and know how to put people at ease. They are also very modest and good at looking trustworthy. Social subtypes are similar in behavior, but are much more about image and recognition than self-pres. They are very good at keeping a positive and unprovocative front in order to make people believe that they are doing their best. Sexual subtypes are more personable and use their tremendous charisma in order to entice people that they have worth. They can look like 279s in that regard;

### **Possible Mistypes**

- Sexual or Counterphobic SIXES with the 369 tritype, albeit possibly uncommon, can look a bit like 368 because of the aggressive stance of this SIX;

- Some Social SEVENS with this 379 tritype may consider themselves as introverted and less prone to their sin of gluttony, hence the 359 mistype that could ensue;

- Social FIVES with a SIX wing with a 359 tritype may very much look like a 369. This can also be the case for a Social SEVEN with a SIX wing.

- Self-preservation THREE with a FOUR wing with a 369 could easily look like a 359 tritype because of the more cold and withdrawn quality of the wing.

## **MBTI**

- 359s' most common MBTI types are: ISTP (539), INTP (593), INTJ (539), and sometimes ISTJ (953). It's uncommon to see feeling types having this archetype (they'll most likely lead with NINE), and even more rare with extroverted types, who will lead with THREE.
- 369s' most common MBTI types are: ESFP (369), ENFJ (369), ISTP (639), ESFJ (369), ENTP (639), ENFP (639), and sometimes ESTJ (369). While there is a preference for extroverted types, this tritype can be found almost anywhere, except for xNTJs.
- 379s' most common MBTI types are: ESFP (739), ENFJ (379), ENTP (739), and maybe ENFP (739). It's quite rare to have introverted types with this archetype, and only when 9 is leading, if applicable. Besides that, the thinking and feeling ratios are about equal, as does the judging and perceiving axis (slightly tipping for perceivers).

## **Miscellaneous Differences**

- 359s are better at keeping their cool and staying out of the limelight than 369s and 379s. That is why they could make great spies, detectives, and private eyes;
- 359s makes the best invisible men/women, 369s the best everymen/women, and 379 the best spokesperson/spin doctor;
- 369s' nervousness and anxiety can be felt for a while. This isn't much the case for 359s and 379s;
- 369s seek guidance and protection from a higher authority, while 359s act on their own for the most part;
- 379s make people at ease with laughter and goodwill, while 359s always feel a bit cold and detached from people;
- 369s can have a surprising rebellious attitude when confronted with too much inner and outer tension, which can be less of a thing for 379s who are glossing over trouble;
- 369s can have difficulty taking positions (SIX and NINE influence), while 359s are more independent in their thinking;
- 379s are the most positive tritype there is, while 359s and 369s can more readily accept the negative sides of reality;
- 379s must think positively at all costs, while 359s must think logically at all costs;

- 359s will usually take a longer time than 369s and 379s to act because they want to accurately study the situation first (especially if leading with FIVE).

## **Comparing 4 + 5 Archetypes (458, 459, and 145)**

The 3 tritypes concerned with having FOUR and FIVE fixes (458, 459, and 145) display these behavioral and psychological patterns:

- Pairing that is the most introspective and focused on its inner life.
- Enhances the natural wings of FOUR and FIVE.
- They're the deep divers of their own personal abyss.
- People with this pairing are deep thinkers and feelers.
- Often feel like a drop in the ocean, like they could be easily swallowed by the outside world.
- Feels tired very quickly when interacting with people, especially in new environments.
- Genuinely feel different and separate from the crowd.
- Generally prefers written communication over spoken one.
- Seeks depth in everything and often cannot tolerate daily conversations because of this.
- Often engrossed in interests far more than other pairings.
- They have a hard time communicating their feelings if they are caught up in them.
- Often have a capacity for forming mental maps in which they can intuitively navigate.
- Seeks beauty and authenticity in the pursuit of knowledge.
- Often have odd or unusual interests.
- Can be shut ins and live in their own fantasy realm.
- Can be emotionally moved whilst not overtly showing it at all.
- Often have a hidden self that very few people are aware of.
- Want to be known for their artistic complexity and ingenuity.
- It can take them an enormous amount of time to produce something because they always prioritize quality over quantity.
- Feelings can be a source of anxiety, but they still want to experience them.
- Often amass vast amounts of knowledge and are often wise beyond their years.



- The 5 fix helps the core 4 seek out logical causes to their feelings of inferiority and pursue intellectual hobbies.
- The 4 fix helps the core 5 break out of the cerebral mindset and allow intuitive and emotional depth to seep into the self.
- Existential, withdrawn, removed from reality, schizoid, an insect among humans, out of touch with the masses, a problem.
- Envy and Avarice merge into a very private, introspective, and sensitive personality. People with this combination prefer to live through their imagination and have a hard time taking action in the real world;
- Double Withdrawn stance: the need for saving up personal energy and straying away from overwhelming situations is increased;
- Quiet, meditative, emotional, and cerebral energy;
- Leaning toward feminine energy;
- Sensitivity and attachment to emotional states of FOUR is at odds with the detached, aloof stance of FIVE;
- There is a conflict between the FOUR's need to explore their emotional self and the FIVE's need to maintain a neutral, unbiased stance;
- Most likely combination to be seen as introverted, solitary, and removed from its environment;
- Removed from reality, loner, highly creative, rejects mundane reality and prefers to not mingle with plebs, keen on studying people to compare self against them as well as to see what makes them tick. A dispassionate quest to understand their fellow humans but takes pride in not being one of the normies. Hoards information/withdraws to counter their sense of deficiency. Competency in niche fields drives their sense of identity.
- 5 + 4 has the perceptiveness and thoroughness of the type 5 mixed with the intuitiveness and sensitivity of type 4. It pushes more to this subjective aspect of both types also having a bit of the emotionality and meaning seeking of type 4.

### **Differences between Archetypes**

#### **Relation to Anger**

- 458s can become quite upfront and adamant about what they know. They usually don't shy away from debates and like to confront other's ideas;
- 459s are the least comfortable with aggression and therefore can brush off external attempts to get a response from them. They can become unmovable and shy when stressed;

- 145s don't like it when people don't follow the same rigorous steps of information gathering and analyzing as they do. They can become frustrated and nitpicky with unmotivated and sloppy people;

### **Personal Strengths**

- 458s are the best at developing personal views and theories, particularly philosophy and/or politics. They love to delve into specific topics and defend their ideas;
- 459s can really observe and contemplate their inner life and understand themselves better than any other tritype;
- 145s are the best at further refining concepts and theories in their respective framework and mapping out uncharted territories thanks to their razor-sharp intellect;

### **Control from the Environment**

- 458s are extremely independent and don't like uncalled external help that can be interpreted as coercive and controlling;
- 459s are less likely to be confrontational and prefer to quietly avoid or ignore people that try to assert control onto them;
- 145s are more likely to quietly exert control over their own beliefs and what they perceive as adequate, and may try to coerce people into using the same methodology as them;

### **Potential Problems**

- 458s may run the risk of being too closed-minded and argumentative about what they know to be the truth. Since they look at things very thoroughly, they can use their knowledge as a weapon, attacking any differing minds with it. Also, this tritype isn't the best communicator in the sense that they can be curt and a bit rude about information that they perceive as superficial or incomplete. They also tend to keep their language peppered with complicated and/or posh terms that might confuse people. They may need to be more open-minded and understand that people don't understand things the same way as they do and are often satisfied with more simple answers;
- 459s have a hard time exerting their thoughts and feelings to people and have great difficulties overcoming their tendencies to shut the world off from their lives and can become hermetic and obsessed with their own mind. While this is less pronounced with social subtypes, this tritype can be hard to be with because they don't allow much in and out of their universe. They can also be surprisingly intense and overwhelming by their in-depth approach to life. Furthermore, they need regular quiet time in order to recharge and feel at ease with their environment. Because of this, they can appear invisible, forgettable, and distant. One big exception is the Social subtype,

which can look more outgoing but only in specific times and places and will typically choose to talk about their preferred topics of interest;

- 145s can be so identified in pursuing additional knowledge and getting accurate information, that this daunting task can become exhausting and leave you irritated and intolerant of outside advice. This tritype is also very critical and prone to correct others in their observations, making it frequently unliked and annoying if this attitude is persistent in time. Given that this archetype also tends to be very withdrawn and values their alone time, they should try giving others the benefit of the doubt and allow themselves to be educated freely and not only by verifiable sources;

## **Patterns & Structure**

- 458s are triple independent thinker. This means that this archetype has all the three enneatypes in each center of intelligence that want to come up with an idiosyncratic view or answer to look up information and learn about their environment and themselves. This means that they can be very selective about accepting information from an outside source, especially if they are knowledgeable in said subject. When combining this tritype with the self-preservation instinct, this gives off a pretty introverted and solitary character. This combination is probably the most independent one of all, especially when leading with FIVE or EIGHT. They are very focused on survival and can be very wise about subjects such as existentialism or life and death in general. Sexual subtypes are more passionate as always, but with this archetype, the accent is on sharing intimacy with one romantic partner. They can give everything and even sacrifice themselves for their partner in exchange for eternal faithfulness. Social subtypes are somewhat at odds with this tritype. They like to be seen as the wise and resourceful person of the group and can even be the silent leader orchestrating everything in the background. They might not always feel up to the task, though, even if they can hide it well;

- 459s, as mentioned above, are triple withdrawn. This means that this archetype has all 3 enneatypes in each center of intelligence that need to go away from the outside world in order to recharge and conserve their energy. This tritype feels easily drained by external contact and prefers to limit their interaction with it. People with this archetype might feel vulnerable and unable to take on action, and thus prefer to engage more in the realm of imagination. This tritype is most compatible with a dominant Self-Preservation subtype and most at odds with a Social subtype. Socials with this tritype want connections and a sense of belonging but feels the pressure of the group's expectations the most and think they can't take on the responsibilities. SP people are the most reclusive, energy-retentive folks of the whole damn enneagram. They are the least emotionally and verbally expressive of the 459s. Sexual subtypes are usually intense and seek fusion with their intimates. They might live off their passion through their work (if paired with secondary SP);

- 145s are triple analytical and studying. This means that this archetype has all the three enneatypes in each center of intelligence that need to search a subject in depth, both intellectually and emotionally, in order to come to an accurate and detailed conclusion. They can't be satisfied with normal or readily found data, as they want to be as precise as possible in order to develop their competency and find new info that might have been overlooked. Self-preservation subtypes

with this tritype are very withdrawn and independent, preferring to keep their interests private and often live in frugality. The five influence is usually very strong with this subtype since the FOUR fix here is the countertype and doesn't readily express their emotions like the other two subtypes and the ONE fix is very removed from its anger, expressing more anxiety for perfection. Sexual subtypes are very intense and passionate and often feel compelled to research about taboo or bizarre subjects that make them feel connected to the human body in some way. They have a combination of a prickly and passionate attitude that makes them quite magnetic, even though they want privacy too, like the self-preservation subtype. They love to have deep and detailed conversations with their loved ones. Finally, social dominants with this subtype are very rigid and have a lot of "shoulds" about what should be actually considered correct and meaningful information. They are often interested in metaphysics and/or spiritual fields that make them feel unique and superior of some sort. They love to teach and could make a terrific college professor;

### **Possible Mistypes**

- Sexual FOURS with a 145 tritype may mistype as a 458 because of their passionate nature and easier access to anger than the other subtypes;
- Self-preservation EIGHTS with a NINE wing and a 458 archetype can identify with the 459 tritype as they are usually more introverted and a little less outspoken than the other subtypes;
- Sexual ONES with a 145 tritype are often mistaken as a 458 archetype because of the subtype's easier access with anger;
- Sexual FIVES with a SIX wing and a 459 or 145 tritype may look like a 458 archetype, possibly because of the slightly feistier behavior of the wing and subtype;

### **MBTI**

- 458s' most common MBTI types are: INTJ (584), ENTJ (854), INTP (458), and sometimes INFP (458) and INFJ (458). This tritype is rarely associated with sensing types (only ISTP could be a possibility). This archetype is mostly found within NTJs;
- 459s most common MBTI types are: INFP (495), INFJ (459), INTP (594), and sometimes ISFP (945). It is exceedingly rare to find an extroverted Myers-Briggs type with this archetype and when it does happen, it is mostly ENFPs or ENTPs;
- 145s' most common MBTI types are: INFJ (451), INTJ (514), INTP (541), and sometimes INFP (451). This tritype is most commonly found within introverted intuitives and are more rarely found elsewhere. ISTJ could be a potential sensing example here. Lots of judging types too;

### **Miscellaneous Differences**

- 459s are more passive and agreeable than 145s and 458s;
  - 458s are usually more passionate and show more emotions than 145s when arguing or discussing what they like;
  - 145s are more studious and thorough in their work than 459s, who can allow themselves to daydream more;
  - 459s are less likely to openly express their personal opinion over a sensitive subject, unlike 458s and maybe 145s;
  - 145s are more likely to correct others on accuracy of facts and/or form than 459s and 458s;
  - 458s' fields of interests can be quite dark and unusual compared to 459s, who are less likely to like extremes;
  - 459s are less hard-nosed and practical than 458s;
  - 145s may be more refined and particular in their personal tastes. 458s are a bit more rough or grim-looking, and 459s are a bit more conventional on the outside;
  - 458s can be menacing and daunting in their overall demeanor, while 459s are rarely intimidating.
- I'm a 514, one of my friends is a 549. We're similar, but because of my 1 fix, I am more prone to correcting others and speaking my mind, not in a condescending manner, but more of a "I think it will help you if you knew about this" tone of voice. But I'm also kinda strict, I guess? Some people think I'm too serious, but my close friends know I'm pretty goofy. My 549 friend avoids confrontation as much as possible. She also "corrects" other people, but if she knows that it will lead to a conflict, then she avoids expressing her thoughts to other people. She seems soft and kind. That's the vibe she gives off. People tell me I seem strict and "lacking a sense of humor" which is probably because I usually only open that part of me to people who can handle the totality of me.
- 548s are more likely than 549s to be confrontational. Generally, 548s are kind of close-minded and use difficult forms of language to explain certain topics other people may struggle to grasp. They have stronger opinions they hold firmly onto, and can display protective behavior over things/people they value. 549s are more practical, passive, agreeable, and have the tendency to avoid voicing their opinions on sensitive topics.
  - With 5 and 4, I see the 9 as adding a softer, more passive quality. 459s probably possess more empathy, but also a harder time staying clear and focused. They likely also have a harder time knowing their own stance on things. The 9 combines with the 4 to bring about these fairly non-5 qualities. On the other hand, I see the 1 as adding a more earnest and sharper/clearer quality. Any emotionality is probably more like passionate perspectives than moodiness and empathy. 451s probably pay more attention to craftsmanship and quality-control. The 1 combines with the 5 to bring about more drive to get things done.

• Both the 451 and 459 are reserved and introspective and self-conscious. The 451 is very critical of themselves and others. They're very particular and have a lot of shoulds. They can be strident. Dissatisfaction is visible as their energy can be prickly. The 459 is more reserved and passive. They wait to be included. They are approachable, but hope that others will come towards them. Likewise, they are quiet in their demeanor. They project a sense of stillness. Their energy is soft and yielding. Dissatisfaction is hidden like in the 479.

#### 548 vs 549

548 is a hardcore type. Double reactive. Non-attachment. Attachment is the basis for our society.

Example of a 548: <https://www.youtube.com/watch?v=jjinZvtwtqA>

This is a beautiful and obvious example of someone with that Tritype. Pretty dark. Harsh. Truth. Seeing death and destruction. And calling it out! It's a VERY rare Tritype. Maybe the rarest Tritype. Not very human. I can't imagine someone with that Tritype working a normal job.

549 is a bit more human. Holding back a bit more. Going along a bit more. But triple withdrawn. I once had a perfect example of that Tritype, too, but I lost the link. :( He had difficulty speaking, but it was a famous, grown man. In the creative industry. The interviewer was asking him questions, and it hurt to listen him talk, because verbal, social expression seemed like torture to him. It's also a very rare Tritype, because triple withdrawn is almost not functional.

The differences for the 54(1/8/9) are the **bold\*/italics\*** words, e.g.:

1s = diligent, ethical, correct.

8s = protective, straightforward, strong

9s = accepting, peaceful, shy, reserved

**So in short, as you'd expect, the three 54Xs are just slightly different** when they use their Body Center to show traits of 8s, 9s, and 1s. BTW, **this is why many feel the tritype theory adds little** to understanding the enneagram, or for sure little to how you would use it to grow...instead focus on growing via your core, wings, arrows, instincts, etc.

#### **541-The Researcher**

If you are a 145, you are **diligent**, intuitive, and knowledgeable. You want to be **ethical**, original and wise. Highly intellectual, you are focused on what you perceive is *correct* and above reproach. Motivated to be informed, you are research oriented. You seek and quote the *opinions of experts* to avoid being uncertain and seen as ignorant.

#### **548-The Scholar**

If you are a 458, you are intuitive, knowledgeable and **protective**. You want to be original, wise and **straightforward**. You study what makes people tick and form *strong* opinions about what you learn. Somewhat introverted, you are identified with being an intuitive, strategic thinker. You see and focus on the *interconnections* that others often miss.

#### **549-The Contemplative**

If you are a 459, you are intuitive, knowledgeable and **accepting**. You want to be original, wise and **peaceful**. Highly self-aware and reflective, you are very *shy, reserved and self-conscious*. You need regular quiet time to reflect on your thoughts and emotions. Easily flooded with emotion, it is *difficult for you to voice your ideas and feelings*.

#### 548 vs 549 vs 541

548 - Think 'edgy movie director' or 'avantgardistic alt-rocker'. With two reactive fixes and 5 as the most negative of the neutrals, there is going to be a strong negative coloration here, and not much of a filter.

549 - All three introverted fixes. The 4+9 combo brings in an idealization of fantasy or childhood that the others wouldn't have. 5 & 9 both have a thing about not wanting to impose on others and have philosophical inclinations.

541 - The three least 'flexible' fixes. Might be perceived as somewhat dour & joyless, but also probably the most functional/productive of the 3. The 5+1 combo makes an inexpressive, very precision focused person; 4+1 tends to be 'critic-like'

#### 584 vs 514

The 584 Tritype® is more likely to just speak out about their views. They are very intellectual, philosophical, and passionate. They are also strong in their opinions due to the intensity of the 8 and the 4 in the 548 Tritype®.

The 514 Tritype® is more inhibited and focused on appropriateness. All 5s want to be knowledgeable, and all 5s are sensitive. So, the 1 and 4 in the 514 Tritype® increases sensitivity and the desire to be knowledgeable and accurate. The 514 needs to be factual and conceptual, but also needs to be mentally and emotionally prepared as well as rehearsed before giving their opinions. This is because the 514 Tritype® has a greater sensitivity to shame than the 548 Tritype®.

584 is more of a loose canon, has more charisma, cares less about rules, and argumentative. 514 is less exuberant, more plain outwardly, has a richer inner world, more serious, cares more about and sees the value in rules. 584 is more of a rebel and is more selfish. 514 is more giving and rule following.

## **Comparing 4 + 6 Archetypes (469, 468, and 146)**

The 3 tritypes concerned with having FOUR and SIX fixes (468, 469, and 146) display these behavioral and psychological patterns:

- Pairing that is the most doubtful and sensitive to experiences in general.
- Emotionally volatile, but their feelings run deep.
- Takes a great deal of time analyzing and sorting out their feelings and thoughts.
- Sees their identity as shifting and molding itself through their experiences.
- Doubts themselves and others a lot.
- Conflict between external security and maintaining personal integrity.
- Questions life and the meaning behind everything to the point of being emotionally and mentally exhausted at times.
- Emotionally volatile and verbally aggressive if threatened.
- Always sees new information in their quest to find the truth, so it's a never-ending search.
- Creative, but needs reassurance in their abilities and support from others.
- It's hard for them to hide their emotional reactions to something.
- Feel their vulnerable side and may reveal it more than other pairings.
- Often need to vent and talk about what's troubling them to someone they trust.
- Often very empathetic of other's suffering when healthy.
- Often have a very good capacity for psychological help because of the emotional intuition of the FOUR and the generosity of the SIX.
- Kids with this pairing often possess emotional maturity because they pause and question the situation they are in instead of simply interacting with it.
- They have the ability to be in other people's shoes and help them in a deep way.
- The 6 fix helps the core 4 seek meaning outside their emotional realm and validate their findings with trustworthy sources.
- The 4 fix helps the core 6 turn inward toward their authentic self to seek meaning without reaching for external assistance.
- Reactive, emotional, over-analyzing, destroying, projection and introjection, they've been "wronged/hurt," Jekyll/Hyde, victim mentality, spiraling.



- Envy and Fear combine into an emotionally reactive, unsure, and restless character. People with this combination often report being torn between their need to express themselves and conform to the mass;
- Double reactive stance; the need to express and validate their emotional realness of a situation is enhanced;
- Attentive, worried, and fragile energy;
- Quite feminine energy;
- The melancholic, past-oriented FOUR is at odds with the fearful, future-oriented SIX;
- There is a conflict with the FOUR's need to express its individuality and personal feelings with the SIX's need to be watchful of any variations in their environment and anxious preparations;
- Most likely combination to be seen as anxiety-ridden, emotionally expressive, and labile;
- 146, 468, and 469 all share a hypersensitivity to negative feedback, whether it's blame, shame, or judgement. Criticism is taken directly personally (4) and responded with some degree of emotional reactivity (6). Katharine Fauvre made an amusing analogy of 4s: while most people would try to avoid arrows being shot at them, a 4 would actually catch an arrow flying at them and use it to stab themselves. This imagery pretty much depicts how criticism is received.

When the 4 and 6 are in the tritype, there is more negativity as a strategy to prevent making a mistake that will bring shame, blame, and criticism. This is most true of the 461 and then 468 and then the 469.

Both 4s and 6s can be emotional. The question is what are you emotional about? In terms of difficult behaviors...

6s identify a source to prove

4s identify a source to impress

### **Differences Between Archetypes:**

#### **Emotional Expression**

- 468 is the most reactive tritype and can be very prone to overreacting to any changes in their immediate environment that they deem threatening;
- 469s are more doubtful and unsure of themselves. They express their concern for their own ability to assert change and to be faithful to their own values;
- 146s are less expressive than the other two archetypes because of the ONE's distrust of emotions in general, making them more critical and frustrated with unplanned actions and/or careless behavior;

## **Activity**

- 468s are very active in general and can jump quickly into action when needed. They can be impulsive in thinking they need to react to what seems to be disingenuous or dangerous;
- 469s are very hesitant and careful with what they choose to do, since they are unsure of the right way to do things and how it can affect the overall harmony of their environment;
- 146s are also careful, but are also a bit more confident in taking action when needed. They need the right structure and procedure to do so;

## **Dealing with Own Anxiety**

- 468s erase their anxiety when they confront people or situations that seem fishy to them. They feel their best when they say what everyone doesn't want to say or hear;
- 469s can linger on their doubts for too long at times, preventing them from effectively knowing what's best for them. However, that can also work very well when focusing on the essential questions to be solved;
- 146s can ease out their anxiety by looking at what could be corrected and taken care of in order to straighten up their environment by establishing rules based on personal values;

## **Potential Problems**

- 468s are so reactive that they might not realize that they need to stop and analyze the situation more before jumping to conclusions. They can call off a situation prematurely and can get into hot water because of it. Additionally, they can be a little too aggressive and threatening when trying to denounce a situation or prove their point and can dissuade people from believing in them. It can be really hard for the archetype to refrain their emotional side even when discussing everyday subjects and because of that, they may not realize that they are being reactive and emotional about something;
- 469s are more visibly anxious and unsure about themselves and their environment. They, like 459s, can look shy and wait for others to include them, but generally displays a more friendly and approachable attitude. The warmest subtype with this archetype is probably Self-Pres, which can look very submissive and timid at first. 469s' main problem is their constant self-doubt about their own capacities. As they believe that their internal decisive skills and convictions are inherently lacking, they seek answers outside themselves in order to feel safe and satisfied. Unfortunately, they often fall short and come up with more questions than answers, and doubt themselves even more so. They should always remember that sometimes the way to find happiness isn't always with finding more issues than there actually are;
- 146s often have the tendency to challenge and put in question every tidbit of information that seems off or too superficial according to them. While they might refrain from saying what

they've got in mind in fear of appearing impolite or annoying, this can make them very critical and judging of others' opinions and make other people turn their back against their numerous advices. This is problematic because they only wish to prevent them from making erroneous judgments and putting themselves into hot waters. This triype may reconsider their communication style and reduce the amount of advice and opinions that they give out in light of all this;

## **Patterns & Structure**

- 468s are triple reactive and intense tritype. This means that this archetype has all the three enneatypes in each center of intelligence that need to track down inconsistencies and false pretenses in order to feel secure and in control of their environment. They use their intuition and emotional intelligence in order to sniff out the truth behind events and people, and can protect others while doing so. When combined with the self-preservation subtype, this tritype is very focused on protecting their close friends and family and maintaining material security. They are less emotionally reactive than the other two subtypes. Sexual subtypes are the most intense and reactive combination of all. They want to address troublesome situations readily and are extremely persistent, not easily deterred when proved otherwise. They are fiercely protective of their loved ones and can be very possessive and jealous. The social subtype is more militant and socially engaged. They can fight for their rights and tend to be uncompromising when doing so. They also protect vulnerable or marginalized people and are often feel deeply involved with personal causes;

- 469s are triple doubting and the most indecisive tritype. This means that this archetype has all the three enneatypes in each center of intelligence that try to seek the truth in any given subject in order to uncover what all this is truly about and to reflect on what they have learned in order to make a statement. They may succumb to the never-ending quest to find the ultimate truth for everything but fail to actually land on an answer. As such, they are constantly weighing concepts back and forth in their head in order to come to a trustworthy conclusion, but often feel that there are always more questions than accurate answers. These qualities are enhanced with a Social subtype since they are more likely to share those insecurities within a group setting and want to come to a consensus than other subtypes. Social 469s are very aware of their inability to answer their numerous questions and may resort to groups, faiths, or philosophy in order to quell their anxiety. If core SIX, they are balanced between phobic and counterphobic. Dominant self-preservation of this tritype are very shy and unassertive by nature. They usually keep their doubts to themselves or to close friends and keep their inner monologue from disrupting their environment. Self-Preservation dominant types can be insecure about change and wants stability the most. SP 469s aren't ones to push boundaries of any kind. If core SIX, they are most likely phobic. Sexual 469s are more daring and openly questioning. They can be really upset if a question remains unanswered and if people don't give out the same amount of intensity and effort into their findings. Sexual subtypes are less prone to wallow in constant questioning and prefer to look for actual answers outside their heads. Again, if core SIX, they might be phobic, but are often a bit more counterphobic.

- 146s are triple critical and judging. This means that this archetype has all the three enneatypes in each center of intelligence that want to submit external information to their inner critic in

order to form an opinion about it and subsequently approve or dismiss it. While they are often seen as negative and pessimistic in their attempt to analyze the world, they actually possess tremendous wisdom and want to use it in such a way that would prevent people from experiencing pain, distress, and/or being careless with their talents. The self-preservation subtype is very much concerned with tangible and financial security above all. The FOUR component is a little less outwardly seen here, as the ONE/SIX combination naturally enhances the security and anxiety aspect. This is the most prudent and reasonable 146 archetype. The sexual variant is more concerned about how to anticipate and prevent emotional ruin from consuming people and therefore make excellent therapists and life coaches. They are usually very sensitive to emotional bonds they create and maintain and can get very controlling at times if they feel that this link is in danger of being severed. Social subtypes of this tritype are usually involved in social groups or organizations that caters to the need of some type of individuals, often folks that are marginalized, hurt, or can't help themselves;

### **Possible Mistypes**

- Sexual SIXES with a 146 tritype can look like a 468 archetype because of the sexual subtype being the countertype of enneatype SIX and being more assertive than the other variants;
- Social EIGHTS with a 468 tritype may identify with the 146 archetype, again, since they are the countertype of their enneatype and are more socially aware;
- Self-preservation SIXES with a 146 tritype, especially with a SEVEN wing, can look like a 469 because of their gentle nature and agreeableness;
- Sexual FOURS with a 146 tritype may identify with the 468 archetype because of the easier access to angry emotions compared to the other two subtypes;

### **MBTI**

- 468s' most common MBTI types are: ISTP (684), INFP (468), ISFP (468), and sometimes INFJ (468). It is uncommon to see judging types with this tritype, and when they do identify with it, they are mostly Sps;
- 469s' most common MBTI types are: ISFP (946), INFP (469), ISFJ (964) and sometimes INFJ (649). It is quite rare to find extroverted types with this tritype. Maybe ENFPs or ESFJ could fit the bill.
- 146s' most common MBTI types are: INFJ (461), ISTJ (614), INTJ (614), and sometimes ENFJ (164). There are mostly introverted judging and intuitive types here. It's very rare to see an SP type with this archetype;

### **Miscellaneous Differences**

- 468s are more rebellious and truer to themselves no matter what compared to 469s and 146s;

- 146s are often seen as being too negative and pessimistic when anxious, while 469s are more openly fearful and unsure about what to do;
- 469s have a somewhat positive outlook on life, while 146s can take a bit more time to look at all the work to do before looking at the bright side;
- 468s can't stand too much formality, conventions, and protocols since they open the door to hypocrisy and hidden intentions. 469s and 146s can tolerate more on that matter;
- 146s are often seen as some sort of teacher for others since they can provide insight and wisdom more readily than 469s, who are more doubting about their own capacity to help others;
- 469s offer a gentler and more pacific exterior than 146s or 468s;
- 468s are more impulsive and unpredictable than 146s and 469s;
- 146s are very responsible, dutiful, and rule-abiding, while 468s are more anti-authoritarians;
- 469s are usually less judgmental and can see all points of view, unlike 146s and 468s, who can be more firm on their positions;
- 468s express and respect their animalistic side more than 146s, who in turn try to repress it.
- The 486 is much more assertive than the 416. The 461 tends to be very critical of themselves to avoid being criticized. This tritype is very particular. The 416 hesitates and the 486 impulsively reacts. A perceived threat to the primary instinct triggers this tritype.
- The 468 is impulsive and highly reactive. The focus is on immediate resolution. The 469 feels a great deal of doubt and in general is not as reactive. There is more of a tendency to hesitate, plan, and prepare with more anxiety.
- The 469 is more phobic than the 468.
- 468 and 469 come across as very different because the 8 in the 486 makes the 6 counter-phobic and therefore comes across as more aggressive. The 469 comes across as more passive-aggressive.
- The 468 reacts and rings the alarm to prevent mankind from making a mistake to calm down, and the 469 doubts and procrastinates to avoid making a mistake...to calm down.

**6 with 1 fix:** 6 by nature is questioning and doubting, but 1 fix is supremely uncomfortable with uncertainty and lack of structure. 6+1 tends to want to understand a concept or scenario at 100% with no stone left unturned. When there's uncertainty along the way, or when something doesn't quite fit or make sense, the 6+1 feels mental discord and needs to put everything neatly in a structured place. 6+1's become extremely frustrated when things are inaccurate or flaky. 6 is always questioning discrepancies, but what it really wants is to be able to yield to something that's actually true and finally stop asking questions. With 1 fix, there's no room for ambiguity. 1

as a frustration type pulls 6 into the place where it is dissatisfied with its own thinking process and needs to refine it.

**6 with 9 fix:** The 9 fix by contrast tends to allow 6 to stay longer in a state of questioning ambivalence. 6 still wants to find structure/truth, but 9 allows more back and forth. Both 6 and 9 have trouble being solid. With 6+9's, one might get the sense that they're playing with ideas rather than how the 6+1 insists on finding one specific outcome. The 6+9 might settle on an outcome but spend more time re-questioning and vacillating. 9 as a withdrawn energy pulls the 6 fix into a place where it needs permission to exist fully and trust itself.

**6 with 8 fix:** By total contrast to 1, now crossing the border over the great ocean of 9, 8 in any trifix tends to give license to the other fixes to just "be" unapologetically. It's not automatic aggression, but rather an allowance of being. With 6 fix, that means questioning and calling out inconsistencies/untruths is louder and more shameless. 8 tends to be uncomfortable with the natural need of 6 to submit, and so it tends to make 6 more counter-phobic but less trusting/warm/friendly. 8 being a reactive type brings 6 into a place where it expects more negativity and can be unapologetically bold.

### **Comparing 4 + 7 Archetypes (479, 478, and 147)**

The 3 tritypes concerned with having FOUR and SEVEN fixes (478, 479, and 147) display these behavioral and psychological patterns:

- Pairing that is the most imaginative and fantastical.
- This is the infant with a wild imagination.
- Sees imaginative ways to practical problems.
- Very idealistic but with an unstable and fickle energy.
- Wants significance and playfulness in their daily lives.
- May prefer their inner imagination to the drearier side of life.
- Capricious and bratty in behavior since they want things done in a fun, playful manner.
- They often hide their sadness and disenchantment behind impish or childlike behavior.
- Easily bored, since they always see how life could be better and more meaningful in many ways.
- Bipolar/dysthymic mind—oscillating between sadness and joy.
- Sees things that are missing in order for the situation to be magical and original.
- They feel miserable in a conventional workplace that doesn't allow creative thinking.
- Easily sees how certain situations can be stifling and boring and tries to avoid them.
- Can be impatient with their own negative feelings and move on too quickly instead of settling down and rooting out the cause of their anxiety.
- This pairing amplifies the need to be connected to our inner child and the importance of self-nurturance.
- Seeks to validate and externalize their magical inner world yet often feels bummed by realistic expectations.
- Feels conflicted with their need for immediate mental satisfaction clashing with their need for manifesting their emotional truth.
- The 7 fix helps the core 4 find enjoyable ways to deal with their feelings of lacking and seek out novel solutions to bring out their creative side.
- The 4 fix helps the core 7 stop chasing down countless options and be more sensitive to the emotional quality and nuances that each of them have.

- Idealistic, epicurean, flamboyant, novelty, dramatizing both ups and downs, war between rawness and sparkle, black vs. rainbow, "brat," overly individualistic, unsettled, critical, restless, frustration, amoral.
- Envy and Gluttony merge into a fantasy-prone, childish, and emotionally changeable personality. These three archetypes have a natural tendency to listen to their own muse and be very creative and imaginative.
- Double frustration stance; the need to feel that life isn't going to fulfill and satisfy its own wishes and wants is enhanced;
- Dissatisfied, impatient, and moody energy;
- A mix of feminine and masculine energy;
- The emotion-ridden, sensitive FOUR is at odds with the upbeat, experience-oriented SEVEN;
- There is a great contradiction with FOUR's need to deepen and attach to emotional experiences and the SEVEN's need to avoid pain and negativity in favor of positive feelings;
- Most likely combination to be considered capricious, changeable, and imaginative;
- 4 and 7 combine to create a sense of being creative, intuitive, magical, and imaginative.

### **Differences Between Archetypes:**

#### **Expressing Creativity**

- 478s are the most creative tritype and will do whatever they can to produce something they have in mind. They are very independent and often have a one-track mind;
- 479s are also very creative, but can stay stuck in the conceptual phase for too long. Their laziness and fear of conflict can make them uneasy about completing something;
- 147s want their ideas and projects to match their ideals perfectly, and thus can be overly focused on details and consequently stuck on the developing part for too long;

#### **Independence**

- 478s are one of the most self-reliant of all the archetypes, and therefore can be seen as uncooperative and aloof to most people. They hate to make compromises to their inner vision;
- 479s can accept help more easily, especially if said help is for facilitating putting their ideas into a concrete way to implement them;
- 147s express their independence by insisting on achieving new standards of excellence and adhering to internal rules in order to create something in a perfect and novel fashion;



## **Activity**

- 478s are very active and don't like to stay idle for too long. Their intuition is often linked to their instinctive nature and therefore can follow their gut feeling quite easily;
- 479s can be passive compared to the other two archetypes and often find themselves not going through with their ideas and becoming a bit frustrated because of it;
- 147s are active if they have a certain structure in mind in order to sort out their ideas and arrange them to their liking. Chaos is quite disturbing for them;

## **Potential Problems**

- 478s are the least cooperative of all the 27 tritypes because they need to see and experience everything their own way. They may seek freedom in every situation and might feel easily trapped when conforming to a certain way of operating things. They also tend to overly believe in their capacity to change a situation and not take into consideration other's input, which might cause them to be perceived as arrogant and opinionated. Finally, they tend to only follow what inspires them, leaving out uninteresting stuff that can be useful for later;
- 479s can bottle-up their creative potential for too long and end up feeling dissatisfied and bitter at life in general. They should try implementing a daily dose of structure into their routine because they tend to focus too much on the agreeable and the positive side of things and not focusing on personal work. They can also be easily content and therefore avoid pushing themselves to create something truly great. 479s' problem is about getting motivated to act upon their dreams and fantasies, instead of being constantly idle. They also have a hard time dealing with harsh truths of reality and can retreat into more pleasant thoughts, despite being able to work with them. This tritype needs to adapt its needs and idealism in order to better match the outside world, in order to be in harmony with its surroundings;
- 147s' ideas and goals can be so out there and original that they can be considered farfetched and unrealistic to an outsider's eye. While this archetype can see what's missing and know how to implement structure and set out goals to reach what they envision, they often skip important details and stay engrossed into their own imagination without considering the actual facts that they might see as boring and/or obstructing. Also, this tritype is not known to be easy to work with because of their very high standards and moody or unpredictable attitude, which can be problematic when they work on an extended project or in teams;

## **Patterns & Structure**

- 478s are triple creative and innovative. This means that this archetype has all the three enneatypes in each center of intelligence that want to forge their own path in life and make their dreams a reality. They are often called trailblazers because they like to go off the beaten path in order to create their own reality. They are very independent and use their intuition to help other people see things differently, often by letting them see all the possibilities that can unfold from

one decision. The self-preservation subtype is less flamboyant and more practical than the other two subtypes. They want to maintain their independence and enjoy life to the fullest while creating. While they have access to their emotions, they tend to disregard them if they take too much negative space in their lives. Sexual variants are the most magical and intense and want to make things happen quickly with panache. Like all sexual subtypes, they tend to be deeply involved in their intimate relationships and may want to search for the ideal partner. They can also fall in love with their ideas and aren't always grounded. The social subtype is more protective and feels like they're on a mission to help people understand the world differently. They like to communicate their enthusiasm, but can be a little less independent than the sexual and self-preservation variants.

- 479s are triple magical or imaginative. This means that this archetype has all 3 enneatypes in each center of intelligence that likes to create an internal framework of possibilities in order to have a sense of purpose in their lives. They like to see things in a new light and can idealize their views into thinking that their way is more pleasant, therefore it's better. This is the most positive FOUR, the most introverted SEVEN, and the most unusual NINE. Sexual subtypes with this archetype are extremely imaginative and passionate about their work. They can even merge with their passion and shove aside more menial tasks or leave out boring details for the big picture. Self-Pres are more grounded and practical and can be more focused on simple pleasures of life than grand gestures like the Sexual one. The Social subtype is more ambiguous and can sacrifice a lot of its internal desires in order to fit the group's agenda.

- 147s are triple idealistic and vision. This means that this archetype has all the three enneatypes in each center of intelligence that want to look past the initial expectation of a product or a concept and develop it further—pushing its boundaries to create something unique, novel and exceptional. Whatever the subtype, they are passionate in what they do and don't want to have any limit to their creativity besides their own. Self-preservation variants are mellower than the other two subtypes and can be a bit more down-to-earth. They like to entertain and are creative hard workers who can still be quite perfectionistic because of the ONE fix. Sexual subtype with this archetype is truly an intense combination that is extremely passionate and imaginative. They dream big and want to do big, too. The ONE/FOUR combination here is quite amplified with the fiery touch of the one-to-one variant. They can be very controlling and finicky when they get a picture of what they want to produce. Finally, the social subtype is more socially aware and often has a political or societal message behind their work. The ONE side is often stronger here because of the counter-gluttony SEVEN with this instinct. This can make them more willing to follow rules and teach people about how to use their vision and creative talents;

### **Possible Mistypes**

- Sexual FOURS with a THREE wing and a 479 or a 147 tritype can easily be mistyped as a 478 archetype because of the more flamboyant and fiery personality of the wing and subtype;
- Social EIGHTS with a 478 tritype may confuse their social drive coming from their subtype with the ONE's need to show the example and achieve perfection and choose their archetype as being 147;

- Sexual ONES with a TWO wing and a 147 tritype can look like a 478 since this subtype has easier access to their angry emotions, which is also the case for the sexual TWO wing;
- Social NINES, especially with a ONE wing and a 479 tritype, might mistype themselves as 147;

## **MBTI**

- 478s' most common MBTI types are: ENFP (748), INFP (478), ENTP (784), and sometimes INTP (748) or ENFJ (874). This is mostly an NF or perceiving preference tritype, as not many sensing or judging types are found to be this tritype;
- 479s' most common MBTI types are: ENFP (749), INFP (497), ENFJ (794), and sometimes ENTP (794). It is uncommon to have Judging types with this tritype, especially TJs.
- 147s' most common MBTI types are: ENFP (741), ENTP (714), ENFJ (174), INFP (471), INFJ (417), and sometimes INTP (471). There aren't many sensing types with this tritype and this archetype is very represented with NP types. SJ types are rare with this tritype;

## **Miscellaneous Differences**

- 147s might not always listen to their intuition because of the ONE fix deeming them as not appropriate at times. 478s are almost always connected to their gut feelings;
- 479s will sacrifice their creative energy for maintaining harmony and peace, while 478s will ignore dissident voices and push through their ideas;
- 479s are sloppier and cut corners more readily when performing assigned workload compared to 147s;
- 147s want people to give out their best, while 479s want them to be at ease and free of any painful experiences;
- 478s' communication style is more straightforward and less hesitant than 479s and less flowery and/or complex than 147s;
- 478s are more rebellious and free thinkers than 147s, who in turn will follow some internal rules;
- 478s often create in bursts of energy, letting their inspiration guide them freely, while 147s will further refine their ideas until they are considered worthy of creating;
- 147s are more internally tense and oscillating between control and chaos than 479s and 478s;
- 479s focus very much on the positive side of things in public, while 147s allow more negativity and nuance to their outlook;

- 479s are less outspoken and decisive than 478s in their speech.
- The 471 and the 479 are both focused on the vision, creativity, and the magical. The difference is in the gut center. The 471 has 3 types with access to 1, so are very critical of themselves and feel they must manifest the vision. The 479 is less strident and more soft-spoken and gentle. They are dreamers and intuitive, but can be shy about pushing to manifest their vision.
- 479 is more positive and relaxed than 478 and are less active, but still have a “the cup is half full” attitude.
- When 8 replaces the 9, you get more of a sense of groundedness or at least more practicality and realism that can seem a little harder edged and less lyrical.

#### 478 vs 479

For 479s, there is a need to be positive and avoid creating a negative space. The truth can be glossed over in favor of the pleasant. For a core 4, this would be the most positive 4, as 7 and 9 are both positive types and prone to avoidance, one of painful things the other of unpleasant things. It often results in a person that needs to be outwardly positive even if internally they do not feel it, there's a level of worry about being rejected if people see negativity, so it is hidden inside.

That said, call me a "gentle spirit" and the need to be outwardly pleasant will fade quickly. Terrible name. 479s tend to agree with the label "The Escapist" instead.

For 478s there is a need to get to the truth, it's more grounded and based in reality, and can be outwardly quite confident, even if internally there is emotional vulnerability. They would be more inclined to be uncompromising on what they want or resistant to others views when they don't agree. They still have the 7 avoidance, however, mixed with the 8, it would only go so far before reality needed to be faced.

## **Comparing 4 + 8 Archetypes (458, 468, and 478)**

The 3 tritypes concerned with having FOUR and EIGHT fixes (458, 468, and 478) display these behavioral and psychological patterns:

- Pairing that has the most difficulty with superficiality and lying in general.
- Most intuitive pairing; sees possibilities long before most people.
- Intense reactivity to perceived dishonesty, falsehood, and conventional thinking.
- Most creative and unconventional pairing.
- Out-of-the-box thinking and problem-solving.
- Like to dig deep into emotional traumas, not afraid of defying taboos.
- Protect the vulnerable, the rejected, the abandoned, the different.
- Wants to live life according to their own musing, rejecting external expectations.
- Are their own authority and can easily delve into insubordination.
- Doesn't have any problem going against the grain and being oppositional.
- If it doesn't ring true to them, it's not gonna be validated.
- They don't sugarcoat anything, and they mean every word of it.
- They trust their gut and their heart, so they are very instinctive in everything they do.
- Often see right through others and intuitively know what makes people tick and how they manage everyday problems.
- They often have a piercing, intense look in their face.
- This EIGHT is more conscious of its emotional needs and less fearful of its vulnerable side.
- This pairing brings out intensity and emotional truthfulness.
- People with this combination are extremely sensitive to insincerity and deceit. They feel things strongly and express them in powerful and/or eccentric ways.
- Can say deep or unconventional truths that few people might have reflected on before.
- The 8 fix helps the core 4 assert their creative side and make something out of it.
- The 4 fix helps the core 8 get in touch with their emotions and vulnerable side, as well as their intuition.
- Reactive, authentic, novelty, destroying, "real," amplifies emotions externally, no bullshit, angry, bratty.

- Envy and Lust merge into a very intense and individualistic personality that prioritizes self-actualization and expression more than anything else. People with this combination remain true to themselves and combat anything trying to deter them from keeping their identity in check;
- Double reactive stance; the need to express and validate their emotional realness of a situation is enhanced;
- Protective, emotional, and intense energy;
- Somewhat masculine energy, but a little on the lone wolf side;
- The melancholic, self-searching FOUR is at odds with the weakness-denying, strong-willed EIGHT;
- There's a great dichotomy between the FOUR need for validating emotions and the EIGHT stance of repressing vulnerabilities in favor of a strong façade;
- Most likely combination to be true to themselves and not wear any social masks;

### **Differences Between Archetypes:**

#### **Emotional Life**

- 458s are very emotionally guarded and don't easily share their inner life with anybody. They feel things deeply and for a long time. They love to examine and analyze what they are feeling;
- 468s are the most reactive tritype of all, and cannot stand seeing and feeling that something's off or fake about any situation. They are very volatile and can swing from peace into reaction very quickly;
- 478s are a little less concerned with feelings things deeply and prefer using their emotional side for their creative endeavors. They love to express what they feel in novel, unprecedented ways;

#### **Intellectual Processes**

- 458s gain intellectual and emotional security by understanding what makes people tick and how peoples' behavior affects each other in a deeper way. Once they settle on a definitive way of looking at things (theories, personal experience, etc.), they become adamant about it, and it's very difficult to change their mind;
- 468s look for inconsistencies in their environment and in people, trying to call out anything that seems inauthentic or congruent with the overall narrative. They are hyperreactive and argumentative in order to invalidate the person's opinion;
- 478s see through what's missing in order to open new paths of learning for themselves and others. They can be quite adamant about going a certain way and are confident and positive

while doing it. They can literally see multiple possibilities to combine and create something new in their environment;

## **Security**

- 458s find security through gaining more insight through their intellectual researches. They try to understand how things work by creating thorough analyses and thus gain confidence by defending their point;
- 468s find security through finding out the truth about any situation, especially murky ones. They like to be the one reporting inconsistencies and being praised for their audacity;
- 478s find security through concretizing their vision and dreams, and by making things happen in a new and original way. They are true non-conformists who strive to be free from going the conventional way;

## **Potential Problems**

- 458s may run the risk of being too closed-minded and argumentative about what they know to be the truth. Since they look at things very thoroughly, they can use their knowledge as a weapon, attacking any differing minds with it. Also, this tritype isn't the best communicator, in the sense that they can be curt and a bit rude about information that they perceive as superficial or incomplete. They also tend to keep their language peppered with complicated and/or posh terms that might confuse people. They may need to be more open-minded and understand that people don't understand things the same way as they do and are often satisfied with more simple answers;
- 468s are so reactive that they might not realize that they need to stop and analyze the situation more before jumping to conclusions. They can call off a situation prematurely and can get into hot water because of it. Additionally, they can be a little too aggressive and threatening when trying to denounce a situation or prove their point and can dissuade people from believing in them. It can be really hard for the archetype to refrain their emotional side even when discussing everyday subjects and because of that, they may not realize that they are being reactive and emotional about something;
- 478s are the least cooperative of all the 27 tritypes because they need to see and experience everything their own way. They may seek freedom in every situation and might feel easily trapped when conforming to a certain way of operating things. They also tend to overly believe in their capacity to change a situation and not take into consideration other's input, which might cause them to be perceived as arrogant and opinionated. Finally, they tend to only follow what inspires them, leaving out uninteresting stuff that can be useful for later;

## **Patterns & Structure**

- 458s are triple independent thinker. This means that this archetype has all the three enneatypes in each center of intelligence that want to come up with an idiosyncratic view or answer to look up information and learn about their environment and themselves. This means that they can be very selective about accepting information from an outside source, especially if they are knowledgeable in said subject. When combining this tritype with the self-preservation instinct, this gives off a pretty introverted and solitary character. This combination is probably the most independent one of all, especially when leading with FIVE or EIGHT. They are very focused on survival and can be very wise about subjects such as existentialism or life and death in general. Sexual subtypes are more passionate as always, but with this archetype, the accent is on sharing intimacy with one romantic partner. They can give everything and even sacrifice themselves for their partner in exchange for eternal faithfulness. Social subtypes are somewhat at odds with this tritype. They like to be seen as the wise and resourceful person of the group and can even be the silent leader orchestrating everything in the background. They might not always feel up to the task, though, even if they can hide it well;

- 468s are triple reactive and intense tritype. This means that this archetype has all the three enneatypes in each center of intelligence that need to track down inconsistencies and false pretenses in order to feel secure and in control of their environment. They use their intuition and emotional intelligence in order to sniff out the truth behind events and people, and can protect others while doing so. When combined with the self-preservation subtype, this tritype is very focused on protecting their close friends and family and maintaining material security. They are less emotionally reactive than the other two subtypes. Sexual subtypes are the most intense and reactive combination of all. They want to address troublesome situations readily and are extremely persistent, not easily deterred when proved otherwise. They are fiercely protective of their loved ones and can be very possessive and jealous. The social subtype is more militant and socially engaged. They can fight for their rights and tend to be uncompromising when doing so. They also protect vulnerable or marginalized people and are often feel deeply involved with personal causes;

- 478s are triple creative and innovative. This means that this archetype has all the three enneatypes in each center of intelligence that want to forge their own path in life and make their dreams a reality. They are often called trailblazers because they like to go off the beaten path in order to create their own reality. They are very independent and use their intuition to help other people see things differently, often by letting them see all the possibilities that can unfold from one decision. The self-preservation subtype is less flamboyant and more practical than the other two subtypes. They want to maintain their independence and enjoy life to the fullest while creating. While they have access to their emotions, they tend to disregard them if they take too much negative space in their lives. Sexual variants are the most magical and intense and want to make things happen quickly with panache. Like all sexual subtypes, they tend to be deeply involved in their intimate relationships and may want to search for the ideal partner. They can also fall in love with their ideas and aren't always grounded. The social subtype is more protective and feels like they're on a mission to help people understand the world differently. They like to communicate their enthusiasm, but can be a little less independent than the sexual and self-preservation variants.

## **Possible Mistypes**



- Social 478s, especially leading with SEVEN, can feel like 468s because they are less keen on indulging in their sin of gluttony than the other subtypes;
- Sexual FOURS with 458 may look like a 468 or even 478 because they look flamboyant and less removed from their environment than the other subtypes;
- Social FIVES with 458 tritype can confuse their archetype with the 468 or 478 because they are more outgoing and group-conscious;
- Self-preservation EIGHTS, especially with a NINE wing with a 468 tritype, can easily look like 458 because they are more boundary setters than with a SEVEN wing;

## **MBTI**

- 458s' most common MBTI types are: INTJ (584), ENTJ (854), INTP (458), and sometimes INFP (458) and INFJ (458). This tritype is rarely associated with sensing types (only ISTP could be a possibility). This archetype is mostly found within NTJs;
- 468s' most common MBTI types are: ISTP (684), INFP (468), ISFP (468), and sometimes INFJ (468). It is uncommon to see judging types with this tritype, and when they do identify with it, they are mostly Sps;
- 478s' most common MBTI types are: ENFP (748), INFP (478), ENTP (784), and sometimes INTP (748) or ENFJ (874). This is mostly an NF or perceiving preference tritype, as not many sensing or judging types are found to be this tritype;

## **Miscellaneous Differences**

- 458s are more into their own little world and need more quiet time than 468s and 478s;
- 458s are much less impulsive than 468s, who will jump into action (or reaction) most of the time;
- 478s show off their creative spirit for everyone to see (even if self-preservation). 458s prefer to keep it private;
- 468s takes things too seriously sometimes and can be a bit of a drama queen, while 478s are more distant and focused on creating;
- 458s fear sudden changes in their environment, while 478s often creates them organically;
- 478s' main goal is to actualize their full potential in creative endeavors, 458s' main objective is to understand deeply some area of knowledge and defend it, and 468s' main goal is to seek out the truth in all situation in order to maintain authenticity and security;

- 468s are the true rebels that fight against the machine, while 478 only defend themselves when someone or something is antagonistic toward their innovative visions;
- 458s are more naturally removed from the outside world than 468s and 478s;
- 478s are usually very positive and happy. This isn't the case for 468s and 458s;
- 468s can go to great lengths to advocate for change and is very persistent in its action. Both 458s and 478s don't have the same interest or energy to pursue the truth.
- *864 vs 854*: The main difference between 864 and 854 is their level of emotional expressiveness when confronted with external data that they feel is off-putting or falsified. Truth-Tellers (864) are immediate in their reactivity and want to challenge authority by taking off any sense of falsehood that they deem illegitimate. Their minds are like lightning: they see things unfolding far in advance compared to most tritypes and want to call off what they consider potentially harmful or dangerous to those who are close to them. They are often anti-authoritarian and are wary of forces of oppression. Because of this, they can be so alarming and aggressive in their attempt to warn people that they can become exhausting or controlling to others. 854s are darker and less assertive than 864s. They are more comfortable when behind-the-scenes and are the only EIGHT that can seem truly introverted at times. This tritype hides its emotions behind a quietly arrogant streak and like to know what makes people tick and weak. They are excellent at creating mental frameworks of what they've learned and making connections between notions. They are often street-smart rather than book-smart, but they do enjoy reading a lot. This is also the most stubborn and unwavering tritype when it comes to opinions, as they will only accept new information if said source is competent and deeply-researched enough for them. Overall, the key to understand which tritype fits best is to see which enneatype in one center is more present consistently throughout our life: is your desire to retreat into your mind and be unaffected by your environment (FIVE) stronger than your need to feel safe and certain of any situation you're in atm (SIX)? Do you seek validation from others and are secretly doubtful of yourself (SIX) more than you want to amass personal knowledge and feel safe by knowing a lot (FIVE)?
- *854 vs. 874*: The trick differentiating 854 and 874 is their overall energy level and the way they handle anxiety. 854's 8/5 line is amplified, so they really rely on moving against and away from people when they want to something. They think strategically whenever they have to make a move into the world and are more energy-conscious, so they want to preserve their energy level. In contrast, 874's 7 wing is amplified, so they are really seeking novelty and stimulation in their environment and are more confident in their ability to get what they want. They are also more impulsive and are extremely quick-minded or mercurial. Another way to look at it is that 854 is more somber and darker in their thought-process, meaning that they focus on finding what is hidden from appearances and often taboo to divulge. 874 is more focused on current or future possibilities and have a more positive outlook on any situation. They are also focused on the magical and uncanny, while 854s are driven by unearthing the dire truths of life.
- 874 and 854 are very similar and can be difficult to distinguish, as 8 has access to both 7 and 5. What is helpful is to look at the differences between 7 and 5. The most critical aspect is engagement. The 7 engages and brings a positive outlook to the 84\_. The 5 is more internal and brings more introversion and reserve. The 874 is more outgoing and spontaneous. It is the difference between facts vs. activities.

- The 468 is a true challenger and truth teller. The 4 may be shy, but this Tritype is very intense and reactive—quick to speak their mind. The 458 is the true intellectual that has strong opinions about their feelings and thoughts, but less reactivity. Sexual instinct with 4 dominant makes both tritypes more intense. The 468, however, is more dutiful and feisty, whereas the 458 is one of the tritypes that lives in their head, researching and following their own muse.

- 846 vs. 845: These two tritypes are very different. Both take charge and seek solutions. The 846 is one of the most confrontational tritypes. The other is the 836. The 6 amplifies the 8 need for loyalty and trust. The 845 is more introverted and introspective. The 854 has 5 as a line of connection as well as in the tritype and makes this 8 more scholarly and focused on depth.

- Seeing your place as in the shadows is exactly how the 458 describes themselves. The 458, 468, and 478 are all truth tellers in their own way. The 468 is the one that is hyper reactive and still seeks a fair authority. The 458 and 478 are their own authorities.

**The 468 and 478 Tritypes® have a driving and essential need for depth, meaning, and transformation according to their sense of truth...**

**For 478, creativity is the leading passion of choice.**

The 784 and 874 will apply it in the world. They are the most farsighted of the Tritypes®, which means they are always ahead of their time. When people finally understand the message, they are on to new messages that are challenged. But they will still proceed. They will take the risk to send the messages they have discovered. Eventually, their discoveries are appreciated...but it is rarely in the moment.

**478 or 487**

The 478 or 487 will do so in a more introverted way, usually through art and the written word. This is the truly original person the other 4s long to be, but they suffer for being so farsighted. They are rarely appreciated in their own time...appreciation comes later.

**For 468, Personal Expression is the leading passion of choice.**

The 4 with the 468 Tritype® is the stronger type 4 that feels their sense of worth, while still feeling vulnerable, sensitive, uncertain, and in need of reassurance. The three adrenaline types combined with the need for personal expression, which means the 468 will need to discharge intense emotions within 3–5 minutes, often sooner. Their need to express their sense of truth is immediate...or at the very least within 5 minutes.

### **Comparing 4 + 9 Archetypes (459, 469, and 479)**

The 3 tritypes concerned with having FOUR and NINE fixes (459, 469, and 479) display these behavioral and psychological patterns:

- Pairing that is the most sensitive and sympathetic to suffering.
- This is the healer, the highly sensitive person archetype.
- Can feel a bit estranged from the group and expect others to welcome them.
- They are often quite empathetic and can understand where people come from.
- Typically have a strong healing presence, as if people are drawn to them.
- Frequently hides their sadness with a smile.
- This is quite a passive combination that doesn't feel the need to confront their problems readily in order to feel better.
- Feels that something is missing in their life, but won't necessarily go all the way to find it.
- Often have a nostalgic and/or romantic side.
- Often dream about their ideal life instead of making it happen.
- They like to escape into their feelings and thoughts for long periods of time.
- Their behavior feels ghostly and ethereal, as if they were half-present.
- Very sensitive, but might not show it in fear of being rejected.
- Envy is more private and quiet with this combination.
- There is some sort of resigned attitude with this pairing.
- Good listener, but may focus too much on the sad/emotional part of the conversation.
- May regularly look aloof and hesitant to engage.
- May suffer in silence instead of looking for help or actively solving the problem.
- If they aren't careful, they can take a lot of abuse and not do anything about it.
- Like most NINE pairings, manifest their anger in a passive-aggressive fashion, but also to themselves.
- The 9 fix helps the core 4 smooth out their penchant for protest and ease out their harsher side.
- The 4 fix helps the core 9 introspect more and spend more time with their emotional needs.
- Withdrawn, compassionate, feeling invisible or insignificant, "I'm nothing."

- Envy + Sloth merge into feelings of lacking something that others may have, but the ego somewhat refrains from actively getting it for themselves. (Nature of the lack and behavior can be heavily influenced by the instinct stacking/sequence);
- Double Withdrawn stance: the need for saving up personal energy and straying away from overwhelming stimulation is increased;
- Soft, gentle, pliable outward energy;
- May have some kind of passive or feminine energy even when identifying as a male;
- The sensitivity of the FOUR fix is tempered with the NINE's need for harmony;
- Inner tensions between the need to self-express while not creating conflict in doing so;
- Hesitation in displaying emotions: may only want to filter through some of them in public or even private settings;
- Most likely to suffer in silence and keep an agreeable, non-domineering stance at all times (may be less apparent in social or sexual FOURS);
- Inner turmoil due to intense emotions that they do not allow themselves to express. Establish peace and calm in conflicted situations by honoring the individuality of each party involved. Calm, ambivalent, and aesthetic. Weak sense of self. Struggle between self-denial and self-expression. Can be prone to slothful behavior induced by melancholy moods.
- Withdrawn, compassionate, feeling invisible or insignificant, may feel comfortable in self erasure. Calmer, peace seeking Four. Not as melodramatic or intent on disrupting peace with intense emotional expression. Likely to veer towards *Zen kind of art*, minimalist designs and muted hues.

#### Core Fears (4+9):

I see people sometimes using the “core fears” as their primary way of self-typing. “I relate to the core fear of 4,” for example. They have learned that enneagram is about “motivation rather than behavior” and this is not wrong. However, the core fears, passions, and fixations are not necessarily conscious processes. They are *automatic*. I always say that if type were that simple, then the enneagram wouldn’t be that useful or interesting. Most people don’t actively *relate* to the core fear the way they know what their favorite color is.

In general, the core fears are not something that we are fully conscious of feeling, in the sense that we feel the cause and effect of the thing which causes fear + the resulting fear. The fear is like an automatic, built-in system that we feel is just a normal way of being. 4’s do not walk around thinking, “Golly, I’m just so afraid of not being different. How will I be unique today?” 9’s don’t think, “I’m so scared of loss and separation. I need to make sure I’m connected to everyone.” The word “fear” implies that there’s some conscious effort to reverse the effects of fear, and this is not really the case.

9’s aren’t consciously afraid of being separated. They are just unconsciously always in a place where they naturally become everyone/everything. The gut center focus is on ego boundaries, and 9’s have a fluid one. This can often cause 9’s to *consciously* revolt against this natural process and crystallize some kind of separate identity. In a way, 9’s can end up being the most stubborn about exactly “who they are” as

they try to keep their feet firmly on the ground in terms of their own ego boundary. So when a 9 reads that the core fear is “fear of loss/separation” they might think, “Hell, I’m the opposite.”

9’s often equate being different/unique with ego boundaries. I typically catch 9’s mistyped as 4’s using specific language that points to type 9. For example, they might say that they are just trying to be themselves, as if the world is forcing them to be otherwise. This implies that there’s a natural propensity to lose themselves in others that’s essentially unconscious, and they are fighting against that impulse and desperately want the validation that they are in fact a specific separate personality. It is in our nature as social beings to want our own unique identity.

They might also say that they hold everything in, but they feel so tumultuous on the inside. Part of that 9 fear of loss means that if you go up against others, if you’re too separate, it’s a threat to your sense of being. Holding all your pain inside you is a way of withstanding, enduring, taking everything inside yourself and becoming a vessel. Again, this directly points to that unconscious fear. Being tumultuous around others puts you at risk of separating yourself from them. You’re creating disharmony, upsetting people, making waves. This is something that 9’s avoid unless they are specifically going against that impulse. Again, 9’s will often deliberately get bigger when they are pushed to fight against the unconscious impulse to hold everything in. If you are a 9 with a 4 fix, your image identity will already be “I’m not like others,” + our natural social impulse to be unique, and that is at war with the impulses of core 9.

4s on the other hand, in the image triad, are automatically built to be at that level of individualism and separation at all times. It’s not about being unique or special, since those words have some positive connotation. It’s NOT like, “I’m so unique and cool, and so are you!” It’s more about individuating naturally, not being a good sport. 9’s might think, “What’s the point of externalizing how different I feel? Why bother? No one will get me anyway.” That is very much the opposite of what being an Image type means. The Image types are always unconsciously trying to show us photographs of who they are in a sense. They are selling us something. 4’s want to sell to us how they’re too precious to be with us plebeians. They are unable to just “be” themselves due to their chronic over processing of their own image, so they fashion themselves into works of art and sell us that Image. That being said, we all use all three centers. However, I’ve outlined some key differences here, in terms of which is the core center.

So many 9’s have used Naranjo’s SP 4 description to justify that they are “4’s but not like other 4’s” or “4’s that aren’t dramatic on the outside.” If you’re not doing 4 on the outside, then how can that be a type in the Image center? The countertype idea is flawed, and the Self-Preservation instinct cannot completely change the basic type structure or center. Naranjo was brilliant, but his work is not the enneagram bible. Since most of the “major teachers” have based their work on his, everyone feels like it’s impossible to refine his mistakes. When teachers like me show up with new information, everyone wants to see my special enneagram badge and know if I had tea on a mountain with Naranjo because that’s where all the magic enneagram info comes from. The enneagram is not something that can be “scientifically validated,” despite the 6ish impulse of some teachers to insist upon this. However, it can be refined using contemporary research on instincts and human psychology that intellectuals like Naranjo just didn’t have at the time.

### **Differences between archetypes:**

#### **Energy Levels**

- 459s are triple Withdrawn. They have the least amount of conscious energy and probably least willing to spend it in a carefree way (strongest with Self-Preservation dominant, least true with Sexual dominant);
- 469s are kind of in between 459 and 479. While they don't like making the first move around people, they can join in once they trust the group;
- 479s are the most spontaneous and least conscious of their energy depletion. They like to interact with new people because of the variety that they usually bring.

## **Reaction to Change**

- 459s don't usually like sudden changes or surprises because this usually means unpredictable ways of trying to fend off unnecessary stressors and uncomfortable situations;
- 469s are the most openly fearful of changes in their environment, as they are good at honing into potential dangers and inconsistent behaviors. They need reassurance and outside help when dealing with big changes;
- 479s are the least likely to react negatively to change, unless if deemed bad from the start, they like being surprised and need a regular change of pace in order to feel at ease.

## **Routine**

- 459s don't mind routine that much, as it this is a way to cope with an ever-changing world while finding a way to keep them from experiencing too much external stimulation. That being said, the FOUR fix might feel bogged down a bit too much by plain activities and might want to delve deeper into emotional endeavors;
- 469s often like routine the most of the 3 archetypes. They feel at ease within moderately firm boundaries that allow them to follow a predetermined schedule but also allows for personal creativity and exploration (especially true for core FOURS and SIX wing SEVEN);
- 479s aren't really comfortable with routine. While they can find it pleasant for a while, repeating menial tasks over and over again feels very tiresome quickly. They must find a way to escape into something fun while doing boring tasks for them to tolerate it.

## **Potential Problems**

- 459s have a hard time exerting their thoughts and feelings to people and have great difficulties overcoming their tendencies to shut the world off from their lives, and can become hermetic and obsessed with their own mind. While this is less pronounced with social subtypes, this tritype can be hard to be with because they don't allow much in and out of their universe. They can also be surprisingly intense and overwhelming by their in-depth approach to life. Furthermore, they need regular quiet time in order to recharge and feel at ease with their environment. Because of

this, they can appear invisible, forgettable, and distant. One big exception is the Social subtype, which can look more outgoing but only in specific times and places and will typically choose to talk about their preferred topics of interest;

- 469s are more visibly anxious and unsure about themselves and their environment. They, like 459s, can look shy and wait for others to include them, but generally displays a more friendly and approachable attitude. The warmest subtype with this archetype is probably Self-Pres, which can look very submissive and timid at first. 469s' main problem is their constant self-doubt about their own capacities. As they believe that their internal decisive skills and convictions are inherently lacking, they seek answers outside themselves in order to feel safe and satisfied. Unfortunately, they often fall short and come up with more questions than answers, and doubt themselves even more so. They should always remember that sometimes the way to find happiness isn't always with finding more issues than there actually are;

- 479s are naturally more lively and outgoing than the other two tritypes. They can appear quirky and impish in their behavior, which can be a way to release their pent-up anxiety. They are very spontaneous and novelty-seeking compared to the Contemplative (459) and the Seeker (469). However, 479s can bottle-up their creative potential for too long and end up feeling dissatisfied and bitter at life in general. They should try implementing a daily dose of structure into their routine because they tend to focus too much on the agreeable and the positive side of things and not focusing on personal work. They can also be easily content and therefore avoid pushing themselves to create something truly great. 479s' problem is about getting motivated to act upon their dreams and fantasies, instead of being constantly idle. They also have a hard time dealing with harsh truths of reality and can retreat into more pleasant thoughts, despite being able to work with them. This tritype needs to adapt its needs and idealism in order to better match the outside world, in order to be in harmony with its surroundings;

## **Structure & Patterns**

- 459s, as mentioned above, are triple withdrawn. This means that this archetype has all 3 enneatypes in each center of intelligence that need to go away from the outside world in order to recharge and conserve their energy. This tritype feels easily drained by external contact and prefers to limit their interaction with it. People with this archetype might feel vulnerable and unable to take on action, and thus prefer to engage more in the realm of imagination. This tritype is most compatible with a dominant Self-Preservation subtype and most at odds with a Social subtype. Socials with this tritype want connections and a sense of belonging but feels the pressure of the group's expectations the most and think they can't take on the responsibilities. SP people are the most reclusive, energy-retentive folks of the whole damn enneagram. They are the least emotionally and verbally expressive of the 459s. Sexual subtypes are usually intense and seek fusion with their intimates. They might live off their passion through their work (if paired with secondary SP);

- 469s are triple doubting and the most indecisive tritype. This means that this archetype has all the three enneatypes in each center of intelligence that try to seek the truth in any given subject in order to uncover what all this is truly about and to reflect on what they have learned in order to make a statement. They may succumb to the never-ending quest to find the ultimate truth for



everything but fail to actually land on an answer. As such, they are constantly weighing concepts back and forth in their head in order to come to a trustworthy conclusion, but often feel that there are always more questions than accurate answers. These qualities are enhanced with a Social subtype since they are more likely to share those insecurities within a group setting and want to come to a consensus than other subtypes. Social 469s are very aware of their inability to answer their numerous questions and may resort to groups, faiths, or philosophy in order to quell their anxiety. If core SIX, they are balanced between phobic and counterphobic. Dominant self-preservation of this tritype are very shy and unassertive by nature. They usually keep their doubts to themselves or to close friends and keep their inner monologue from disrupting their environment. Self-Preservation dominant types can be insecure about change and want stability the most. SP 469s aren't ones to push boundaries of any kind. If core SIX, they are most likely phobic. Sexual 469s are more daring and openly questioning. They can be really upset if a question remains unanswered and if people don't give out the same amount of intensity and effort into their findings. Sexual subtypes are less prone to wallow in constant questioning and prefer to look for actual answers outside their heads. Again, if core SIX, they might be phobic, but are often a bit more counterphobic.

- 479s are triple magical or imaginative. This means that this archetype has all 3 enneatypes in each center of intelligence that likes to create an internal framework of possibilities in order to have a sense of purpose in their lives. They like to see things in a new light and can idealize their views into thinking that their way is more pleasant, therefore it's better. This is the most positive FOUR, the most introverted SEVEN, and the most unusual NINE. Sexual subtypes with this archetype are extremely imaginative and passionate about their work. They can even merge with their passion and shove aside more menial tasks or leave out boring details for the big picture. Self-Pres are more grounded and practical and can be more focused on simple pleasures of life than grand gestures like the Sexual one. The Social subtype is more ambiguous and can sacrifice a lot of its internal desires in order to fit the group's agenda.

### **Possible Mistypes**

- Social FOURS with a 459 or 469 tritype may look like a 479 because of their tendency to be a bit more outgoing and seeking a social niche for their interests. This also applies for social FIVES with 459;
- Self-Preservation SIXES may look like a 459 on the surface because they are less expressive and more grounded than other subtypes. However, they are still on the lookout for external certainty and reassurance, while 459s are more detached from the external world;
- Social SEVENS may look like a 469 because of their tendency to be more sacrificing and in conflict with their internal desires. They still want more variety and stimulation than security through groups or routine, for example.
- Social NINES can look like 479 or 469 because of their need to participate in groups and be more involved than the other two subtypes. 974 or 947 social subtypes are more idea people and can be a great asset in any given team. 964 or 946 social subtypes are more diligent and

rule-abiding, a little more rigid than the first one. 954 or 945 social subtypes are more hesitant to share their knowledge and may do so only in leadership or advisory positions.

## **MBTI**

- 459s' most common MBTI types are: INFP (495), INFJ (459), INTP (594), and sometimes ISFP (945). It is exceedingly rare to find an extroverted Myers-Briggs type with this archetype and when it does happen, it is mostly ENFPs or ENTPs.
- 469s' most common MBTI types are: ISFP (946), INFP (469), ISFJ (964), and sometimes INFJ (649). Again, it is quite rare to find extroverted types with this tritype. Maybe ENFPs or ESFJ could fit the bill.
- 479s' most common MBTI types are: ENFP (749), INFP (497), ISFP (947), and sometimes ENTP (794). It is uncommon to have Judging types with this tritype, especially TJs.

## **Miscellaneous Differences**

- 459s and 479s hide their discontent and anxiety better than 469s;
- 459s and 469s are less outgoing and tolerant to change than 479s;
- 469s and 479s are generally a bit more gregarious and approachable than 459s;
- Both 459s and 469s have trouble with action. This is less of a problem for 479s.
- 459s use their imagination for expanding concepts, developing mental frameworks, 469s use their imagination for exploring possible future outcomes and finding out the truth about concepts, and 479s use their imagination for pleasure and stimulation in order to avoid certain dreary situations;
- 469s and 479s are more future-oriented in their mental patterns than 459s;
- 479s are great generalists and jump from topic to topic, 459s are more deep divers and can talk about their favorite subjects for hours, and 469s are more swayed about what the current talk is, as they don't want to interject too much;
- 459s are the fetus-like mind, the ghostly soul; 469s are the fragile, anxious rabbit, seeking a way to safety at all times; 479s are the fluttering butterflies of the enneagram. Always changing and transforming themselves to better suit their needs. All of those 3 archetypes are dreamers of some sort.

## **945 vs. 946**

1) The Biggest Difference: 945s generally have more arrogance in what they know (intellectual pride). 946s are more open to external feedback since they doubt themselves more.

2) 945s are more independent and removed from their environment, whereas 946 fears being separate from others (6+9) so they want to fit in.

3) If they are uncomfortable, 945s are more likely to just leave the premise if they aren't welcomed in. 946 will try to make an effort to join in while still being scared of rejection.

4) 946s are more reactive in how they handle stressful situations and are more prone to freeze in their indecision. As a Contemplative, 945s are the most resigned tritype, and therefore will manage stress with letting go or giving up.

5) Overall, 946s are more approachable and social than 945s, who are in turn more stoic and removed from reality.

6) Differences between 459 and 469 come from the differences between 5 and 6 minds. 5 is like a withdrawn mind working alone to handle situations, life, and understanding, while 6 is more oriented to connections with collectivity and other people with thoughts. It's a receptive/expressive mind, using people as support for understanding and guidance, while 5 is more about working alone, with its own maps and ideas.

#### 479 vs. 469

Look at the level of confidence and optimism. The 7 brings a light touch with magical thinking, hoping for the best. In contrast, the 6 brings support and loyalty. Both are highly intuitive, but the 469 has more doubts. The 479 is more future oriented, focusing on the possibilities. The 469 is more dutiful with a heavier heart, fearing that they can't make enough of a difference.

## **Comparing 5 + 8 Archetypes (258, 358, and 458)**

The 3 tritypes concerned with having FIVE and EIGHT fixes (258, 358, and 458) display these behavioral and psychological patterns:

- Pairing that is the most strategic in their thinking.
- Enhances the natural line of connection to FIVE and EIGHT.
- This is the chess master or the mastermind.
- Very strong opinions about topic they like or study. Knowledge is power to them.
- Never attacks upfront first, but can be sneaky and never lets its sight away from their opponent.
- Often doesn't rely on one course of action and can change on a whim according to the situation.
- May be underestimated by their peers because of the FIVE's low energy—giving the EIGHT a more subdued presence.
- This FIVE is less intellectual in the sense of bookworm and more streetwise, as this pairing learns best by experience.
- They oscillate between action and observation very quickly, as to never be truly in the moment nor completely still.
- They often look calm and fixated on something, as they are waiting to strike on their prey at the right time.
- Menacing or unfriendly presence, even if unintentional.
- Mix of hot and cold energy; may be hard to follow and hard to know deeply.
- Their heart is very well protected and can be hard to access, even to them.
- Typically has a razor-sharp mind and are very good at problem-solving.
- Have a difficult time connecting with others in a casual, superficial way.
- Can alternate between periods of action and reflection.
- The 8 fix helps the core 5 put their ideas out there and assert themselves.
- The 5 fix helps the core 8 understand the need to contemplate in order to better grasp the situation.
- Control, emotionally dry, hard, internal and external detachment from softness and vulnerability.

- Avarice and Lust combine into a very analytical and strategic personality that absorbs a lot of facts from their environment in order to better defend against it. Those with this combination are attracted to the power-play, military strategies, and intrigue in general;
- Double rejection stance: the need for ignoring one's own needs and tending to one's feelings of being rejected by others is intensified;
- Protective, attentive, and cunning energy;
- Very introverted masculine energy at play;
- The observing, system-building FIVE is a bit in conflict with the no-nonsense, action-oriented EIGHT;
- There's a dichotomy between the need to retreat from the outside world of the FIVE and the EIGHT's tendency to act upon impulse;
- Most likely combination to be considered independent and having original thoughts;
- Least intellectual, though perhaps the most mentally intense. Unsettled by occasional fits of temper and sudden outbursts. Affixed to notions of power. Attitude of resigned realist. Quietly guarded and insistent, and may put others ill at ease.

### **Differences Between Archetypes:**

#### **Relationships at Play**

- 258s need connection and approval of others, and thus can employ strategies to keep them useful and sufficiently attached in order to always feel needed or loved;
- 358s have a harder time connecting with people and can be deemed as unemotional and high-strung, demanding excellence if they are in a position of authority;
- 458s don't mesh well with people either, since they prefer to keep a low profile and focus their attention on their emotional and intellectual experience;

#### **Social Masks**

- 258s like to help people and look for practical advice to give out, but often expect or coerce people to give out their part of the bargain. They are the least consistent in terms of behavior, as they can shift from being warm and friendly to cold and harsh the next minute, often caused by something considered small to others;
- 358s prefer to keep a cool, unemotional mask that can prevent people from interacting with them because of their daunting appearance. They like to be praised for being competent and can act arrogant because of that;

- 458s often remove themselves from the crowd and act unapproachable because they fear being influenced by common people. They keep their high sensitivity in check when escaping their lair;

### **Fields of Interest**

- 258s are the most relational of the three FIVE + EIGHT combinations and thus feel attracted to psychology and social studies. They really like to learn more about why people act and think in particular fashion;
- 358s are typically attracted to business, finances, and/or politics since it's where the true power is at. They love to understand how to act and look powerful and master all the tricks in order to succeed in doing so;
- 458s are more interested in philosophy, esoteric or hermetic theory, and art. They often understand well symbols and have natural intuition to uncover the many mysteries of life;

### **Potential Problems**

- 258s are often so much in a controlling stance, keeping people from affecting them and instead injecting their personal intervention in their lives, that they come across as being enigmatic, unpredictable, and pushy. They can be so well guarded that they can close themselves up to their own needs and vulnerable side, so much so that they may feel empty and desperately in need of love from someone. There is a hypersensitivity to being impacted and losing control of oneself here;
- 358s can be so detached from their emotional and vulnerable side that they can come across as being uncaring and cold-hearted to most people. They can be so attached to their image of an untainted successful person that they may never be able to crack open their own inner shell of vulnerability. Being so removed from their feelings all the time can make intimacy and relationships suffer from others feeling deficient and uncared for. This archetype is also very stubborn, and it's hard to be able to put their mentality into question, as they often seem to have an answer for everything;
- 458s may run the risk of being too closed-minded and argumentative about what they know to be the truth. Since they look at things very thoroughly, they can use their knowledge as a weapon, attacking any differing minds with it. Also, this tritype isn't the best communicator, in the sense that they can be curt and a bit rude about information that they perceive as superficial or incomplete. They also tend to keep their language peppered with complicated and/or posh terms that might confuse people. They may need to be more open-minded and understand that people don't understand things the same way as they do and are often satisfied with more simple answers;

### **Patterns & Structure**

- 258s are triple rejection or relationist. This means that this archetype has all the three enneatypes in each center of intelligence that try to distance and protect themselves from experiencing rejection and pain from feeling estranged. They are really adept at developing and using strategies in relation to observing and controlling human behavior. This is possibly the most unpredictable and malicious tritype, especially when unhealthy. The self-preservation subtype is more introverted, so the FIVE fix is intensified for the most part. This subtype is characterized by its greater need for independence and defense structures related to food and money. The sexual subtype often has a passionate streak and dearly protects their intimate circle against detractors. They can be surprisingly soft and tender-hearted, but exert a great deal of control onto their close friends. Dominant social variants are a little more prideful and militant about what they know and may want to be a dominant figure in a group or selective society. They are the most intellectual and people-savvy of all three subtypes;

- 358s are triple strategizing and hard-nosed. This means that this archetype has all the three enneatypes in each center of intelligence that try to come up with an effective solution in order to keep themselves from experiencing shame, being overwhelmed, and vulnerable. These people are the powerhouse of the archetypes and are always coming up with new ways to control and maneuver their environment to make them above others and successful. This archetype combined with a dominant self-preservation instinct is extremely practical and resourceful. This is one of the most independent and self-sufficient combinations of all the tritypes. They keep their boundaries very protected and may be impenetrable. The sexual subtype is more preoccupied with keeping a strong and secure bond with their loved ones. They have a lot of subtle but noticeable charisma that they can exploit to manipulate people. This is also the most emotionally-aware 358. The social dominant 358 is more cause-driven than the other two subtypes and concerned with how they present themselves to the public. They like to appear as withholding intellectual and political mastery over their environment and may maintain an image of an unwavering, powerful tycoon. Very good at reading people and knows how to climb up corporate ladders;

- 458s are triple independent thinker. This means that this archetype has all the three enneatypes in each center of intelligence that want to come up with an idiosyncratic view or answer to look up information and learn about their environment and themselves. This means that they can be very selective about accepting information from an outside source, especially if they are knowledgeable in said subject. When combining this tritype with the self-preservation instinct, this gives off a pretty introverted and solitary character. This combination is probably the most independent one of all, especially when leading with FIVE or EIGHT. They are very focused on survival and can be very wise about subjects such as existentialism or life and death in general. Sexual subtypes are more passionate as always, but with this archetype, the accent is on sharing intimacy with one romantic partner. They can give everything and even sacrifice themselves for their partner in exchange for eternal faithfulness. Social subtypes are somewhat at odds with this tritype. They like to be seen as the wise and resourceful person of the group and can even be the silent leader orchestrating everything in the background. They might not always feel up to the task, though, even if they can hide it well;

## **Possible Mistypes**

- Sexual FIVE with a four wing and a 258 tritype may look like a 458 archetype because they have more access to their emotional vulnerabilities;
- Self-preservation TWO or EIGHT may be a lookalike to 458 even though they are 258;
- Social EIGHT with a 358 tritype may identify more with the 258 because of the countertype of EIGHT being more attentive to the needs of his or her crowd;
- Social FIVE with a six wing and a 458 tritype may look like a 258;

## **MBTI**

- 258s' most common MBTI types are: ESTJ (825), ENTJ (852), ESFJ (285), and sometimes ENFJ (285) or ESTP (852). While it's true that introverted Myers-Briggs types can be this tritype (mostly INTJ or INFJ), the EIGHT and TWO energies naturally align more with extroverted types. Perceiving types are less likely to be this archetype;
- 358s' most common MBTI types are: ENTJ (835), ESTJ (835), INTJ (583), and sometimes ISTJ (538) or ISTP (583). It's very rare to see a feeling type with this archetype, even moreso if preferring extroverted feeling. Perceiving types are also quite uncommon for this tritype (ENTP might fit the role, though). xNTJ are very prolific with this tritype;
- 458s' most common MBTI types are: INTJ (584), ENTJ (854), INTP (458), and sometimes INFP (458) and INFJ (458). This tritype is rarely associated with sensing types (only ISTP could be a possibility). This archetype is mostly found within xNTJs;

## **Miscellaneous Differences**

- 258s are more relational than 358s and 458s and thus have an easier time forming bonds with people, unless when self-preservation dominant;
- 458s are the most inclined to seek intellectual enrichment for the sake of it, while 258s and 358s will try to gain useful ways to coerce or control their environment;
- 358s are the least emotional of the three, while 258s are the most openly emotional;
- 458s focus on what's missing in order to look for a deeper meaning, which is not a trait of 258s and 358s;
- 258s are a little more cunning and socially-savvy than 358s and 458s, who can be more socially awkward (this depends on the instincts);
- 358s are the most shapeshifting and adaptable of the three FIVE + EIGHT combinations, while 458s are the least;



- 258s are secretly afraid of people not liking them and may be more conciliating than 358s and 458s;
- 258s are one of the most protective tritypes there is, but this is less the case for 358s and 458s, who focus more on themselves first;
- 258s are great at mentoring/advising others, 358s at leading/performing, and 458s at accumulating knowledge/pondering.
- I was reading through some of your tritype materials and I realized that you describe the blind spot for 258 and 458 as very similar--both as being cynical, headstrong, passionate, and moody. What kinds of things would you look for to differentiate these two? Anytime you have two of the same types in a Tritype archetype, there is obviously going to be overlap. The 4 brings more moodiness, more depth, more introspection; the 2 is more extroverted, more focused on helping others. The 258 expects rejection, works hard to prevent it, and acts like it isn't important. The 458 fears rejection, hides it as well, and can be hypersensitive to small slights. The 8 in both cases keeps these tritypes from showing their sensitivity to rejection. The 2 brings the reference to others and the external world, and the 4 brings more a focus on the self and the internal world. Relationships with others are important to them. The 4 brings a move away with a pull, wanting others to follow. The 258 tentatively moves towards others. The 458 is as individualistic as the 478 but more opinionated and.....focused on and identifies with intellectual pursuits....more sensitive and less people pleasing.

#### 538 vs. 548

538: More driven towards success, image-conscious, less in touch with actual feelings. 8 and 5 intensity is more external toward 3 goals.

548: More brooding, detached, cynical. Very intense – 8 energy directed more inward toward 5 and 4 introspection. “Dark” and existentialist outlook on life

#### 258 vs. 458

What is more important to you, staying true to your authenticity and the search for personal expression (FOUR) or being important and appreciated by others (TWO)?

FOURs search inward by searching for what makes them emotionally alive and truthful to themselves, while TWOs search outward for validation and try to meet others' needs for them to be noticed.

#### 258 vs. 358

TWOs' core needs are to be desired and appreciated, to feel that they are wanted and loved. But in order to get those, they feel that they must invest time to be part of other people's lives and appear selfless or generous. In doing so, they hope that others might notice how they care about them and recognize their dedication. If they feel that the favor wasn't requited to their liking, they become bitter and hostile. More particularly, 2w3s want to appear like a bountiful giver of good news by making a strong impact.

THREEs' core needs are to be seen as competent in their role and as exemplary images of something highly esteemed. Thus, they want to be the best at something and excel at that they do. They typically lose touch with their identity to be over identifying with and cultivating an image of success, making them anxious about the day people might see them as less awesome than whom they try to appear. THREEs run the risk of becoming human doings, frantically seeking activity and results to convince themselves that they are worthy of being loved. They measure love by quantity and amount of feats done. More particularly, 3w2 wants to cultivate a likeable and caring image, so they achieve with more appeal and external support.

## **Comparing 5 + 9 Archetypes (259, 359, and 459)**

The 3 tritypes concerned with having FIVE and NINE fixes (259, 359, and 459) display these behavioral and psychological patterns:

- Paring that is the most introverted and removed from action.
- This is the invisible person or the hermit archetype.
- They are wise in a quiet way and don't dispense their knowledge needlessly.
- Probably one of the least likely pairings to fancy a lavish lifestyle.
- Like to take their time to understand things their own way.
- Constantly aware of their energy levels and want to preserve their fuel.
- Tend to be curious about a plethora of subjects, but may not necessarily delve deep into all of them.
- Their shyness can put a damper on their intelligence.
- May run the risk of disengaging with the world as a means of protecting their integrity.
- Very passive and does not appear proactive or full of energy at first.
- May become argumentative if they hold strong opinions, but don't push them too much if there is a possibility for conflict.
- Wants to understand concepts and information their own way.
- Can easily disappear in social settings.
- It's like they are not physically present.
- Avarice is managed through limiting their interaction with the outside world and making themselves unimportant.
- Whenever they feel anxiety or anger, they want to retreat into their world to process the emotion.
- Hides their discomfort and their identity to a certain extent.
- Feels overwhelmed very easily by external stimulation and expectations.
- It's quite easy for them to be disengaged with the present situation and be in their own world.
- The 9 fix helps the core 5 have a broader and a non-judgmental perspective.
- The 5 fix helps the core 9 by going deeper into their understanding of people and things, narrowing the scope.
- Withdrawn, invisible, making space for others, conceptual, passive.

- Avarice + Sloth produces a natural economy of energy and a need to hide its own identity through mutable, adaptive behavior to better match its environment. There's often a sizeable (and often intentional) gap between what is shown publicly and what is kept within.
- Double withdrawn stance: the need for saving up personal energy and straying away from overwhelming stimulation is increased (even more so for self-preservation dominant);
- Soft, malleable but somewhat cold energy (in appearance only);
- Ambiguous energy. Neither sliding toward male nor female;
- The intensity of the FIVE energy is tempered with the accommodating NINE energy;
- Inner conflict between the need for competency and understanding of the FIVE vs. the need for harmony and peace of the NINE;
- Very controlled emotional states, since neither enneatypes like to be in contact with strong feelings from others or their own (emphasized with self-preservation dominant and less so for sexual dominant);
- Most likely combination to be very observant of their environment while not actively participating.
- Cerebral and conceptual Nine. Self-erasure and total detachment from feelings implies a very poor awareness of their emotional landscape. A knowledge gathering, peace seeker who strives to stay away from conflict. Nines focused on previous and accuracy. Observes from a distance and makes intuitive conclusions that often turn out to be right. Can end up being too passive, ambivalent, and cut-off from the rest of the world if not careful.
- Withdrawn. They are comfortable making themselves invisible, as they don't wish to be overwhelmed with social/emotional commitments and attention. They are highly accommodating.
- Pattern-seeking above all. Whimsical exploration; disposition of reluctant idealist. Open-minded, philosophical perspective. Can seem to lack focus while associating groupings of information into larger theories. Likes people and humanity as a whole, shares ideas, and is relatively easy to get along with.

### **Differences between archetypes:**

#### **Extraversion & social interactions**

- 259s are hands down the shyest enneagram tritype of all. They are usually hard to get to know and may appear inhibited and/or unremarkable at first (very true for self-pres dominant).
- 359s are discreet but also the most adaptable of the FIVE+NINE combinations. They like to camouflage themselves behind an image depending on the situation, and can blend in almost anywhere.

- 459s are very withdrawn, but have a distinctive arrogant streak hidden behind their shyness. They want others to make the move and feel resentful if they feel rejected.

## **Overall Persona**

- 259s, like all TWOS, usually display a helpful or congenial nature without being too invasive. They can give out advice or practical help in exchange for feeling competent, needed, and at peace with their environment.
- 359s want to display a discreet but successful image, as they don't like being too much in the limelight. They like to impress people by solving difficult tasks and acting pretty humble about it.
- 459s are a little more mysterious and a bit harder to crack open. They often display an avoidant or effusive stance in order to protect their feelings of deficiency.

## **Relation with Emotional Side**

- 259s deny their emotional needs in favor of observing and creating greater bonds with people. While they can learn to manage their dark side, they prefer to focus their energy on maintaining harmony around them.
- 359s are very cut off from their emotions in order to better concentrate on their overall goals. They may feel at a loss when discussing them openly. They very much think that feelings are a burden sometimes (other's or their own);
- 459s are more introspective and responsive to their own feelings. They like to feel and analyze them at the same time and can withstand a lot of personal contemplation.

## **Potential Problems**

- 259s may have a hard time being taken seriously at times because of their unassertive and overall gentle nature. They are also one of the most prone tritypes to be exploited for their giving character and meek demeanor. Because of that, they may avoid stating their opinion or flat out start believing that they don't matter unless they make people happy (a ONE wing, either from NINE or TWO, exacerbate those tendencies);
- 359s are less likely to be seen as weak-minded than 259s, but they can be so identified in appearing adaptable and being the person for every situation that they may lose their connection to their own feelings. They may have a hard time understanding the need to validate and respond to others' emotional side that they may come across as unfeeling or robotic.
- 459s have a hard time exerting their thoughts and feelings to people and have great difficulties overcoming their tendencies to shut the world off from their lives and can become hermetic and obsessed with their own mind. While this is less pronounced with social subtypes, this tritype

can be hard to be with because they don't allow much in and out of their universe. They can also be surprisingly intense and overwhelming by their in-depth approach to life. Furthermore, they need regular quiet time in order to recharge and feel at ease with their environment. Because of this, they can appear invisible, forgettable, and distant. One big exception is the Social subtype, which can look more outgoing but only in specific times and places and will typically choose to talk about their preferred topics of interest;

## **Structure & Patterns**

- 259s are triple removed and conflict avoiding. This means that this archetype has all the three enneatypes in each center of intelligence that tries to get along with people without making a wave of any sort and keep a low profile. While 459 is sometimes considered the shyest tritype, it is really the 259 that fits the bill better, as they are harder to convince to assert themselves. They mostly opt for being an observer and connect to people in a very unintrusive way. This tritype often has a dominant self-preservation instinct in their stacking, and that makes them even more removed from their environment. With sp dom, they typically display a slight childlike nature from the TWO fix, and they can unintentionally be overprotected because of their vulnerable look. For sexual variants, this tritype can be a little more needy and seeks to merge with a potential partner (NINE fix). This variant can also make excellent one-on-one counselors or romance novelists. Finally, social variants are a bit more extroverted and intellectual, especially if lead with FIVE. This 259 is more participating and engaging than the other two variants and can thus mistype more easily with other more outgoing tritypes;

- 359s are triple camouflaging and hidden. This means that this archetype has all the three enneatypes in each center of intelligence that tries to cover and hide the self and its vulnerabilities in order to better fit their assigned role in any given situation. They like to prove their worth, practically, while being efficient and adaptable. The vanity and deceit of the THREE is less apparent here. A lot of 359s are dominant self-preservation and thus feel distant and removed from their environment. They're also the least openly arrogant and boasting of all 3 combinations there is. They are also more down-to-earth and savvy than the other two variants. Sexual subtypes are more passionate and idealistic. They may want to look like the perfect husband/wife to their partner and hide behind a glamorous veneer in order to be accepted (especially with THREE leading). They are attentive to what makes them feel alive and may be more emotional than self-pres or social variants. The social variant is the most outgoing and openly arrogant. They want to be seen as successful and like to display their competency and knowledge. More active and engaged socially;

- 459s are triple withdrawn. This means that this archetype has all 3 enneatypes in each center of intelligence that need to go away from the outside world in order to recharge and conserve their energy. This tritype feels easily drained by external contact and prefers to limit their interaction with it. People with this archetype might feel vulnerable and unable to take on action, and thus prefer to engage more in the realm of imagination. This tritype is most compatible with a dominant Self-Preservation subtype and most at odds with a Social subtype. Socials with this tritype want connections and a sense of belonging but feels the pressure of the group's expectations the most and think they can't take on the responsibilities. SP people are the most reclusive, energy-retentive folks of the whole damn enneagram. They are the least emotionally

and verbally expressive of the 459s. Sexual subtypes are usually intense and seek fusion with their intimates. They might live off their passion through their work (if paired with secondary SP);

### **Possible Mistypes**

- Social FIVES with SIX wings having a 459 or 259 tritype may identify with the efficiency qualities of the 359 because they are more outgoing and need to prove their competency through social endeavors;
- Social FIVES with FOUR wings having a 359 tritype may look like 259s because of their tendency to be more sensitive and other-oriented than most FIVES, mimicking 259s' need to fit and be accepted in a social setting;
- Self-Pres FIVES or NINES with a 259 tritype can look less emotional and expressive than other variants and thus look like 359s;
- Sexual NINES with a FIVE fix may automatically associate with 459 because the 259 and 359 descriptions may not reflect their deep sensitivity and romantic streak.

### **MBTI**

- 259s' most common MBTI types are: ISFJ (925), ISTJ (952), INFJ (529), and sometimes INFP (952) or ISFP (925). It's very rare to find extroverted Myers-Briggs types with this archetype, and somewhat uncommon to see thinking types, too. The former will almost always lead with TWO and the latter with FIVE.
- 359s' most common MBTI types are: ISTP (539), INTP (593), INTJ (539), and sometimes ISTJ (953). It's uncommon to see feeling types having this archetype (will most likely lead with NINE) and even more rare with extroverted types, who will likely lead with THREE.
- 459s' most common MBTI types are: INFP (495), INFJ (459), INTP (594), and sometimes ISFP (945). It is exceedingly rare to find an extroverted Myers-Briggs type with this archetype, and when it does happen, it is mostly ENFPs or ENTPs.

### **Miscellaneous Differences**

- 359s are the best of the three FIVE+NINE combinations to blend into their environment. The least adaptable is 459;
- 459s are more in touch with their emotional states at all times compared to 259s and 359s;
- 259s can usually better read other people's emotional states than 359s and 459s;

- 359s' communication style is honest and mostly straightforward (especially if ISTP), while 259s' is more ingratiating and thoughtful and 459s' is idiosyncratic and cryptic;
- 459s are more aloof and moody than the other two FIVE+NINE combinations;
- While all FIVE+NINE archetypes are shy and withdrawn, they don't show it the same way. 259s are the most unassuming and soft, 359s hide behind assigned roles or personae, and 459s hide their pain and suffering in an indifferent, aloof stance with a hint of sadness;
- 259s and 459s tend to wait for being included in a group setting, while 359s can blend in easier and more quickly;
- 259s won't dip into taboo or controversial subjects without experiencing some kind of discomfort, while 359s and 459s are less defensive about it;
- 459s might try to steer the conversation in such a way that is more in their field of interest, while 259s and 359s are more likely to let things flow naturally.
- 594 is a little more open to engage with their emotions. The tritypes with 5 and 9 can be notoriously avoidant of strong emotional experiences, with 593 being one of the least likely to face their own head-on, as they might view this as a hindrance/weakness to their image or goals. Because 594s value getting in touch with their messier side (generally for the purpose of self-evaluation), they are more likely to dive deep.
- The 954 is more contemplative and the 952 will be more focused on others

How to tell whether your 9 fix or 2 fix is stronger (whether you relate more to 2 or 9)

2: less withdrawn, more socially active, and more assertive

9: peaceful, calm, easygoing, and less intense in relationships

### 259 vs. 459

What is more important to you, staying true to your authenticity and the search for personal expression (FOUR) or being important and appreciated by others (TWO)?

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## **Comparing 6 + 8 Archetypes (268, 368, and 468)**

The 3 tritypes concerned with having SIX and EIGHT fixes (268, 368, and 468) display these behavioral and psychological patterns:

- Pairing that wants to make people state their intentions openly the most.
- Most confrontational and argumentative pairing (most aggressive tritype is 368).
- Are usually good readers of situations and people but can be prone to projecting their fears and coming off too strongly.
- May see problems when there aren't any, a bit paranoid.
- Wants to get to the bottom of sketchy businesses.
- Very loyal and protective to those under their wings.
- Very sensitive to power dynamics (personal and social).
- Each tritype with this pairing wants to protect and shield others from being misled or taken advantage of.
- Often knows that they are vulnerable, but almost always try to protect themselves from being hurt by others.
- Typically denies that they are overreacting and think that they are passionate or are trying to prove their point.
- The SIX fix is almost always counterphobic when paired with EIGHT.
- This pairing denies their fear and may not identify with most of the SIX traits at first.
- Fearsome pairing that knows how to argue and speak their minds, appearing confident.
- Can be reactive and emotional even when the subject isn't meant to be.
- Can sense imminent danger and usually have quick reflexes.
- Wants to see the truth in all situations, but often end up imposing theirs (especially with 368).
- May not know how to stop being in attack mode and may make a fool of themselves.
- The 8 fix helps the core 6 garner self-confidence and the drive to act on their suspicions and challenge what they see as unfair.
- The 6 fix helps the core 8 to trust people and bond with like-minded folk.
- Reactive, counterphobic, pushing, fighting for "truth," honor, skeptical, accusing, and outspoken.

- Fear and Lust combine into a fearsome and confrontational personality who can't give room to uncertainty and must act upon their gut feeling in order to thwart opposition. An interesting thing to point out is that the SIX associated with EIGHT is always counterphobic.
- Double reactive stance: the need to express and validate their emotional realness of a situation is enhanced;
- Protective, combative, and oppositional energy;
- This is a truly masculine energy at work here;
- The security-seeking, anxious SIX is at odds with the assertive, opposition-crushing EIGHT;
- There is a conflict between the need for SIX to anticipate danger and prevent it and the act on the spur-of-the-moment strategy of the EIGHT;
- This combination is the most likely to be associated with rebels and anti-authoritarians;
- 8 in any trifix tends to give license to the other fixes to just “be” unapologetically. It’s not automatic aggression, but rather an allowance of being. With 6 fix, that means the questioning and calling out inconsistencies/untruths is louder and more shameless. 8 tends to be uncomfortable with the natural need of 6 to submit, and so it tends to make 6 more counter-phobic but less trusting/warm/friendly. 8 being a reactive type brings 6 into a place where it expects more negativity and can be unapologetically bold.
- The 6 and 8 both focus on loyalty and justice, and are willing to publicly or privately challenge injustice.
- The 6 seeks an authority figure that is fair and just, and the 8 sees themselves as a justice-maker.

### **Differences Between Archetypes:**

#### **Social Roles**

- 268s are the hero without a cape who wants to help others in trouble and defend them against further aggression;
- 368s are the debater and opposition leader who want to be the perfect soldier or the ultimate nail in the coffin for their detractors;
- 468s are the whistle-blowers that want to remain true to themselves and say the truth, no matter what happens;

#### **Dealing with emotions**

- 268s are so focused on others' well-being that they often forget to check how they feel inside and build up frustration and resentment until they explode if not checked;
- 368s aren't very comfortable with emotions at all and feel that they might be a hindrance to reaching their goals and meeting expectations;
- 468s are the most attentive to their inner states and can be overly reactive in doing so;

## **Shame**

- 268s often feel shameful about having to show their needs to people, so they tuck them away and focus on helping people, often in critical situations, in hopes that they will acknowledge their efforts;
- 368s are often shameless (especially if social) in adapting to the current needs of people. They want to be the best at meeting their demands and protect them in exchange;
- 468s introject their shame in being different and separate from others. They try to ease the pain by calling off inconsistencies and telling people the truth about situations;

## **Potential Problems**

- 268s can look quite bossy and annoying because they feel that they must lend people their help in order to feel accepted and secure, and can react strongly if their help has been rejected. They may also be feisty and disregard rules if deemed infringing on their own needs to be close to or help someone. Sometime, they take their heroism complex a bit too seriously and act without thinking;
- 368s are very reactive and impulsive, and so can overreact and can perceive illusory conflicts and power struggles when there aren't any. They also have a tendency to talk back or say too much too quickly before accurately assessing the situation, putting their credibility in jeopardy at times. They ought to slow down and think before opening their mouth and reacting to any potential things that they don't agree with (this trait is shared with all the 6+8 combinations). As the most aggressive and combative tritype of all the 27 archetypes, they should allow more time in their routine to relax and shift their focus of attention to body care and well-being;
- 468s are so reactive that they might not realize that they need to stop and analyze the situation more before jumping to conclusions. They can call off a situation prematurely and can get into hot water because of it. Additionally, they can be a little too aggressive and threatening when trying to denounce a situation or prove their point and can dissuade people from believing in them. It can be really hard for the archetype to refrain their emotional side even when discussing everyday subjects and because of that, they may not realize that they are being reactive and emotional about something;

## **Patterns & Structure**

- 268s are triple protective and the most heroic tritype (along with 368). This means that this archetype has all the three enneatypes in each center of intelligence that want to prevent loved ones from being harmed in any way, shape, or form. They want trust and certainty from their environment and are willing to take the necessary means to keep themselves and others from being injured. They are very alert, reactive, and protective in order to fill up their duty. Self-preservation subtypes have a little less overt presence than the other two subtypes because they focus on practical help. They are usually more down-to-earth and fiercely protective of their finances and other's. Sexual subtypes are quite intense in character and like being in life-or-death situations, exemplifying the hero archetype the best. They can be quite jealous of their loved ones and partners and be controlling when feeling anxious and vulnerable. Social variants are more involved in their environment and can easily be found in any protest or political groups—defending or promoting rights of a particular community. This subtype is the most TWO-ish 268 and can be very adamant about protecting their group's rights and ideals;

- 368s are triple confronting and aggressive. This means that this archetype has all the three enneatypes in each center of intelligence that want to engage and/or decry injustice and inequalities among various situations (depending on the subtype). They want facts and things to be crystal clear and hate contradictions, and so can brush off any inconsistencies in order to eschew incongruence and open criticism. Combined with dominant self-preservation, this tritype is extremely hard-working and enduring. This is a less openly aggressive manifestation of this tritype, as here the motivation is to keep them from experiencing material woes, and because of that, they can be very rigid and combative of any inconsistencies or threats regarding that matter. The sexual variant with this archetype is very intense and confrontational, especially if their loved ones are involved. They want total respect from them (a bit of submission also) and in exchange will destroy any detractors. They have a very hard time accepting betrayals and are more emotional than the other two subtypes. Likewise, they can be surprisingly submissive to their partners. The social subtype supports and defends their crew in exchange for group security and trust. They can be found as the organization representative or leader (often political) and are very oppositional to any differing views;

- 468s are triple reactive and intense tritype. This means that this archetype has all the three enneatypes in each center of intelligence that need to track down inconsistencies and false pretenses in order to feel secure and in control of their environment. They use their intuition and emotional intelligence in order to sniff out the truth behind events and people, and can protect others while doing so. When combined with the self-preservation subtype, this tritype is very focused on protecting their close friends and family and maintaining material security. They are less emotionally reactive than the other two subtypes. Sexual subtypes are the most intense and reactive combination of all. They want to address troublesome situations readily and are extremely persistent, not easily deterred when proved otherwise. They are fiercely protective of their loved ones and can be very possessive and jealous. The social subtype is more militant and socially engaged. They can fight for their rights and tend to be uncompromising when doing so. They also protect vulnerable or marginalized people and are often feel deeply involved with personal causes;

## **Possible Mistypes**

- Sexual EIGHTS with a 268 tritype might mistake themselves as 468 because of their emotional and passionate nature;
- Sexual SIXES with a SEVEN wing and a 268 tritype might look more like a 368 because they are very action-oriented;
- Sexual THREES with a FOUR wing and a 368 tritype might consider themselves as 468;
- Social EIGHTS with a 368 tritype may look like a 268 because of the easier access to TWO with that subtype;

## **MBTI**

- 268s' most common MBTI types are: ESFP (286), ESFJ (268), ESTJ (862), and sometimes ENFJ (286). It's uncommon to meet introverted types with this archetype, and when it's the case, it's usually ISTJ. There are a bit more judging types than perceiving types with this tritype.
- 368s' most common MBTI types are: ESTJ (863), ENTJ (836), ESTP (836), ESFP (386), and maybe ENFP (683). It's rare to find an introverted Myers-Briggs type with this archetype (maybe ISTJ or ISTP leading with SIX?). Sensing types are a bit more prevalent than intuitive types;
- 468s' most common MBTI types are: ISTP (684), INFP (468), ISFP (468), and sometimes INFJ (468). It is uncommon to see Judging types with this tritype, and when they do identify with it, they are mostly Sps;

## **Miscellaneous Differences**

- 468s are naturally more creative and can be socially engaged artists of some sort, while this is less the case for 268s and 368s;
- 268s are more openly caring about people and don't like taking on big responsibilities like 368s;
- 368s are the most aggressive tritype, while 268 are more about protecting people from harm and 468s listening to their own truth;
- 268s are more relational and often like to be with people, while 468s need more intimacy;
- 468s can have a really dark, melancholic side, while 268s and 368s are lighter despite their drive;
- 368s can remove themselves from their emotions more than the other two tritypes in order to be relentless and aggressive;
- 468s are the most adept at reading up the situation to their core, while 268s are the least effective in that field (compared to the three SIX + EIGHT combinations);

- 268s can manipulate people into giving them attention in return from their deeds, while 468s want to be more independent of the crowd;
- 368s can be found in the military, law, and finances, while 268s are flocking around paramedics, nursing, and rescuing teams;
- 468 can be less faithful to a group or an organization because of the FOUR access to their value system.

## **Comparing 6 + 9 Archetypes (269, 369, and 469)**

The 3 tritypes concerned with having SIX and NINE fixes (269, 369, and 469) display these behavioral and psychological patterns:

- Enhances the natural line of connection to SIX and NINE.
- Pairing that wants to be part of a community the most, even if not social subtype.
- Often unassuming or wavering when alone, feels better in groups.
- Even when leading with FOUR or with a sexual subtype, you won't see them alienating themselves completely from their peers.
- Unsure about their capacity to act alone, so they side with security.
- Can easily take too much time to take a decision, especially with TWO or FOUR in the tritype.
- Finds security in being part of something greater than them.
- Often look scared, preoccupied, and/or worried, even if not.
- Unconsciously conforms and bends to its environment.
- Can easily mimic or reflect collective insecurities, wants, or beliefs.
- Abhor conflict; their first instinct is usually to hide.
- A strong EIGHT wing or THREE fix can help alleviate the need for flight.
- It's hard to think for themselves and not to be swayed by others' opinion. Usually gentle and amiable, but can become secretive and anxious if they feel threatened.
- Display their frustration passive-aggressively, frequently displacing it to something less threatening.
- The SIX here is often phobic, but can become counterphobic if pushed enough toward stress and danger.
- Can easily be caught in indecision and want others to make the big decisions at first.
- At their worst, can blindly follow the herd and act without thinking for themselves.
- The 9 fix helps the core 6 relax and be more tolerant and accepting of difference.
- The 6 fix helps the core 9 be less indolent and more proactive when helping others.
- Tracking others/socially aware, "folk", doubt, uncertainty, not pushing buttons but will fight back if necessary, humility, rabbit, glorifying "uniqueness" as something to celebrate, underdog, friendly, adaptable, "real life," humanity, defying labels and categories, seeing pieces of themselves in many types, "it depends on the situation."



- Fear + Sloth combines into a slightly anxious personality whose constant need for security and certainty is reached by maintaining a social and personal homeostasis. People with this combination often monitor the emotional temperature of any given area in order to keep it from affecting them too much negatively;
- Double attachment stance: the need to observe and watch for potential break-ups with their environment is heightened, as for their need to keep good relationships;
- Soft, hesitant and pleasant energy;
- Can display a bit of a vulnerable side, even when unintentional;
- The anxious, scenario-forming SIX mind is tempered by the peaceful NINE;
- Tension between the need to seek truth and consistency of the SIX and the need for solace and harmony of the NINE;
- There's a strong aversion to conflicts regardless of the three tritypes here. They try to avoid any contentious subjects or situations in order to stay safe;
- Most likely combination to be part of a group or a trend-follower of some sort (even when not social dominant);
- Nine focuses on harmony, but also Six is prodding others in low-key ways to determine their trustworthiness. Six would emphasize the need for harmony with feeling safe. As much as Nines want to be accepted, Six will lend them an element of caution about whom they mirror and seek belonging from. Nine's calm, passive energy is affected by the heady, nervous energy Six carries. Likely to go into a state of inertia or total shut down because of the fear/ anxiety that fundamentally defines Six. When counterphobic, it may mean that underneath their calm persona, there is a simmering vortex of anger. More likely to be roused into action if the Six is counterphobic.
- Frequent tracker of the people in their lives, because they fear abandonment and betrayal. They strive to be \*normal\* in order to gain acceptance. They can completely mirror the person or group whose acceptance they seek and want to belong to/with. Unsure and a more phobic Six. Sweet and can be endearing, a razor sharp mind is hidden beneath Nine like layers of humility and a mousy attitude. Kind of like Molly Hooper, from BBC's Sherlock.
- 9 and 6 both accommodate others. 9 to prevent conflict and achieve external peace, and 6 to maintain a support system and prevent others from abandoning them.

### **Differences Between Archetypes:**

#### **Extraversion & Energy Levels**

- 269s are moderately outgoing and naturally other-oriented. They usually like to be of help and use their energy to enhance the well-being of people;

- 369s are more extroverted and like to be recognized for their contributions. They are more chameleon-like in their overall demeanor;
- 469s are one of the most introverted tritypes and consequently are less likely to be assertive than 369s or concerned about helping others like 269s;

### **Anxiety Triggers**

- 269s try to hide their nervousness and opt for a more positive, reassuring appearance. Not knowing how to act and being criticized for being too passive, even when being helpful, causes them to feel anxious;
- 369s cope with anxiety by shapeshifting into the more desirable and safe man/woman of any given situation. When they fail to accurately identify the best outcome to morph into, that's when anxiety kicks in;
- 469s are the most outwardly anxious of all the SIX+NINE combinations. Their nervousness increases when they realize that searching for truth ultimately leads to more questions;

### **Aggressiveness**

- 269s aren't keen on displaying their angry side publicly, and instead try to hide this side of their character. They can be passive-aggressive if they feel undervalued, especially when trying to help ungrateful people;
- 369s channel their aggressive side into their work. While they don't like showing their angry face to others, they are a little more straightforward in showing it and can become argumentative at times;
- 469s also have a lot of problems properly venting their frustration, and can quickly resolve to passive-aggressiveness when things don't go as planned;

### **Potential Problems**

- 269s biggest issue is about expressing their concerns and opinions about something. As they don't like to rub people the wrong way, they can be too accepting and allow people to walk over themselves relentlessly. They also can be too passive and don't assert themselves when they should, causing some folk to be angry at them. They need to understand that expressing opinions and being more active aren't something outside their capacities;
- 369s are so adept at shapeshifting that they often become asleep to their own needs and identity. They also want to be the best person for every situation they encounter, which can be unintentionally obnoxious or annoying for others. They may be seen as opportunistic and fake, even though they almost always strive to be accepted. This tritype may need to learn to slow down and learn how to look inside themselves in order to discover their true needs;

- 469s are more visibly anxious and unsure about themselves and their environment. They, like 459s, can look shy and wait for others to include them, but generally displays a more friendly and approachable attitude. The warmest subtype with this archetype is probably Self-Pres, which can look very submissive and timid at first. 469s' main problem is their constant self-doubt about their own capacities. As they believe that their internal decisive skills and convictions are inherently lacking, they seek answers outside themselves in order to feel safe and satisfied. Unfortunately, they often fall short and come up with more questions than answers, and doubt themselves even more so. They should always remember that sometimes the way to find happiness isn't always with finding more issues than there actually are;

## **Patterns & Structure**

- 269s are triple people focused and the most helpful tritype. This means that this archetype has all the three enneatypes in each center of intelligence that focus on maintaining good contacts with people and try to ease out pain and social alienation by keeping a nice persona. They almost always want to be seen as helpful and uncomplicated in order to get personal motivation in being part of others' lives. People who have a dominant self-preservation subtype like to help in practical ways and are the humblest of all variants. They are also the least assertive and openly aggressive, too. Social variants are a bit more gregarious and can be a bit more rigid and energetic regarding the way they help. They need to be seen when giving out their time and energy to people and can be mistyped as a more outgoing and assertive tritype because of that. Finally, the sexual variant doesn't mesh well with typical descriptions of this tritype, as they are more emotionally dependent and sensitive to being rejected from their intimate partners;

- 369s are triple adapters and the most shapeshifting tritype of them all. This means that this archetype has all the three enneatypes in each center of intelligence that try to merge into what is expected of them to be, and this is often a very instinctive way for this tritype to become readily accepted by their peers. A self-preservation 369 will be less openly merging with its environment, but can deliver strong work ethics without being too adamant about taking up the spotlight. A very down-to-earth subtype that is more discreet and humble than the other two variants. The sexual 369 is a bit more fluid and attentive to the needs of others, especially the few special ones. They are also a bit more emotional and may show a bit more of their vulnerable side than the other two subtypes. The social 369 is the classical description of the tritype. Very engaged and quick to act, they like to strive for recognition while looking at outside authority in order to get the best outcome;

- 469s are triple doubting and the most indecisive tritype. This means that this archetype has all the three enneatypes in each center of intelligence that try to seek the truth in any given subject in order to uncover what all this is truly about and to reflect on what they have learned in order to make a statement. They may succumb to the never-ending quest to find the ultimate truth for everything but fail to actually land on an answer. As such, they are constantly weighing concepts back and forth in their head in order to come to a trustworthy conclusion, but often feel that there are always more questions than accurate answers. These qualities are enhanced with a Social subtype since they are more likely to share those insecurities within a group setting and want to come to a consensus than other subtypes. Social 469s are very aware of their inability to answer their numerous questions and may resort to groups, faiths, or philosophy in order to quell their

anxiety. If core SIX, they are balanced between phobic and counterphobic. Dominant self-preservation of this tritype are very shy and unassertive by nature. They usually keep their doubts to themselves or to close friends and keep their inner monologue from disrupting their environment. Self-Preservation dominant types can be insecure about change and want stability the most. SP 469s aren't ones to push boundaries of any kind. If core SIX, they are most likely phobic. Sexual 469s are more daring and openly questioning. They can be really upset if a question remains unanswered and if people don't give out the same amount of intensity and effort into their findings. Sexual subtypes are less prone to wallow in constant questioning and prefer to look for actual answers outside their heads. Again, if core SIX, they might be phobic, but are often a bit more counterphobic.

### **Possible Mistypes**

- Sexual and/or counterphobic SIXES with a 469 or 269 tritype may look more THREEish as they may be more action-oriented than the other two variants;
- Some sexual THREES are a bit more shy and emotional than the other two subtypes, especially with a SIX+NINE fix and/or having a FOUR wing. They can look like a TWO or a FOUR;
- Sexual NINES are sometimes considered the least assertive of the NINES and can be more connected to their emotional side. They can look like a 469 when they have a SIX fix;
- Social SIXES with a NINE fix are very much connected to their THREE lines. The same goes for Social NINES with a SIX fix. They can look very outgoing and productive for their respective enneatypes and thus be mistyped for a 369 tritype;
- Self-Preservation SIXES are usually more connected to their NINE line at first, so if they also have a NINE fix, they may not look like much of a 369 tritype and can look more like a 269.

### **MBTI**

- 269s' most common MBTI types are: ISFJ (926), ISTJ (962), ESFJ (269), and sometimes ISFP (926) and INFP (926). It's rare to find extroverted Myers-Briggs types with this tritype (other than ESFJ) and extremely rare to find NT types.
- 369s' most common MBTI types are: ESFP (369), ENFJ (369), ISTP (639), ESFJ (369), ENTP (639), ENFP (639), and sometimes ESTJ (369). While there is a preference for extroverted types, this tritype can be found almost anywhere, except for xNTJs.
- 469s' most common MBTI types are: ISFP (946), INFP (469), ISFJ (964), and sometimes INFJ (649). It is quite rare to find extroverted types with this tritype. Maybe ENFPs or ESFJs could fit the bill.

### **Miscellaneous Differences**

- 469s are naturally more aloof and moody than 269s and 369s;
- 269s are helping mostly because they like filling that role. 369s need to be a bit recognized at least for their work;
- 269s are humble by nature. 369s can look humble depending on the situation, but they hide their vanity in doing so;
- 469s will doubt themselves in almost any new task they encounter, while 369s are busy shapeshifting into the desired profile;
- 269s fit more easily in the helper role, while 469s are more apt in a vulnerable role;
- 269s and 369s deny their own needs and emotional nature respectively, while 469s are more attentive to their emotional states;
- 369s are natural doers, while 269s and 469s are better listeners;
- 369s usually appear more impersonal and up to the task than 469s, who are more caught up in their emotional turmoil;
- 269s are passive because they don't want to alienate themselves from the love of others, while 469s are passive because they are thinking too much about the signification of the event.
- The 9 fix by contrast tends to allow 6 to stay longer in a state of questioning ambivalence. 6 still wants to find a structure/truth, but 9 allows more back and forth. Both 6 and 9 have trouble being solid. With 6+9's, one might get the sense that they're playing with ideas rather than how the 6+1 insists on finding one specific outcome. The 6+9 might settle on an outcome, but spend more time re-questioning and vacillating. 9 as a withdrawn energy pulls the 6 fix into a place where it needs permission to exist fully and trust itself.
- Both the 469 and 269 tend to be passive. The 269 is more ingratiating. The 469 is more aloof.

How to tell whether your 9 fix or 2 fix is stronger (whether you relate more to 2 or 9)

2: less withdrawn, more socially active, and more assertive

9: peaceful, calm, easygoing, and less intense in relationships

## **Comparing 7 + 8 Archetypes (278, 378, and 478)**

The 3 tritypes concerned with having SEVEN and EIGHT fixes (278, 378, and 478) display these behavioral and psychological patterns:

- Pairing that wants freedom and asserts their will the most.
- Enhances the natural wings of 7 and 8.
- Has the greatest difficulty of all pairings with external or imposed limits, often circumventing or breaking them in order to get what they want.
- Typically has a hard time saying no to their desires.
- Life is a playground; "I take what I want".
- Has a blend of a hedonistic and realistic approach to life.
- Feels the best when they get things done their way.
- Always on the lookout to take charge in a situation and having fun while doing it.
- Loves a good challenge and usually succeeds in overtaking them.
- When they are invested into something, it's hard for them to slow down because they love the intensity of the situation and often find ways to renew its interest.
- It's hard for them to look for potential pitfalls and be wary of new endeavors.
- They want freedom to manifest what they crave out of life.
- They might not see how important it is to cultivate their inner lives and understand why they do what they do.
- May take for granted what others find offensive and obnoxious.
- Good negotiator: always finds a way to win something.
- Quick thinker and smooth talker; direct speech but in a funny, original way.
- They need to learn to slow down and think about potential consequences.
- Most excessive and grandiose viewpoint of all pairings.
- Has an unmistakable big energy and dynamic presence.
- The 8 fix helps the core 7 to anchor their attention on goals and crave things more intensely.

- The 7 fix helps the core 8 divert their lust for power in many different viewpoints and help broaden their personal scope.
- Aggressive, epicurean, “I want, I take,” childish, no impulse control, royalty, narcissistic, colorful beast
- Gluttony and Lust merge into a very energetic, expansive personality that wants to get the big picture and live their lives to the fullest. They don't bow to anyone and want to remove any limitations that get in their way;
- Double assertive stance: the need to take charge and make things happen out in the real world is enhanced;
- Conquering, protective, and overall big personality;
- Very masculine and extroverted energy;
- The pleasure-seeking, forward-thinking SEVEN is at odds with the boundary-setting, reactive EIGHT;
- There is a conflict between the SEVEN's need for variety and plethora of experiences and the EIGHT's need to get all the way into something, conquering it to the core;
- This is the most extroverted and active combination of all;
- 87?: Focused, intuitive, and innovative. Most assertive and nonconforming 8. Moody, intense, eccentric, entrepreneurial 8 especially if sx.
- The 7 and 8 are both very independent and creative types that follow their own drums. Both do not want limitations. The 7 wants to be the leader of their group to ensure freedom from boredom, and the 8s want to be master and commander of their own life rather than conforming to the limitations of ‘group think’. (sounds like cp 6)

### **Differences Between Archetypes:**

#### **Relationships**

- 278s love being around people and having lots of fun with them. They are the socialites and social butterflies of the archetypes;
- 378s are more utilitarian and business-like with their relationships. They usually prefer to keep emotional entanglements for others;
- 478s need deep and various relationships in which they can learn and share thoughts about the world. They are more in touch with their emotions, too;

#### **Main Assets**

- 278s' greatest talent is their friendly disposition and openness to sensual experiences. They are very personable and usually make good first impressions;
- 378s' biggest asset is that they can be superb at seizing opportunities that can nab them the best outcome of all;
- 478s' greatest asset is that they are truly creative and want to concretize their inner visions in a truly original way;

### **Role in society**

- 278s want people to get along and brightening things up for them;
- 378s want to fill up a role, often socially enviable, and be recognized for it;
- 478s want to create their own path and stay off of stereotypes and conformity;

### **Potential Problems**

- 278s have some of the hardest time of all archetypes looking inside themselves and admitting faults. Their sense of pride and vanity is often bloated, which prevents them from seeing that they may be excessive when interacting with others and treating them like mere entertainment. They minimize problems and don't like when people who try to impose limits of some sort on them. They want freedom and pleasure at all costs and can display narcissistic and/or histrionic tendencies;
- 378s can be seen as insensitive and provocative to others because they tend to love a good conflict in order to stir some shit up. They are quick-witted, but can eventually lose appeal because of their jerk attitude. Also, they can be so egocentric that they forget to include other people in their goals and schemes. Like the 368s, they can be very adept at putting their foot in their mouth because of saying or doing something offensive or inappropriate. Their "deal with it" attitude can get old very fast and look distasteful. Finally, they need to look inside themselves more and listen to their inner motivations, as they spend way too much time outside their own mind and heart;
- 478s are the least cooperative of all the 27 tritypes because they need to see and experience everything their own way. They may seek freedom in every situation and might feel easily trapped when conforming to a certain way of operating things. They also tend to overly believe in their capacity to change a situation and not take into consideration other's input, which might cause them to be perceived as arrogant and opinionated. Finally, they tend to only follow what inspires them, leaving out uninteresting stuff that can be useful for later;

### **Patterns & Structure**



- 278s are triple hedonistic and pleasure-seeking. This means that this archetype has all the three enneatypes in each center of intelligence that want to experience life to its fullest without being controlled or bogged down by any means. This archetype loves to indulge in fun and stress-free activities and, contrary to 279s, will actually fight to keep their enjoyment alive at all times.

They usually don't get upset for too long because they focus on the fun side of things.

Self-preservation variants are the most fun-loving and materialistic of the three subtypes, especially if SEVEN core. They love the fine things in life and don't like to be attached with engagements too much. The TWO element with this subtype is the countertype and doesn't look much like a typical relationship-seeking TWO. Sexual 278s are flamboyant and crave being the center of attention. They also have a daredevil and romantic side to them. They can be hard to follow because of their relentless zeal and idealism. Social subtypes with this tritype are a bit odd and less stereotypical because of the SEVEN countertype who is against gluttony and the EIGHT countertype which is less openly aggressive. They are more sensitive to the public's opinion about their behavior and are less impulsive than the other two subtypes, unless they're antisocial;

- 378s are triple assertive and expansive. This means that this archetype has all the three enneatypes in each center of intelligence that want to conquer and expand their physical territory in order to create what they crave and envision. They are the empire builders, always on the lookout for new ways of spreading their way of thinking and act immediately upon creating new schemes. Paired with a self-preservation instinct, this tritype is more grounded and looking for the right deal to make a profitable experience. They are very epicurious and like to keep an image of a laid-back, positive person. With the sexual subtype, the attention is less tangible and more focused on reaching lofty ideals. New experiences need to be felt and savored more intensely than the self-preservation subtype. They like to be seen as a perfected ideal person to a few people close to them and their intent is to not just live experiences, but consume them, too. The social variant is more involved with securing a political or organizational enviable place in the established hierarchy. They are the most comfortable with the spotlight and like to maintain a grandiose, greater than nature persona when appearing publicly. They're usually quite colorful, but not as much as the sexual variant;

- 478s are triple creative and innovative. This means that this archetype has all the three enneatypes in each center of intelligence that want to forge their own path in life and make their dreams a reality. They are often called trailblazers because they like to go off the beaten path in order to create their own reality. They are very independent and use their intuition to help other people see things differently, often by letting them see all the possibilities that can unfold from one decision. The self-preservation subtype is less flamboyant and more practical than the other two subtypes. They want to maintain their independence and enjoy life to the fullest while creating. While they have access to their emotions, they tend to disregard them if they take too much negative space in their lives. Sexual variants are the most magical and intense and want to make things happen quickly with panache. Like all sexual subtypes, they tend to be deeply involved in their intimate relationships and may want to search for the ideal partner. They can also fall in love with their ideas and aren't always grounded. The social subtype is more protective and feels like they're on a mission to help people understand the world differently. They like to communicate their enthusiasm, but can be a little less independent than the sexual and self-preservation variants.

## **Possible mistypes**

- Social SEVENS or EIGHTS with one of these tritypes (278, 378, or 478) might associate less with the sins of gluttony and lust because they are both countertypes going against the energy of their types;
- Sexual SEVEN or EIGHTS with a 278 or 378 tritype might consider identifying with 478 because they feel more emotional and passionate;
- Social TWO with a THREE wing certainly can be mistyped as a 378 instead of a 278;

## **MBTI**

- 278s' most common MBTI types are: ESFP (728), ENFP (728), ESTP (872), ENTP (782), ENFJ (278), and sometimes ESFJ (287) and ENTJ (872). It's exceedingly rare to find introverted types with this tritype. The SJ temperament is relatively rare with this archetype, while SP is common;
- 378s' most common MBTI types are: ESTP (873), ENTJ (837), ESFP (378), ENTP (783), and maybe ENFJ (387) and ESTJ (837). It's incredibly rare to find introverted types with this tritype, and all extroverted types might fit the bill;
- 478s' most common MBTI types are: ENFP (748), INFP (478), ENTP (784), and sometimes INTP (748) or ENFJ (874). This is mostly an NF or Perceiving preference tritype, as not many Sensing or Judging types are found to be this tritype;

## **Miscellaneous Differences**

- 278s and 378s are generally more pragmatic and sensual than 478s, who in turn are more idealistic and imaginative;
- 378s are very good at making deals and convincing people while looking sharp and undeterred. 278s are less driven and more fun-oriented without all the competitiveness;
- 478s are very creative and are focused of self-expression, while 378s are more like managers and getting the right opportunities to push an image or persona;
- 278s want to give off this sunny, libertine, and pleasurable persona, while 478s are more about being truthful to themselves and allowing more negative emotions to create something unique;
- 378s (and often 278s) can be unapologetic about their behavior and act before they think, whereas 478s are able to self-reflect more readily;
- 478s can be moody and surprisingly quiet at times, while 278s, even if they can also be emotional, are more dependent on external factors like being appreciated or rejected;

- 278s hide their fear of rejection and being unloved with their devil-may-care attitude and seductive behavior, while 378s hide their weaknesses and fear of worthlessness by looking as big and expansive as possible;
- 378s and 478s can look aloof and detached, while 278s care too much about being liked to be truly distant;
- 478s insist on doing things their way. While 378s also want to be in charge, they can do it with a little more subtlety;
- 478s find inspiration in almost everything, while 278s need a social frame of reference to be creative.
- The 4 in the 478 Tritype® adds more access to emotional and intellectual insights than the other two Tritypes® with 7 and 8; 278 and 378 Tritypes® respectively. This increases the 478's ability to respond with more sensitivity and emotional depth.

## **Comparing 7 + 9 Archetypes (279, 379, and 479)**

The 3 tritypes concerned with having SEVEN and NINE fixes (279, 379, and 479) display these behavioral and psychological patterns:

- Pairing that wants things to be easy and stress-free the most.
- This is the dreamer or the troubadour archetype.
- Doesn't like to over-complicate life and will avoid seeing problems.
- It doesn't take them much to get excited, but also not much to get bored.
- Wants variety in a comfortable and unpretentious way.
- Child-like energy in this pairing; very gentle and sunny disposition.
- There is nothing rough or uppity with this pairing.
- People mostly feel welcome and at ease with them.
- Soft, expansive energy, always dreaming about what could be.
- Most unfocused and ungrounded pairing of them all.
- Staying focused is hard for them.
- They want to see the glass half full and have a hard time with negativity.
- Can be secretly malcontent with what they have and not display their discomfort.
- Seeks novelty without forcing the events and are very adaptable.
- Often have a lazy side that doesn't want to deal with boring or serious tasks.
- Can seek excitement through material cravings (eating, gambling, spending, etc.) and not realizing how problematic it is.
- Prone to compulsive but comforting addictions.
- They don't see how destructive they can be to themselves and others when they go into their unhealthy stages and shut off any negativity and responsibilities to stratify their need to escape reality.
- The 9 fix helps the core 7 soften and temper their excitability, in addition to being less prickly and overtly impatient.
- The 7 fix helps the core 9 bolster their self-confidence and be more proactive and relational.

- Positive, light, fluid, changing, an amorphous rainbow, fairy-like, surrealism, mixtures and variety, jazz, free-flowing, playful language, distorted imagery, and swirls!
- Gluttony + Sloth merge into a pleasure-seeking tendency to avoid going through all the efforts into completing a task or following goals. Sometimes the satisfaction of imagination is all that matters to be content momentarily with itself;
- Double positive outlook stance: the need to keep things light, positive, and reframing problems is enhanced.
- Soft, pleasing, and happy energy;
- Can display a bit of a feminine energy, even when male;
- The pattern-forming, monkey-mind SEVEN is tempered with the peaceful energy of the NINE;
- Tension between the need for adventure and the forward-thinking of SEVEN and the mellow, peace-seeking attitude of NINE;
- This combination is not comfortable with negativity and being too serious for too long. They prefer to minimize problems in order to stay in an upbeat mood.
- Most likely combination to escape through fantasy in order to avoid current problems and tasks to do.
- Lighthearted, peace-seeking, optimistic, and wholesome. There is a playfulness and innocence (depending on the wings) about them. Likely to relegate themselves to a land of idealized fantasy where everything is fine. Denies negative emotions in order to keep the peace. They have a very fluid concept of self identity. Under stress, they can be reduced to a state of complete inertia and end up anxious and critical.
- Animated, joyful Nines. They erase all strong emotions except positive emotions. Calm, creative folk. The natural ambivalence and passivity of the Nine is reduced by the Seven, which is action oriented by nature. They would like to preserve their autonomy so they can live out their lives in peace. Likely to be homebodies who fantasize about exploring places, but might not actually drag their butts out of their house to do so.

### **Differences Between Archetypes:**

#### **Positivity Levels**

- 279s are one of the most positive tritypes, but can easily be prone to negative feelings if being rejected or disapproved of;
- 379s are even more positive than 279 because of their need for maintaining their positive and can-do persona at all costs;

- 479s hide their sadness in order to remain positive. They tend to suffer in silence because they don't want to appear as negative to others;

### **Communication skills**

- 279s are the most relational of the SEVEN+NINE combinations. They love to entertain and be connected to people and may be too permissive (doormat syndrome);
- 379s are more like spin-doctors and are the best at reframing and making it look like a situation or a project is better than it actually is;
- 479s are more introspective and are sensitive to painful experiences. Consequently, they are able to add a dash of healing presence to their words;

### **Dealing with Own Emotions**

- 279s suppress their own needs and feelings in order to better accommodate for other's. They also prefer to keep things light and joyful to keep others from experiencing negative feelings;
- 379s, like all THREES, ignore their core emotions to better meet the current situation at hand. They do this by keeping an image of upmost positivity and charm;
- 479s are more inclined to look into their emotional self, but may glance over too painful emotions if they take too long to analyze or contemplate.

### **Potential Problems**

- 279s, in order to keep them from being separate from others, often accept too much from people's behaviors and may be walked all over because of this. Also, because they are so positive, they cannot accept painful situations readily and can try anything to postpone negative outcomes. If they know how to view the actual usefulness of taking the time to look at problems and the impact they have on their long-term relationships, they usually stop being avoidant about them;
- 379s often gloss over important details that might undermine the super upbeat and neat image that they've created. This behavior might land them in hot water, as people might realize the scheme behind that positive front and start to view 379s as frauds and liars. It is only eased out when this tritype starts to connect with his or her identity that they learn to understand that honesty is a vital piece to any communication;
- 479s can bottle-up their creative potential for too long and end up feeling dissatisfied and bitter at life in general. They should try implementing a daily dose of structure into their routine because they tend to focus too much on the agreeable and the positive side of things and not focusing on personal work. They can also be easily content and therefore avoid pushing themselves to create something truly great. 479s' problem is about getting motivated to act upon

their dreams and fantasies, instead of being constantly idle. They also have a hard time dealing with harsh truths of reality and can retreat into more pleasant thoughts, despite being able to work with them. This tritype needs to adapt its needs and idealism in order to better match the outside world, in order to be in harmony with its surroundings;

## **Structure & Patterns**

- 279s are triple positive outlook and upbeat. This means that this archetype has all the three enneatypes in each center of intelligence that try to look at a situation or a problem by reframing and shifting the frame of reference into a more positive light, often by minimizing its impact or danger. The self-preservation subtype with this tritype is less airy and a bit more pragmatic in the outlook department, while still being very mellow and optimistic. They prefer not to bother with complicated issues and look forward to having enjoyable physical experiences. Sexual variants are more idealistic and may wish to partake in a magical or emotional fusion with their partners. They are the ones who suffer the most from being separate from intimates. Finally, social subtypes of this archetype are a bit more responsible and want to participate in the greater good of society (especially with a ONE wing);
- 379s are triple optimistic and politically-savvy. This means that this archetype has all the three enneatypes in each center of intelligence that pushes for a nice and enthusiastic outlook no matter the situation and adapt accordingly. They want to project a very attractive image in order to be liked and appreciated for its ideas even though they have to bend the reality of the situation to better match their goals. Self-preservation dominant with this archetype are very cunning at finding the best deal with the least amount of effort and know how to put people at ease. They are also very modest and good at looking trustworthy. Social subtypes are similar in behavior, but are much more about image and recognition than self-pres. They are very good at keeping a positive and unprovocative front in order to make people believe that they are doing their best. Sexual subtypes are more personable and use their tremendous charisma in order to entice people that they have worth. They can look like 279s in that regard;
- 479s are triple magical or imaginative. This means that this archetype has all 3 enneatypes in each center of intelligence that likes to create an internal framework of possibilities in order to have a sense of purpose in their lives. They like to see things in a new light and can idealize their views into thinking that their way is more pleasant, therefore it's better. This is the most positive FOUR, the most introverted SEVEN, and the most unusual NINE. Sexual subtypes with this archetype are extremely imaginative and passionate about their work. They can even merge with their passion and shove aside more menial tasks or leave out boring details for the big picture. Self-Pres are more grounded and practical and can be more focused on simple pleasures of life than grand gestures like the Sexual one. The Social subtype is more ambiguous and can sacrifice a lot of its internal desires in order to fit the group's agenda.

## **Possible Mistypes**

- Sexual THREES with 379 tritype may identify more as a 279 because of the need to mirror the emotions of others and need for closeness.

- Self-Preservation or Sexual SEVENS with an EIGHT wing with one of these three tritypes are less likely to identify with the light and positive energy aspect of their descriptions and may prefer to get into the heart of action better like tritypes with an EIGHT;
- Sexual FOURS with a THREE wing with a 479 tritype aren't very keen on the more magical and airy side of this tritype and may look more like a 478;
- Social SEVENS with a 279 or 379 tritype may look more like a 137 or 127 because of the militant and anti-gluttony aspect of this combination;

## **MBTI**

- 279s' most common MBTI types are: ESFP (729), ENFP (729), ESFJ (279), ENFJ (279), and possibly ISFP (927). Thinkers with this tritype aren't very common, unless it's ENTP. Neither are introverted types. Most of the MBTI types with this archetype are extroverted feelers (ExFx).
- 379s' most common MBTI types are: ESFP (739), ENFJ (379), ENTP (739), and maybe ENFP (739). It's quite rare to have introverted types with this archetype, and only when 9 is leading, if applicable. Besides that, the thinking and feeling ratio are about equal, as is the judging and perceiving axis (slightly tipping for perceivers).
- 479s' most common MBTI types are: ENFP (749), INFP (497), ENFJ (794), and sometimes ENTP (794). It is uncommon to have Judging types with this tritype, especially TJs.

## **Miscellaneous Differences**

- 279s are usually more sensitive to rejection and negativity than 379s, who will try to keep things upbeat for a longer time;
- 379s are more shapeshifting and cunning in their social interactions. 279s come second as they can adapt their behavior to create and maintain bonds, but 479s have a harder time doing the same;
- 379s hide their ego and superiority complex in a cool, collected best friend persona, while 479s hide their contempt and distaste for the ordinary under a soothing, soft positivism;
- 379s can have a robotic smile, whereas 279s may have an insistent, seductive smile, and 479s a forced, uncomfortable smile.
- 379s aren't as accepting and tolerant as 279s. They can be secretly in competition with others;
- 479s secretly want to express their pain and suffering, while 279s and 379s deny it to some extent;
- 279s and 479s are a bit more feminine and soft in appearance than 379s, who are more neutral or masculine;



- 279s don't like to be alone, while 479s can tolerate it better;
- 379s are more action-oriented than 279s and 479s, who are more passive;
- 479s are more magical and fantastical in their thinking than 379s who are more opportunistic, while 279s are somewhere in between.
- All the 7+9 combinations are somewhat positive. The 279 is focused on being pleasant, the 379 the most positive, and the 479 is positive outwardly but doesn't always feel it.
- I have deemed 479 and 379 the “cool guy/girl” tritypes. When 4 is there, you get that sort of archetype of the cool artist, laid back, playful, witty, but with a sort of “hidden sorrow”. You sense there is more there, but that they are keeping you at bay in order to avoid dipping too much into the swamp. When 3 is there, you get more of a charming and polite salesman flavor along with being laid back and witty.
- If you knew just how off-base the names 'Healer' and 'Gentle Spirit' are for the 9-4-7 tritype, and how slanted the name 'Ambassador' is for the 9-3-7 (or as you imply 9-4-7 with a very heavy Three wing), how pronounced the narcissism and exhibitionism of these two tritypes can be, you might not be so eager to identify with them. Also, the challenge to feel grounded in the physical world, or at least in one's own physicality, is part of the Nine itself, not to mention the Four.
- Yes, there is more than one positive Tritype. The super positive Tritypes are the 279 and the 379. The 279 is a Tritype that wants comfortable, easy relating. The 2 brings a greater emphasis on people. This is the 2ish caring, people oriented 7 or 9. The 379 is even more upbeat and positive. The 3 brings more of an emphasis on achievements. For example, this is the professional, 3ish 9 or 7.
- This tritype [927] is the most identified with seeing themselves as peaceful. More than any other tritype, they require peace and positive relating to experience a sense of being...so are extremely uncomfortable with negativity in relationships. The 479 doesn't like it, but expects it. It also brings the 937 tritype which is the true ambassador of goodwill.